

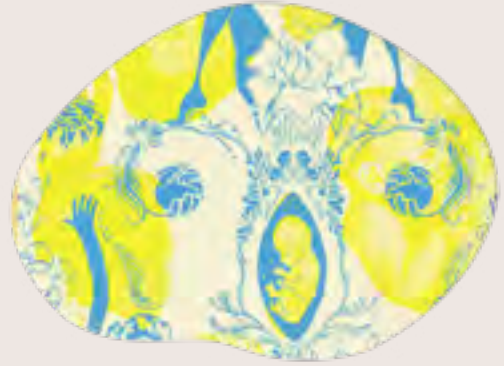
#RWMFEST #RWMFEST20

WORKMANARTS.COM

# RENDEZVOUS WITH MADNESS FESTIVAL

OCTOBER 15-25

ONLINE & LIVE EVENTS



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# RENDEZVOUS WITH MADNESS 2020 PROGRAM OVERVIEW

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#RWMFEST  
#RWMFEST20

**WORKMANARTS.COM**

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# BOX OFFICE INFORMATION

ALL TICKETS  
ARE PAY WHAT  
YOU WISH.

## ADVANCE TICKETS:

Online: [workmanarts.com](http://workmanarts.com)

Phone: 416-583-4339

(Monday - Friday, 10 AM - 4 PM)

## AT THE DOOR TICKETS:

Please note that tickets cannot be purchased in person and must be booked in advance.

## TICKETS FOR EXHIBITION:

Due to current restrictions on large gatherings, walk-through tickets for the **Re:Building Resilience Exhibition** are timed at 30-minute intervals.

Please choose an entry time when booking your tickets online. While enjoying the exhibition, patrons will practice physical distancing by following a path for viewing.

## TICKETS FOR OPENING NIGHT RECEPTION AND FILM:

6-7:30 PM - Reception and  
Exhibition tour

8 PM - Film with post-show Q&A

Reception, Exhibition and Film tickets:  
\$20 (includes individual gourmet food  
box and drink)

The opening night reception is an outdoor event at 651 Dufferin Street that includes an in person visit of the **Re:Building Resilience Exhibition**. The film will be viewed indoors at 651 Dufferin Street with current COVID-19 restrictions and guidelines in place.

**\*if available, FILM ONLY tickets  
will be released for sale on Tuesday  
October 13\***

## MEDIA:

Suzanne Cheriton, Red Eye Media  
[suzanne@redeyemedia.ca](mailto:suzanne@redeyemedia.ca)

## CONTACT INFO:

[workmanarts.com](http://workmanarts.com)

 @WorkmanArtsTO

 /WorkmanArts

 @workmanartsTO

#RWMFEST  
#RWMFEST20

## PLEASE NOTE:

due to the evolving situation with the COVID-19 pandemic, please check our website for the most up-to-date information about in person events.

## PARTNER



## GOVERNMENT FUNDERS



Canada Council  
for the Arts

Conseil des arts  
du Canada



Canadian  
Heritage

Patrimoine  
canadien



ONTARIO ARTS COUNCIL  
CONSEIL DES ARTS DE L'ONTARIO  
an Ontario government agency  
un organisme du gouvernement de l'Ontario



Ontario 

## SPONSORS



THE  
READY  
COMMITMENT



# LAND ACKNOWLEDGEMENT

As Rendezvous With Madness is operating in an online space for the first time, viewers will be joining us from various points on the globe. We encourage you to take a moment to consider the place where you are currently located and to acknowledge the Indigenous people who are the original caretakers of the land you are on.

Workman Arts would like to acknowledge the Indigenous land on which we are located; Toronto comes from the Kanien'kéha word Tkaronto, which

can be translated as “where the trees meet the water.” It is part of the traditional territories of many nations: the Huron Wendat, the Haudenosaunee, the Anishinaabe and the Mississaugas of the New Credit.

Workman Arts recognizes this is an ongoing dialogue; we are grateful to live and work on this land with all people—those Indigenous to Turtle Island and those from all over the world.

## VENUE & MAP



# ACCESSIBILITY

## ACCESSIBILITY

The Rendezvous With Madness Festival is committed to values of inclusivity and accessibility for all guests, staff, volunteers and artists. We are listening and learning from our community to help address barriers and open opportunities for anyone interested in engaging with the growing dialogue about mental health and/or addictions.

If you have questions about accessibility and access needs at the Rendezvous With Madness Festival, please contact Justina Zatzman at [justina\\_zatzman@workmanarts.com](mailto:justina_zatzman@workmanarts.com) or call our Festival Box Office at **416-583-4339**. Learn more about accessibility initiatives at Rendezvous at [workmanarts.com](http://workmanarts.com).

## MENTAL HEALTH ACCESS – VIRTUAL HELD SPACE

As important as we believe it is to engage in honest, direct discussions about mental health and/or addictions, this material can be difficult or triggering for some. In line with a commitment to being trauma-informed, each program will offer an active listener to help provide self-care and emotional support. This year's *Virtual Held Space* is staffed by active listener who will be available by text, phone and video chat during and after programs, to debrief the programs, offer resources or just talk about your day. Information for accessing virtual support will be available on the website.

If you are visiting Rendezvous With Madness in person at the Workman Arts building at 651 Dufferin Street, feel free to pick up a free self-care bag with materials and resources to support your self-care or access the *Virtual Held Space* while at the location.

## PHYSICAL ACCESS

Unfortunately, our physical venue at 651 Dufferin Street is not wheelchair accessible (the entrance or washrooms). Personal support workers are welcome (free of charge) to provide physical navigation support. You can experience all Rendezvous With Madness programming virtually if the physical location of some programming is a barrier to participation.

## FINANCIAL ACCESS

All tickets are Pay What You Wish (PWYW). Please note that this year there are no walk-up sales due to COVID-19 restriction; tickets must be booked online.

## SERVICE ANIMALS

Service animals are welcome in all areas of all venues at Rendezvous With Madness. Please advise the box office if you will be bringing a service animal with you into the venue.

## PERSONAL SUPPORT WORKERS

If you require a personal support worker to accompany you to programs, please let the box office know and we would be happy to welcome your personal support worker free of charge to any programs.

## AMERICAN SIGN LANGUAGE (ASL) INTERPRETED PROGRAMS

We will provide ASL interpretation at select programs. Check the calendar to see which programs will be ASL interpreted. **If you require ASL interpretation in order to engage with a program you're interested in, please contact [justina\\_zatzman@workmanarts.com](mailto:justina_zatzman@workmanarts.com), as we also try to book ASL interpreters based on expressed needs.**

## OPEN CAPTIONING

We will provide open captioning for all film programs and live captioning for all online Q&As, workshops and panels. **If you require open or live captioning in order to engage with a program you're interested in, please contact [justina\\_zatzman@workmanarts.com](mailto:justina_zatzman@workmanarts.com), as we also try to arrange for captioning based on expressed needs.**

## NAVIGATION ASSISTANCE

Since navigating a virtual festival can be challenging, please see our website for accessibility information, including navigation guides (written and/or video). These guides will tell you how you can engage with different programs — virtually or in person — and what to expect from each experience.

