

ART TRAINING

Workman Arts programs help artists reach their creative and professional goals through art training, professional development, and presentation opportunities, and by providing support through peer-to-peer interaction and community.

WORKMAN ARTS

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WORKMANARTS.COM



SPRING 2021 COURSE SCHEDULE

**Register between March 30,
March 31, and April 1**

Workman Arts is a multi-disciplinary arts organization that promotes a greater understanding of mental health and addiction issues through creation and presentation. We support artists with lived experience through peer-to-peer arts education, public presentations and partnerships with the broader arts community.



APRIL 2021

MON	TUE	WED	THU	FRI
	REGISTRATION	REGISTRATION	REGISTRATION 1	GOOD FRIDAY 2
EASTER MONDAY 5	REGISTRATION CONFIRMATION 6	REGISTRATION CONFIRMATION 7	REGISTRATION CONFIRMATION 8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

MAY 2021

MON	TUE	WED	THU	FRI
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
VICTORIA DAY 24	25	26	27	28
	31			

 REGISTRATION OPEN

JUNE 2021

MON	TUE	WED	THU	FRI
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	ANNUAL SHOWCASE 26
29	30			

The Spring term runs between April 12 to June 18, 2021. **Registration opens March 30, 31, and April 1. Members will receive confirmation of enrollment between April 6 to 8.** Registration is not first come, first served. Every effort is made to allow as many members to participate in the training program as possible.

Not all courses run for the full 10 weeks of the term; please review dates for each course.

Active training members may register for a maximum of 2 long courses (10 weeks) OR a maximum of 3 short courses (6 weeks or less). Bruised

Years Choir, Snippets, Improv and workshops do not count towards the maximum course load, but space might be limited.

Associate members are welcome to register for drop-ins and workshops.

Visit workmanarts.com for detailed class descriptions and to learn about additional workshop opportunities.

 CLOSED FOR HOLIDAY

SPRING 2021 COURSE OVERVIEW

Workman Arts strives to be a safe, inclusive, and creatively productive working space dedicated to anti-oppressive practices.

Please note that all classes will be held remotely until further notice. Zoom video and phone conferencing platform will be used for all classes.

If you do not have computer or internet access, there are still options for you to participate.

Please contact Jessica for more information.

- Short Courses
- Workshop

LITERARY ARTS

FINDING YOUR VOICE
WEDNESDAYS, 4PM - 6PM
APR 14- JUN 16

Explore the parameters of creative writing by exploring different genres and develop your own unique approach to writing through in-class prompts and work-shopping in a supportive environment.

Instructor: Andrea Thompson

RECLAIMING OUR MOTHER TONGUES
FRIDAYS, 6.30 - 8.30PM
APR 16- JUN 18

Participants will learn creative writing techniques that will allow them to privilege their mother tongues over Standard English and to reclaim their ancestral voices outside the restrictions of Standard English. For BIPOC writers.

This presentation welcomes Workman Arts members as well as members of Tea Base.

Instructor: Hanan Hazime

PROFESSIONAL WRITING ASSISTANCE •
APR 12- JUN 18

Looking for constructive feedback or assistance editing your grant proposal, artist statement, script, or other literary projects? Book a one on one hour of personal writing assistance to review your work in progress. Limited spaces available. Please call for more information.

Instructor: John Nyman

MEDIA ARTS

VIDEOGRAPHY SKILLS AND APPRECIATION
TUESDAYS, 4 - 6PM
APR 13- JUN 15

Knowing where to start or how to improve your videography can be challenging. This friendly course is open to people with all skill levels. Each class will cover a different topic and provide participants the option of sharing works in progress.

Instructor: James Buffin

FIRST PERSON •
TUESDAYS, 6- 8PM
APR 15- MAY 20

Learn the mechanics involved in producing a personal documentary film. Find the cinematic equivalent for your ideas, for the stories you like, or for topics with which you are concerned

Instructor: Roberto Santaguida

MUSIC

BRUISED YEARS CHOIR
MONDAYS, 2 - 4PM
APR 12 - JUN 21

The choir will work at fine tuning their individual approach to connecting to material in an honest unaffected manner. Connect and release online till we sing together again.

Instructor: Rob Joy

MUSIC INDUSTRY 101
WEDNESDAYS, 6 - 8PM
APR 14- JUN 16

You have some music finished. Now what?! In this expanded 10-week course, come follow along as we look at how to prepare and release new music, step by step, including: branding, online hosting, social media, and funding.