# ABOUT WORKMAN ARTS

For 33 years, Workman Arts has been empowering artists with lived experience while challenging and advancing perspectives on mental health.

Workman Arts is a multidisciplinary arts organization that promotes a greater understanding of mental health and/or addiction issues through creation and presentation. Workman Arts supports artists with lived experience through peer-to-peer arts education, public presentations and partnerships with the broader arts community and works in partnership with the Centre for Addiction and Mental Health (CAMH).

Workman Arts was founded in 1987 by Lisa Brown, a former psychiatric nurse at the Queen Street Mental Health Centre (now known as CAMH) as a theatre company of eight artists and has grown to a multidisciplinary arts organization with 450+ member artists and has produced a variety of projects, including 30+ original full-length Canadian plays, the annual Rendezvous With Madness Festival and the annual Being Scene juried art exhibition. In November 2020, Workman Arts will move to the brand-new McCain Complex Care and Recovery Building at CAMH.

For more information please visit  
**[workmanarts.com](http://workmanarts.com)**

# BECOME A MEMBER

If you are an artist with lived mental health and/or addiction experience and you're interested in our programs, consider applying for membership. We are always interested in connecting with artists and adding new perspectives and talents to the Workman Arts community.

Member artists arrive at Workman Arts with varying levels of experience ranging from emerging to professional artists. Workman Arts is best suited to artists who have an existing art practice and goals to further develop, professionalize and share their practice. Workman Arts offers training programs in Media, Literary Arts, Music, Theatre and Visual Arts delivered by artists and arts professionals. Members also receive access to free studio space, onsite gear and equipment, exhibition opportunities and professional support. These programs support members to reach their potential by honing their artistic skills and practice. All programs are free of charge to members.

We do not require formal referrals. Artists are encouraged to contact us directly.

**For more information or to become a member**, contact Justina Zatzman, Membership and Hospital Program Manager, by email (**[justina\\_zatzman@workmanarts.com](mailto:justina_zatzman@workmanarts.com)**) or by phone (**416-583-4339 ext. 9**).

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**Workman Arts values inclusivity, anti-oppression and safety at all levels.**

Everyone has a role to play in maintaining that spirit. Please see our full anti-oppression statement and code of conduct at **[workmanarts.com](http://workmanarts.com)**.



Rendezvous With  
Madness was founded  
in 1993 by **Lisa Brown**  
and **Kathleen Fagan**

## STAFF



**Kelly Straughan**  
*Executive Artistic Director*



**Scott Miller Berry**  
*Managing Director*



**Jessica Jang**  
*Education Manager*



**Sara Kelly**  
*Communications &  
Development Manager*



**Nena Pendevska**  
*Scaling Project Manager*



**Cara Spooner**  
*Public Programming &  
Partnerships Manager*



**Justina Zatzman**  
*Membership & Hospital  
Program Manager*



**Paulina Wiszowata**  
*Visual Arts Coordinator*



**David Sweeney**  
*Technical Director*



**Anastasia Akulinina**  
*Rendezvous Program  
Manager*



**Katelyn Gallucci**  
*Program Assistant*

**Scratch Anderson**, *Finance Coordinator*  
**Suzanne Cheriton**, *Red Eye Media, Publicist*  
**Alexi Manis**, *Film Projectionist*  
**Franco Pang**, *Activation Production Manager*  
**Meek**, *Front of House Coordinator*  
**Emma Gaudio**, *Communications & Education Assistant*  
**Claudette Abrams**, *Installation Consultant*  
**Van Lisa**, *Installation + Performance Jury Member*  
**Jaene Castrillon**, *Film Programming Committee Member*  
**Erum Khan**, *Film Programming Committee Member,  
Installation + Performance Jury Member*  
**Philip McKee**, *Installation + Performance Jury Member*  
**Sajdeep Soomal**, *Installation + Performance Jury Member*

## BOARD OF DIRECTORS

**Mark Goldbloom**, *Chair*  
**Nancy Horvath**, *Vice Chair*  
**Komathie Padayachee**, *Treasurer*  
**Norma Mendoza**, *Secretary*  
**Krista Chaytor**  
**Mark Jordan**  
**Jim LeFrancois**  
**Fanny Martin**  
**Donna Slaughter**  
**Seerat Siddique**  
**Lori Spadorcia**  
**Apanaki Temitayo Minerve**

## SPECIAL THANKS

**Evelyne Au-Navioz &  
Roman Lifshitz** from  
**Co-Effect Creative**,  
*Festival & Catalogue  
Design*

**Andrew Crome**,  
*Trailer & Exhibition  
Video Production*



Welcome to the 28<sup>th</sup> annual Rendezvous With Madness Festival!

In response to the global pandemic, we changed the delivery of our festival. This year you'll be able to enjoy the festival from the comfort of your own home, in addition to a selection of safe public screenings and opportunities to engage with art in person. However, just because you may be participating in our programming from your own home does not mean that you'll be alone! RWM 2020 will still provide opportunities to engage with our programming through virtual panel discussions and Q&As.

Rendezvous With Madness 2020 showcases feature and short films from around the globe that will be presented both in person and for streaming online. Our *Re:Building Resilience Exhibition* is the largest in RWM history and features over 25 installations in our building at 651 Dufferin Street. The exhibition will be viewable in person with timed-entry tickets and we will also be offering a virtual tour of the exhibition for those who prefer to participate from home.

Even with all of the changes in delivery, Rendezvous remains an important opportunity for artists to present projects that may not otherwise be seen. The Festival encourages the breakdown of stigma across cultures and artistic forms and challenges stereotypes around mental health issues. Congratulations to our festival artists and filmmakers for continuing to shine a light on mental health!

Enjoy!



**Kelly Straughan**  
Executive Artistic Director  
Workman Arts

Welcome to the 2020 Rendezvous With Madness Festival! On behalf of the Workman Arts Board of Directors, we are pleased to have you join us for the Festival's 28th year.

During these extraordinary and challenging times, we are so proud that we can continue to bring you the largest arts and mental health festival in the world! In light of the COVID-19 pandemic, the festival is quite different this year with both live and virtual events.

I encourage you to view the high-quality and thought-provoking programs and exhibits the Rendezvous With Madness Festival is renowned for. This year's programming highlights a wide range of mental health and addiction issues from at home and abroad. All of the films are screened virtually, so you can experience the festival at your convenience from home. We do have three spotlight film events that people can attend live with physical distancing rules in place. Importantly, we will continue to have dynamic panel discussions that can be observed virtually, bringing to light mental health, addiction, recovery and wellness. We also welcome you to the *Re:Building Resilience Exhibition* at 651 Dufferin Street, which can be experienced both live and virtually. You can experience this exhibition safely with

timed entry and markers for physical distancing or you can experience a virtual tour of this exhibition.

Throughout the festival, we invite you, as audience members, to engage in discussions that challenge and transform perspectives on mental health and addiction. To help promote and discuss the festival on social media, tag your posts with #RWMFest and #RWMFest20.

Many thanks to the incredible Workman Arts staff who organize this great event, the Workman Arts members and those who provide their financial support to make the festival possible. We truly hope you will find the Rendezvous With Madness Festival enjoyable, meaningful and enlightening.



**Mark Goldbloom**  
Chair, Board of Directors  
Workman Arts

Hello! Welcome to the 28<sup>th</sup> Rendezvous With Madness. Whether this is your first visit or your 28<sup>th</sup>, we give thanks for your presence and contributions to our unique festival of art that intersects with mental health, addictions, recovery and wellness. True to our history — the backbone of Rendezvous is cinema — our film committee has watched hundreds of films through both our open call for submissions and deep research to share 48 films from 24 countries to challenge assumptions and learn together through astonishing cinematic representations. Cinema is the perfect medium to explore these important and challenging issues, and we hope you'll join our post-event panels and Q&As to be part of these conversations.

It's been a challenging 2020, to say the least; like you, the Rendezvous team has been organizing remotely and doing what we can to support Workman Arts member artists as well as artists who submitted their inspiring films and projects to us. We hope the 2020 edition serves as a reminder that we can still connect while apart, and we invite you to take in a film, performance, talk or panel from the comfort of your home, at the public library or in a select number of programs at our own Workman Arts theatre — **live and in-person** (with safety precautions, of course!). As a result of this majority online festival, we'll feature even more panels and Q&As with artists than ever before.

There were a staggering number of films this year connected to the theme of environmental impacts to mental health — whether via relocation, resource extraction or the ongoing harm inflicted on the world's first peoples and original caretakers. We hope you'll take in the incredible stories that investigate these themes and the panel discussions to follow

in films including *Winter's Yearning*, *Veins of the World*, *This is Not a Burial, It's a Resurrection* and *The Fever*.

We're pleased to offer two programs for free streaming on demand for two full weeks via new partner VUCAVU, an indispensable Canadian platform for films from near and far. This year you'll find a program of recent shorts made by Workman Arts members as well as a retrospective selection of short films from the venerable National Film Board of Canada.

This is the first year since 1912 that public film presentations in Ontario aren't subjected to an arcane review or censor board — please check our keywords and content warnings to make informed decisions about your viewing!

To accommodate viewers at home, we're proud to offer accessibility supports including film/event captions, "virtual" supportive listeners on the telephone + online, ASL interpretation and more — all the details can be found on page 4.

Heartfelt thanks to the entire film programming committee for their tireless viewing and invigorating discussions: Anastasia Akulinina, Katelyn Gallucci, Jaene Castrillon and Erum Khan. Enjoy the festival this year — we look forward to seeing you onsite and online and welcome your feedback always.



**Scott Miller Berry**  
Managing Director  
Workman Arts



Canada Council  
for the Arts

Conseil des arts  
du Canada

The arts further our understanding of one another, and they bring us together to imagine a better world.

In these unprecedented times, artists and arts organizations are embracing innovative approaches so that they can continue to create their work and share it with audiences. As we grapple with enormous global challenges, the arts offer an endless supply of renewal, inclusion and resilience.



**Simon Brault, O.C., O.Q.**  
Director and CEO,  
Canada Council for the Arts

The Canada Council for the Arts is proud to support the Rendezvous With Madness Festival, which centres on the unifying power of the work it presents.

Welcome to the 28<sup>th</sup> annual Rendezvous With Madness presented by Workman Arts.

Year after year, Rendezvous With Madness invites festival attendees to learn more and think differently about mental illness through art, performance and discussion. A festival renowned for its thought-provoking programming, this year's Rendezvous With Madness will uphold its legacy through a creative format that reflects the reality of the global pandemic.

At a time when mental health concerns are at an all-time high, Rendezvous With Madness is sure to inspire.

CAMH is proud of our partnership with Workman Arts and its commitment to advancing understanding of mental illness, including substance use disorders. I commend the talented and passionate artists, staff and volunteers for their tremendous work and achievement.

Welcome to #RWMFest this year from October 15 to 25.

Sincerely,



**Catherine Zahn**  
President and CEO,  
CAMH



**ONTARIO ARTS COUNCIL**  
**CONSEIL DES ARTS DE L'ONTARIO**  
an Ontario government agency  
un organisme du gouvernement de l'Ontario

On behalf of the board and staff of the Ontario Arts Council (OAC), I would like to congratulate Workman Arts for putting on the 28<sup>th</sup> edition of the Rendezvous With Madness Festival, especially within the context of a pandemic.

Rendezvous showcases work that challenges audiences and generates important discussions about mental health and addictions. With the isolation caused by COVID-19, these conversations are more important than ever.

Workman Arts continues to provide a refuge for creative exploration and the chance to be part of a vibrant artistic community. The organization knows first-hand how participation in the arts plays an integral role in facilitating recovery and maintaining mental health.

OAC programs support opportunities for Deaf artists and artists with disabilities (including those with mental health challenges) and we offer several programs dedicated specifically to these artists. This is all part of our commitment

to ensuring all Ontarians have access to the arts, and that we have the chance to share our stories with the world.



**Rita Davies**  
Chair,  
Ontario Arts Council

For more than 50 years, OAC has played a vital role in promoting and assisting the development of the arts for the enjoyment and benefit of Ontarians. In **2018-19**, the Ontario Arts Council funded **2,252 individual artists** and **1,424 organizations** in **228 communities** across Ontario for a total of **\$61.1 million**.



Welcome to the 28<sup>th</sup> Rendezvous With Madness Festival — the first and largest mental health festival in the world. Toronto Arts Council is proud to support Workman Arts and its visionary festival as it engages artists and audiences in critical themes of mental health, addiction, recovery and wellness.

The City of Toronto, through Toronto Arts Council, invests public funds in the arts, allowing millions of Torontonians and visitors to enjoy incredible artistic activity like the Rendezvous With Madness Festival. We applaud the festival for being a leader in fighting stigma surrounding mental illness and addiction by giving voice to those with lived experience and providing a forum for critical discussions within the city.

Congratulations to the staff and board at Workman Arts and thank you to the volunteers who make this inspiring event possible.

Wishing you continued success.

Yours truly,



**Dina Graser**  
Chair, Toronto Arts Council



**Canadian  
Heritage**   **Patrimoine  
canadien**

Our government appreciates the incredible challenges faced by the arts and culture sector in these difficult and uncertain times, and that includes building spaces where all Canadians can feel included. For months, COVID-19 has transformed our everyday lives. As a result, arts and culture have taken on special significance — they have inspired and comforted us, and helped us confront our troubles.