Instructor: Gaja Kuras

PERFORMANCE

PERFORMANCE ART SALON: PANDEMIC FILTER JAM
TUESDAYS, 2 - 4PM
APR 13- JUN 15

This online performance workshop uses found items like sunglasses, pillowcases and scarves to play, taking advantage of tech glitches, fun filters and your limitless imagination. Come join Pandemic Filter Jam!

Instructor: Lisa Anita Wegner

SELF STORIES THEATRE: PT. 2
THURSDAYS, 4 - 6PM
APR 15- JUN 17

We are made of stories - touching, funny, painful, profound. In the second session of this 2-session course, participants will take their story exploration into the next stage, developing and rehearsing solo

theatre pieces for presentation in the Spring Showcase.

Instructors: Lorene Stanwick

IMPROVISATION
FRIDAYS, 12 - 2PM
APR 16 - JUN 18

This online course will build on foundational skills and techniques in a safe and fun environment; building trust, active listening and storytelling in the group. The course games and exercises aim to help access joy, lean into the moment and embrace our silly selves.

Instructor: Hana Holubec

VISUAL ART

OIL PAINTING: WORKING WITH GLAZES
MONDAYS 12 - 2PM
APR 12 - JUN 21

Discover how to use transparent layers of colour known as glazing to enhance the look of your oil paintings. Learn safe, traditional techniques through step by step assignments.

Instructor: Steven Lewis

EXPLORATORY DRAWING
CLASS: TUESDAYS, 6 - 7PM
OFFICE HOUR: FRIDAYS, 3-3PM
APR 13- JUN 15

We will use a combination of structured drawing exercises, storytelling techniques, and mindfulness exercises to help you find, maintain—and share—a curious and inventive approach to your work.

Instructor: Jason Burton

SNIPPETS: THE COLLAGE SOCIAL •
WEDNESDAYS, 12PM - 1PM
JAN 18 - MAR 29

Meet on Zoom to create collages inspired by a monthly theme in the company of others from the comfort of your own home.

This is a drop-in workshop, but you will still need to register.

Instructor: Coley

PAINTING THE SELF: INTRODUCTION TO EXPRESSIVE PORTRAITURE
WEDNESDAYS, 2 - 4PM
APR 14 - JUN 16

Would you like to explore the figure in painting? Do you want to create portraits that are emotive? Are you interested in how colours and brushwork can reveal more about a person? Join artist Joy Wong and learn how to experiment with painting materials to create an expressive self-portrait!

Instructor: Joy Wong

CREATIVE PHOTO-EMULSION SCREENPRINTING AT HOME •
FRIDAYS, 4 - 6PM
SESSION 1: APR 16- MAY 13
SESSION 2: MAY 21-JUN 18

Create designs, learn to make silkscreens and screenprint with the designer/owner of Peach Berserk. A lifelong creative screenprinter, Kingi loves teaching others this versatile, affordable art, with a DIY, upcycling focus.

Each session consists of 5 classes and will cover the same content. Please register for one session only.

Instructor: Kingi Carpenter

OTHER

AMPLIFY YOUR THINKING
THURSDAYS, 2 - 4PM
APR 15- JUN 17

As artists it's very common to feel stuck or uninspired, but with a little help you can work through that artist's block and get back to creating! We will teach you activities and exercises that will help you adjust your thinking patterns and tackle your projects from a different perspective. Build on your existing concepts and take them to the next level.

Instructor: Allison Wood

THIS IS THE INSPIRATION YOU NEED RIGHT NOW -TORONTO EDITION •
THURSDAY, 6 - 7.30PM
APR 8

Hear from Apanaki Temitayo M and Lisa Anita Wegner, two extraordinary artists who live with multiple invisible disabilities and have made it a priority to not let that stand in the way of achieving their creative and life goals. Join us for an hour and a half long presentation of art, films, stories and inspiration. Talks will be followed with a Q&A period.

This presentation welcomes Workman Arts members as well as the general public.

Presenters: Apanaki Temitayo M and Lisa Anita Wegner

LAND ACKNOWLEDGEMENT

Workman Arts would like to acknowledge the Indigenous land on which we are presently located; Toronto comes from the Kanien'kéha word Tkaronto, which can be translated as "where the trees meet the water." It is part of traditional territories of many nations: the Huron Wendat, the Haudenosaunee, and the Anishinaabe and the Mississaugas of the Credit.

Workman Arts recognizes this is an ongoing dialogue; we attempt to honour the histories of this land by sharing our space with all people—those Indigenous to Turtle Island and those from all over the world.