Canadian Heritage is proud to support the Rendezvous With Madness Festival in helping create a venue where we can explore themes of mental health and addiction issues through the arts, and where artists from diverse backgrounds are able to share their talents. It has once again put together a bold and captivating collection of Canadian and international artworks and performances that are sure to enlighten, educate and entertain.

As Minister of Canadian Heritage, I congratulate Workman Arts and all the organizers, volunteers and participating artists on putting together this year's event under unique and difficult circumstances.



**The Honourable  
Steven Guilbeault**  
Minister of Canadian Heritage



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Fund to help applicants overcome any  
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the funding process.

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We acknowledge the financial support of the Government of Canada and  
Canada's private radio broadcasters. Nous reconnaissons l'appui financier du  
gouvernement du Canada et des radiodiffuseurs privés du Canada.



Proud design  
partner of  
Workman Arts  
& Rendezvous  
With Madness

[www.coeffect.ca](http://www.coeffect.ca)

OCT  
15  
—  
25

INSTALLATION + PERFORMANCE

# RE:BUILDING RESILIENCE EXHIBITION @ 651 DUFFERIN ST.

12

*Re:Building Resilience* features 25 installations that examine all facets of mental health issues. This will be our last festival at 651 Dufferin Street before moving to a brand-new facility at the Centre for Addiction and Mental Health. What better way to say “good-bye” than to animate all 11,000 square feet with performance art, installations, theatre, dance, film and media art!

#### SUPPORTED BY

Norman and Marsha  
Paul Family Trust



Ontario 

#### HOURS FOR IN-PERSON VIEWING:

Thursday, October 15.....	6 – 10 PM
Friday, October 16.....	6 – 10 PM
Saturday, October 17.....	2 – 6 PM
Sunday, October 18.....	2 – 6 PM
Thursday, October 22.....	6 – 10 PM
Friday, October 23.....	6 – 10 PM
Saturday, October 24.....	2 – 6 PM
Sunday, October 25.....	2 – 6 PM

#### TICKETS AND VIEWING OPTIONS

Tickets for in-person or virtual viewing are Pay What You Wish and can be booked through our website.

The exhibition can be viewed in person by booking a timed-entry ticket. Ticket holders will follow a prescribed path through the exhibition that follows the rules of physical distancing. Please note that there are no tickets available at the door. All tickets must be booked online or by phone.

The exhibition can also be streamed for viewing at home. The virtual tour, online events and live screenings must be booked online. The virtual tour link will remain live throughout the festival.

1. Mad Carpets:  
Hotel Carpet  
Dance Projections

2. The Anatomy of  
a Home

3. Alpha Support

4. Scarecrow

5. Medication  
Meditation

6. ThreadBare

7. Into the Dark of  
my Skin

8. The Colours of  
Hypnotic Charm

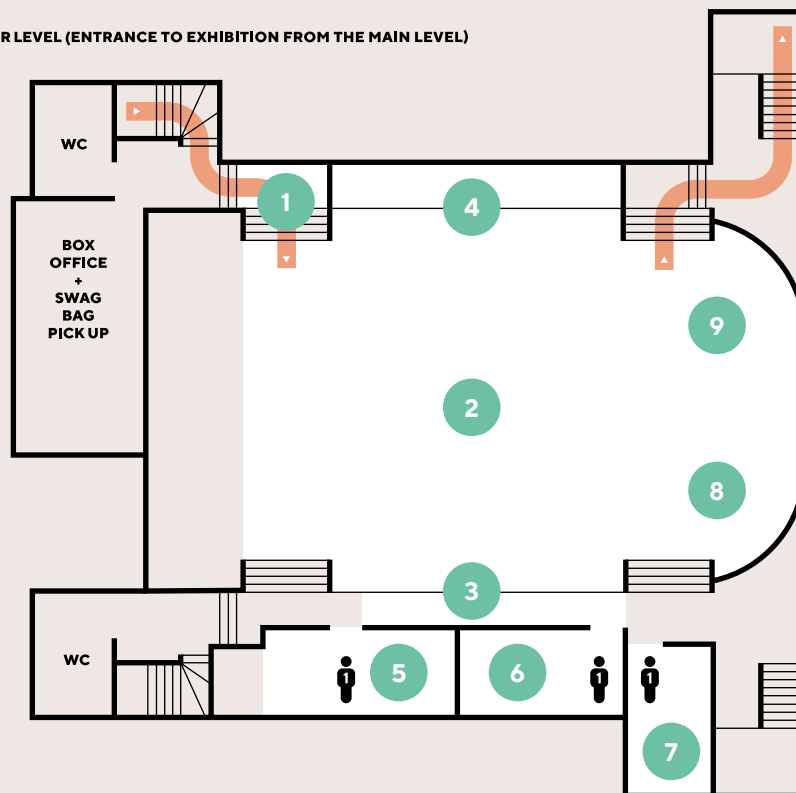
9. Mad Fairy Tales

10. untitled ([not]  
always like this)

11. Mountain Duets

12. Intolerance of  
Uncertainty

LOWER LEVEL (ENTRANCE TO EXHIBITION FROM THE MAIN LEVEL)



13. Due to  
Renovations

14. Prose in Therapy

15. Multitude of Fish

16. Neuroelastic

17. Ectoplasms

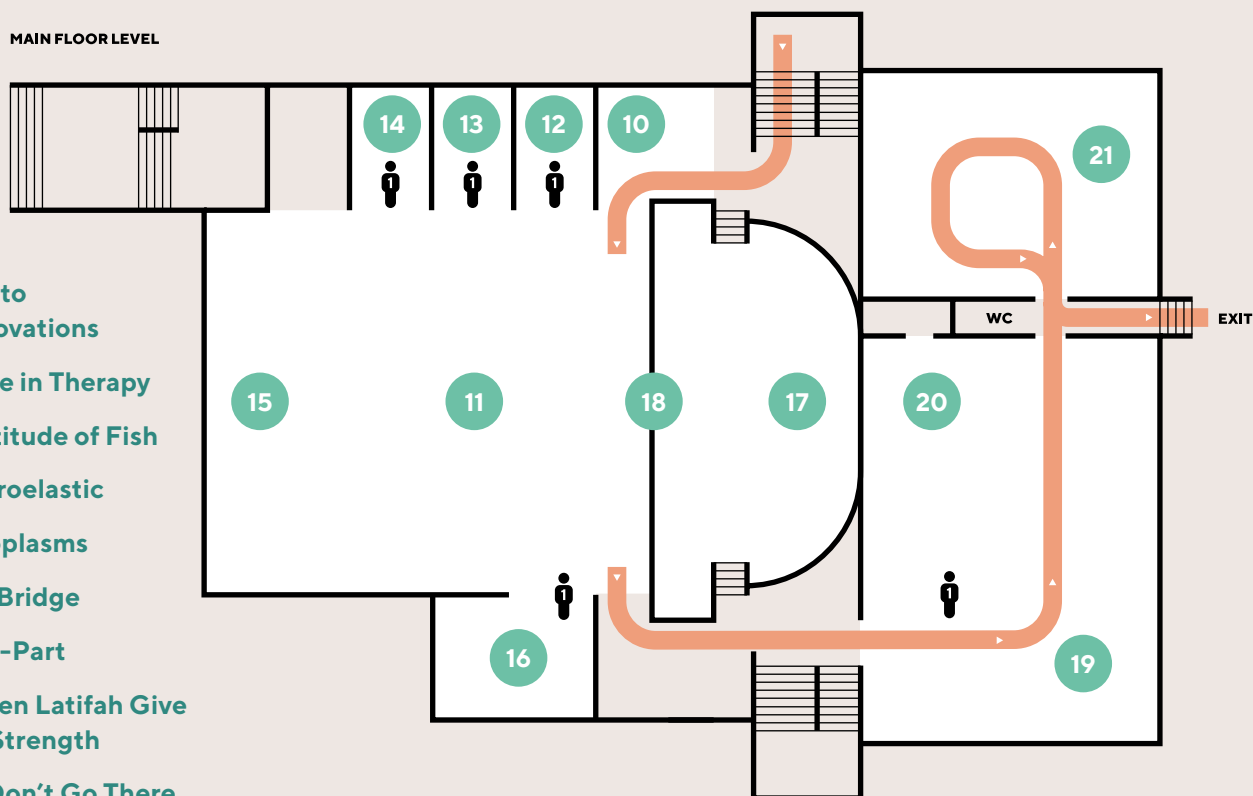
18. The Bridge

19. Post-Part

20. Queen Latifah Give  
Me Strength

21. Jo, Don't Go There

MAIN FLOOR LEVEL





GREY K P MULDOON →

## MAD CARPETS: HOTEL CARPET DANCE PROJECTIONS

A colourful abstract video projection marks the entrance to the installations, like a fun house. The images are furtive captures of hotel carpets with the artist's hands + phone. The project celebrates drifting: of artists, mad folks and other portable persons. An act of resiliency taking nothing for granted: MOVEMENT.

**Grey Muldoon** (they/them) is a movement artist working primarily out of Toronto / Tkaronto and Halifax / Kjiipuktuk. Grey is disciplined in performance and puppetry arts and makes immersive sculptural installations. A proud Workman Arts member, Grey is interested in close observation, picking things up and carrying them gently and collaborating with clear-voicing and shout-noisilying. Their experience of rare cognitive relational vibrance, a.k.a. Autism, of survival system sensitivity and subtle time injuries, a.k.a. complex PTSD, and the discovery of practical imagination technologies via crises, a.k.a. Madness, allows them to make their work.

### KEYWORDS

Disability  
Homelessness  
Trauma  
Autisms  
Poverty  
Embodiment



**CONTENT  
WARNING:**  
Violence

SABA AKHTAR →

## THE ANATOMY OF A HOME

*The Anatomy of a Home* is a multimedia installation exploring a person's relationship to home. Audiences are invited to walk through a blueprint of a house etched into the floor and observe the artifacts placed within.

**Saba Akhtar** is an interdisciplinary artist based in Toronto and raised in Houston, Texas. Her arts practice is focused on intergenerational trauma and grief. She exhibits this through multimedia design (installation, video, photo), playwriting and performance. Saba's education has been heavily influenced by mentorship from peers and elders in her community. She has a deep passion for helping others share their story as well and has established a career in community-engaged arts as a facilitator and mentor in multiple organizations.

### KEYWORDS

Anxiety  
BIPOC experience  
Grief  
Schizophrenia  
Trauma

JUSTIN MENCEL →

## ALPHA SUPPORT

Executed as a hybrid of sculpture and painting, *Alpha Support* explores the distance between presumption and certainty when observing the masks that obscure vulnerability.

**Justin Mencil** is a Canadian painter, sculptor and animator. He uses interpretations of space and time to explore elements of human nature and mental health. His work is sold by Birch Contemporary in Toronto.



← MITCHELL CLARK MELLER

## SCARECROW

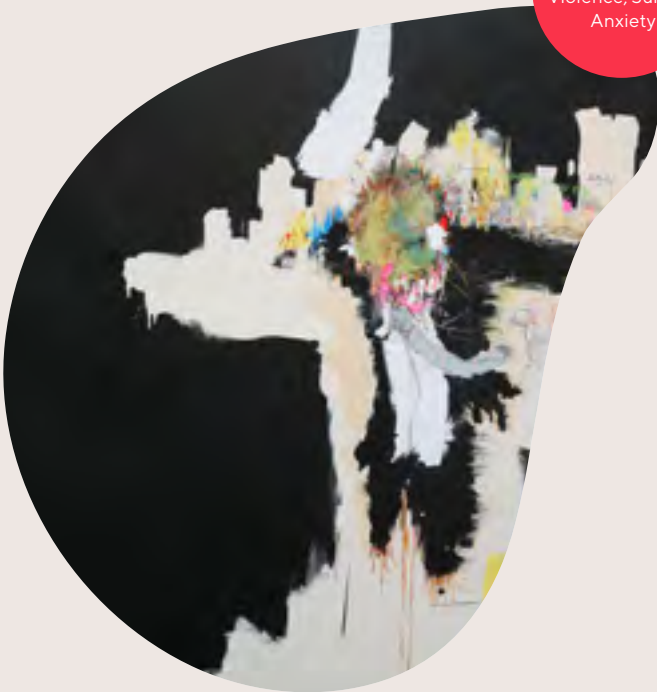
"I'm not sure, hold on, I'm getting a sign from the gods! I can see the future and know what people are feeling and seeing. People will see three paintings. What they feel is left to the psychic network."

As a self-taught outsider artist from Toronto, **Mitchell Clark Meller**'s talent is intuitive and his paintings spring from an authentic need for expression. He discovered that through painting, one can overcome hardships. Working in a variety of media in a self-defined style, his larger works begin as vast, abstracted canvases that act like theatre venues, unveiling narratives of semi-figurative actions, improbable scenarios and inordinate scripts. The works offer the artist's unique vision of the world through narratives of discontentment and critique, mockery and playfulness or just the simplicity of being.

### KEYWORDS

Anxiety  
Depression  
Grief  
OCD

**CONTENT WARNINGS:**  
Violence, Suicide,  
Anxiety



KARA STONE →

## MEDICATION MEDITATION

Virtual Q&A and Activation on  
Instagram Live:  
Monday, October 19, 1 - 2 PM

*Medication Meditation* is a single-player game about the daily experience of living with mental illness.

**Kara Stone** is an artist and scholar interested in the affective and gendered experiences of psychosocial disability, debility and healing as they relate to art production, particularly video games. Her artwork has been featured in *The Atlantic*, *Wired* and *Vice*. She is a member of the Different Games Collective. She is currently a PhD student in Film and Digital Media with a designated emphasis in Feminist Studies at the University of California at Santa Cruz.

### KEYWORDS

Anxiety  
Anti-Psychiatry  
Depression  
Psychiatry

### COMMUNITY PARTNER



**CONTENT  
WARNINGS:**  
Sexual Violence  
and/or Rape

ALEXANDRA CAPRARA  
& RAECHEL E. KULA

## THREADBARE

Virtual Q&A and Activation on  
Instagram Live:  
Tuesday, October 20, 3 - 4 PM

*ThreadBare* is an interactive textile installation that centres the voices of survivors of sexual and domestic violence. Audiences are invited to interact with the structure, which features a collection of poetry and prose submitted by survivors, as well as lighting and sound components that respond to movement.

**Alexandra Caprara (Co-Creator and Curator)** is a multidisciplinary artist and writer from Toronto. She is a graduate from York University's Theatre and Creative Writing programs and has worked internationally as a designer and director.

**Raechel E. Kula (Co-Creator)** is a multidisciplinary artist with a background in software and information technology. She brings a systems approach to the dramaturgy and design of interactive and performative works for live audiences

### KEYWORDS

Community  
Rape and/or Sexual Violence  
Trauma  
Domestic Violence



**CONTENT  
WARNING:**  
Nudity

WIESLAWA NOWICKA ↑

## INTO THE DARK OF MY SKIN

*Into the dark of my skin* uses a bird's eye view to look at all possible perspectives. Mutated and shared bodies visually only meet in one spot, never meeting in a second. Their virtual encounter is a need that satisfies and nourishes the fetal and its obsolete memory. The video medium creates a ground that allows a meeting...impossible bodies, different times and places.

**Wieslawa Nowicka** explores the branches of visual art and its pluralism. As a result, she has liberated herself from a singularity, permitting her to explore the facets of history, anthropology and psychoanalysis through the plurality of arts – painting, design, performance and video installations.

### KEYWORDS

Anxiety  
Existential Anxiety



MAXIMILIAN SUILLEROT

## THE COLOURS OF HYPNOTIC CHARM

This installation features empty repurposed crates that dogs are transported in. The colour palette is the mark of the Sex Magick Warriors, the victims of ongoing attacks by these creatures. Aggressive behaviours associated with dogs are charmed away through evidence of this ritual, to the benefit of this marginalized group.

**Maximilian Suillerot** is a Mexican-French queer mixed-media artist and cultural worker currently living and working in Toronto. Born and raised in Mexico City, Maximilian began their artistic training in Paris (France) at Les ARCADES. They continued their studies at the University of Toronto, where they obtained a B.A. (Hons) specializing in Visual Art Studies. In their practice, Maximilian plays with concepts that encompass the duality of presence and absence in queer settings. Grief and fiction meld with aspects of personal narrative to reveal a comical discomfort, and rituals are created as coping mechanisms to deal with life.

### KEYWORDS

Activism  
Community  
Grief  
LGBTQ2S+  
Trauma  
Violence







**CONTENT  
WARNINGS:**  
Nudity, Violence,  
Sexual Content,  
Rape and/or  
Sexual Assault

KRISTINE WHITE ↑

## MAD FAIRY TALES

This project is a series of fairy tales reinterpreted from a queer perspective and illustrated through shadow projections. It is a re-reading of well known folk and fairy tales that have undertones of queerness, struggles with mental health and sexuality that have been intentionally or otherwise suppressed in the versions we know.

**Kristine White** is a multidisciplinary artist working primarily in the realms of puppetry, installation and performance. Kristine's work is often driven by explorations of myth, folklore and symbology, creating visual metaphors that often result in immersive and site-specific installations and performances.

### KEYWORDS

LGBTQ2S+  
Violence  
Trauma

### COMMUNITY PARTNER



↓ KASSANDRA WALTERS

## UNTITLED ([NOT] ALWAYS LIKE THIS)

*untitled ([not] always like this)* is an ongoing artwork created by collecting the artist's used tissues, which are filled with sickness and sadness, and dipping them in porcelain. They are repurposed as viable material for art making, adding worth to an otherwise worthless object and bringing attention to the value of production outside the work.

**Kassandra Walters** is a multimedia artist currently practicing in Tiohtià:ke/Montréal. Her art tackles mental health, all that it encompasses and all that encompasses it. With a strong desire to normalize speaking about the unspeakable, Kassandra's work is honest and raw. She finds solace in the act of making through repetition.

### KEYWORDS

Anxiety  
BIPOC Experience  
Depression  
Grief



The Ball Measure is designed to assess visual symptoms of Intolerance of Uncertainty (IU) in moving objects.



IVETTA SUNYOUNG KANG ↑

## INTOLERANCE OF UNCERTAINTY

*Intolerance of Uncertainty* is an installation that combines a single-channel video, *Instruction to the Ball Measure*, and the Ball in a fictional setting that resembles the interior of a psychiatric therapy session. This participatory work asks an audience to sit as “a testee” to assess the levels of their own anxiety.

**Ivetta Sunyoung Kang** is an interdisciplinary visual and video artist and writer currently based in Montreal. She studied film directing in South Korea and earned her MFA in Film Production at Concordia University. She has presented short films and videos at film festivals and galleries around the world, including in South Korea, Canada, Germany and the United States. In 2016, Kang was shortlisted for the Simon Blais Award in Canada. She recently published a poetry book entitled *Absent Seats* and is a co-founding member of both the artist collective Quite Ourselves and the A/V duo CCVX?

### KEYWORDS

Anxiety  
Community  
Depression  
Psychiatry

↓ SOPHIE DOW + COLLABORATORS

## MOUNTAIN DUETS

Friday, October 16, 6 – 10 PM

Saturday, October 17, 2 – 6 PM

Thursday, October 22, 6 – 10 PM

Saturday, October 24, 2 – 6 PM

*Mountain Duets* is a ceremony illustrated through dance, music and multimedia. An individual falls into a chaotic haze, losing sight of balance and stillness. Calling upon ancestors of Turtle Island, they journey together, reminding us of our deeply rooted strength, resilience and reciprocity to each other and to Mother Earth.

### Credits

Sophie Dow: *Interpreter, Sound Designer, Choreographer and Costume Designer in collaboration with other Interpreters*

Shannon Flaicher: *Interpreter*

Maria Lucia Llano: *Interpreter*

Paige Sayles: *Interpreter*

Tyra Temple-Smith: *Interpreter*

Connie Oreamuno: *Stage manager and*

*Projection Designer*

Clayton Lormand: *Projection and Costume Designer*

Winnipeg-born **Sophie Dow** is an emerging dance and music artist inspired by interdisciplinary collaboration and her Métis-Assiniboine and settler roots. An avid adventurer, Sophie has a passion for busking, yoga and traveling on top of holding a specialized honours degree in Dance Performance and Choreography from York University. Currently Sophie is part of the Paprika Festival's Indigenous Arts Program preparing for *adelheid's re:research* and is an Artistic Associate of Chimera Dance Theatre. She writes music, performs and busks regularly throughout Ontario with her band The Honeycomb Flyers and is a practicing licensed Holistic Practitioner of Traditional Thai Massage.

### KEYWORDS

Activist  
BIPOC Experience  
Community  
Family  
Grief

### COMMUNITY PARTNER

**Native Earth**  
Performing Arts Inc.

CONTENT  
WARNINGS:  
Fog/Haze,  
Loud Sound



↓ VAN LISA

## DUE TO RENOVATIONS

*Due to Renovations* is an installation piece focusing on a transmasculine experience of Hormone Replacement Therapy (HRT). Through several casting techniques, the artist has captured their transitioning body at different stages of their HRT. These casts are suspended in a construction zone containing other artifacts from the artist's transition.

**Van Lisa** is a multidisciplinary artist with a focus on performance. As an AFAB (assigned female at birth) transgender individual, their work aims to conceptualize and challenge westernized ideologies of the transmasculine experience. Van works in Tkaronto as a performer and curator and is a part of the curatorial collective for both the 2020 and 2021 Rhubarb Festival at Buddies in Bad Times Theatre.

### KEYWORDS

Anxiety  
Depression  
LGBTQ2S+

20

**CONTENT WARNINGS:**  
Nudity, Mature Language, Sexual Content



**CONTENT WARNINGS:**  
Mature Language,  
Sexual Content,  
Suicide

QUAKER KID PRODUCTIONS ↑

## PROSE IN THERAPY

*Prose In Therapy* was originally the conclusion of Prose In Views — a free form poetry series published in *Ars Medica*, a Canadian online medical journal. The print media piece has become an experiential installation that breaks down the walls of mental health and medical procedure.

**Moncef Mounir** was born in Rabat, Morocco. He is a poet, a visual artist and the director of Quaker Kid Productions (QKP), a print media outfit with various collaborative chapbook and zine works. He has spent a decade as a skilled labourer across the City of Toronto and works as a legal assistant after receiving his P1 paralegal's license. Moncef operates 20scene.com, a blog-style venue to expose his live music editorial zines while also releasing QKP print media works. Moncef has spent over seven years in mental health recovery and has four years of abstinence from drugs and alcohol as of September 2020.

### KEYWORDS

Depression      Schizophrenia  
Disability      Suicide  
Psychiatry      Trauma

### COMMUNITY PARTNER





↓ JENNY CHEN

## MULTITUDE OF FISH

*Multitude of Fish* is an installation of 1,000 handmade clay fish consisting of layers of meaning through its process and viewers' experience, exploring how intention, emotions and thoughts form our reality. The fish flow through their surrounding space and lead the viewer on a journey reminiscent of the inner realm.

**Jenny Chen** is a multimedia artist currently working in watercolour, pen and clay. Her work uses symbols to create otherworldly environments while considering themes of existentialism and spirituality. Her exhibition history includes the Living Arts Centre (group), Toronto Media Arts Centre (group) and United Contemporary (solo). She is a recipient of grants from the Ontario Arts Council (exhibition assistance) and Cue Arts Projects.

### KEYWORDS

Anxiety  
Depression  
Spirituality



↑ LAURA SHINTANI

## NEUROELASTIC

*Neuroelastic* is a self-performance. Taking a cue from neuroplasticity, the hope is that as participants wrap themselves in streams of coloured synaptic "bandages" and then document it by photography, a visual reveal of the challenges of one's mind is given self-permission to be altered and changed.

### Credits

Laura Shintani: *Creator*

Grant Padley: *Audio/Visual Technician*

**Laura Shintani** is a Toronto-based multimedia artist who creates work in order to provoke questions in artistic forms. Shintani represents a hybrid of work, art making, study and teaching. She is interested in seeing people embrace the cycle of creativity: playing, problem solving and reflecting. Raised in small-town Ontario, Shintani later studied fashion design at Ryerson University and received a degree from the University of Toronto. After personal discovery she made art a vocation and earned a Master of Fine Art from the University of Windsor. Shintani's most significant exhibition was at the Royal Ontario Museum in 2019.

### KEYWORDS

Activism  
Community  
Harm reduction  
Neuroinclusivity  
Trauma



MEGAN MOORE ↑

## ECTOPLASMS

*Ectoplasms* is a multi-channel video installation that depicts the decay and dripping of photographs. These dripping photographs are the result of the transfer of emulsion onto an unstable substance, resulting in an accelerated material degradation of imagery. The weight of gravity imbues the substance with a wraith-like quality.

**Megan Moore** is a Montréal-based media artist. Through the manipulation of personal and public archives, her immersive photo and video installations offer reflections on memory, grief and the photographic medium. Megan has exhibited in Canada (FOFA Gallery, Orillia Museum of Art and History, Toronto Media Arts Centre) and Europe (Maison de la Photographie, France; Ulster Museum, UK). In 2015 she won the Montreal Emerging Photographer award. Megan holds a BFA in Photography from Concordia University and an MFA in Studio Arts from the University of Guelph.

### KEYWORDS

Grief  
Psychiatry  
Trauma

↓ PESCH NEPOOSE + COLLABORATORS

## THE BRIDGE

**Live Staged Reading**  
Sunday, October 18, 7 PM

*The Bridge* is a one-woman play that will be staged in front of a live audience. Kara is a young Indigenous woman who is struggling with the death of someone close while also trying to navigate through addiction, depression and loss of identity.

### Credits

Pesch Nepoose: *Writer/Performer*  
Ed Roy: *Dramaturge/Director*  
Nat Janin: *Illustrator and Content Creator*  
Jesse Wabegijig: *Producer/Stage Manager/Media Outreach*

**Pesch Nepoose** is a Cree multidisciplinary artist from Edmonton, Alberta currently residing in Toronto, Ontario. She graduated from her fourth and final year at the Centre for Indigenous Theatre in May 2019. Pesch has skills and experience as an actor, writer, dancer, singer and stage manager. As a full-time actor, she has been a part of many projects including the film *By These Presents* with Ange Loft, and also acted in the short film *Hunger*, which premiered at the ImagineNative Film Festival 2019. Pesch enjoys working with Clay and Paper Theatre, Jumblies Theatre, the Encounters collective and many others. While attending C.I.T. she formed a collective with her two classmates and created the play *S.O.S. Saving Our Sovereignty*, which was part of the Paprika Festival and Weesageechak Begins to Dance Festival. Pesch was in the Paprika Festival again as a solo artist writing her one-woman show currently titled *The Bridge*. She plans to continue the play with Nightwood Theater's Write from the Hip program.

### KEYWORDS

Addiction  
Alcoholism  
BIPOC experience  
Depression  
Family

### COMMUNITY PARTNER



**CONTENT WARNINGS:**  
Adult Language,  
Suicide





LONGERNIN COLLECTIVE ↑

## POST-PART

*Post-Part* is a room within a room installation that takes inspiration from Charlotte Perkins Gilman's short story "The Yellow Wallpaper." *Post-Part* reimagines a 19th century-style brocade wallpaper pattern incorporating "hidden" illustrations, collage elements and sensor-triggered audio to bring to life the experience of postpartum mood disorders, including postpartum psychosis.

### Credits

Catherine Mellinger: *Lead Artist*  
Pazit Cahlon: *Director*  
Nat Janin: *Illustrator and Content Creator*  
Adam Harendorf: *Sound Design*

**Longernin Collective** formed to create the installation work *Post-Part*. Drawing on combined experiences in illustration, animation, writing, film, collage and art therapy work, the members' individual works have been exhibited, published and screened to audiences locally and globally.

### KEYWORDS

Anxiety  
Community  
Depression  
Family  
OCD  
Postpartum Depression  
Trauma  
Spirituality

↓ ROCHELLE RICHARDSON

## QUEEN LATIFAH GIVE ME STRENGTH

After an anxiety-filled evening watching the classic 90s film *Set It Off* featuring the incomparable Queen Latifah, the main character is faced with her strange connection to the celebrity. In the search for answers about her declining health, she turns to the icon she thought she had forsaken.

**Rochelle Richardson** (she/they) is a Canadian-Caribbean multidisciplinary theatre artist, writer, producer and advocate for Black, Queer, Mentally Ill/Disabled communities. Rochelle is passionate about promoting and developing opportunities for Black Artists and encouraging difficult conversations about intersectionality. Rochelle holds a BA in English and Theatre Studies from the University of Guelph and continues to pursue additional training within the GTA and Peel regions. Select companies and programs include b current (Playwriting) bcHUB, Buddies in Bad Times (Play Creation) Emerging Creators Unit, Nightwood's Young Innovators Program (Arts Administration/Producing), PIECE OF MINE Arts, dance immersion's Legacy Leaders Program and more.

### KEYWORDS

Activism  
Anti-Psychiatry  
Anxiety  
BIPOC Experience  
Community  
Depression  
Disability  
LGBTQ2S+

23

**CONTENT WARNINGS:**  
Mature Language,  
Violence, Loud  
Sounds



# JO, DON'T GO THERE

Enter the mind of Jo (a nonbinary trauma survivor, video artist, clown and singer hailing from NYC) as they navigate OCD and PTSD while living in Toronto during the pandemic. Experience Jo's home-grown multimedia happening: a video series, music playlists, Instagram uploads, a photo exhibition and a live installation performance.

## Credits

Oliver Jane: *Lead Artist, Performer, Creator, Writer*

Leah Pritchard: *Collaborator, Performer*

Jillian Rees-Brown: *Collaborator, Performer*

Jon Jorgensen: *Video Collaborator, Editor*

Maria Wodzinska: *Outside Eye*

Founded by Maria Wodzinska and Oliver Jane in 2017, **goat(h)owl** generates collaboratively devised experiences. Grounded in the body, at the core of every piece is a question. We take flight through our

investigation of the thematic territory, of our position to the question and of our will-to-know. We attempt to affirm the unknowable with proposals — playing in-front-of/with/around an audience. We want to shake up sedimented modalities of meaning and truth-telling with our moving ensemble. We point the eye to the kaleidoscope of forms created. Do we invite the audience to make meaning? Yes. Do we make meaning? Come and see.

## KEYWORDS

Child Abuse

OCD

Psychosis

Radical Queer Left Politics

PTSD

**CONTENT WARNINGS:**  
Loud Sounds,  
Mature Language,  
Nudity,

Rape and/or  
Sexual Violence,  
Sexual Content,  
Suicide

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DIGITAL STRATEGY



DIGITAL MEDIA BUYING



WEB DEVELOPMENT



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SOCIAL MEDIA MARKETING



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CONTESTS AND PROMOTIONS



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HANAN HAZIME



## MAD POETRY APOTHECARY

**Virtual Experience/Workshop on Zoom:**  
**Wednesday, October 21, 1 - 2 PM**  
**Saturday, October 24, 6 - 7 PM**

Join multidisciplinary artist Hanan Hazime for an online poetry workshop and art installation. Instead of psychiatric medicine, participants of *The Mad Poetry Apothecary* will be prescribed prompts that encourage mental wellness. Participants will be guided through the creation of mixed-media poetry postcards and given the opportunity to virtually showcase their work. Folks with lived experience of mental health and/or addiction issues are highly encouraged to contribute their voices to this project.

**Hanan Hazime** is a multidisciplinary artist, creative writer, community arts educator and writing instructor living in Tkaronto/Toronto. She also identifies as a Lebanese-Canadian Muslimah Feminist and Mad Pride Activist. Through her intersectional and interdisciplinary artwork, Hanan aims to push boundaries, question arbitrary binaries, dispel stigmas and shatter stereotypes. Her primary mission as an arts educator is to provide accessible arts education to marginalized communities with a special focus on crafting safe, empowered spaces for Muslims, individuals with mental health challenges, folks with disabilities and BIPOC youth to discover and enhance their writing and art skills.

### KEYWORDS

Activism  
Anti-Psychiatry  
Anxiety  
BIPOC Perspective  
Bipolar Disorder(s)



PAUL BUTLER

## THE COLLAGE PARTY

**Virtual Experience/Workshop on Zoom:**  
**Saturday, October 17, 4 - 6 PM**

*The Collage Party* serves as a platform for people of all backgrounds and artistic levels to come together in a group setting and experience the benefits of exercising their creativity through collage making.

Currently based in Toronto, **Paul Butler** is a multidisciplinary artist with an interest in artist-driven projects that challenge current art world models. His practice includes: hosting "The Collage Party" — a touring experimental studio established 1997; directing the operations of "The Other Gallery" — a nomadic commercial gallery focused on overlooked artists' practices; founding "The Upper Trading Post" — an invitational website that facilitates artist trading and initiating "Reverse Pedagogy" — a traveling, experimental residency. He has exhibited at the Museum of Contemporary Art, Los Angeles; The Art Gallery of Ontario, Toronto; White Columns, New York City; Creative Growth Art Centre, Oakland and La Maison Rouge, Paris.

### KEYWORDS:

Activism  
Community





**CONTENT WARNINGS:**  
Strobe Light, Loud Sounds, Nudity, Sexual Content, Self-Harm

JAMES KNOTT ↑

## APOCALYPSE IN YOUR BEDROOM

**Virtual Q&A on Zoom:**  
Saturday, October 17, 7 PM

The grimy mustard-coloured lights and sequins of 70s glam rock aesthetics outfit our travels through the mental collapse of a dark night of the soul. This film adaptation of the live theatrical spectacle is replete with wishes on a star and deals with the devil, before packing up to leave with no intention of return...

**James Knott** is an emerging, Toronto-based artist, having received a Bachelor of Fine Arts in Integrated Media from OCAD University. Their performance-based practice combines theatre, video and audio art to create immersive and emotionally resonant experiences for the viewer. Explored themes include: paradoxical and queer identity, inner dialogue, mental illness and camp theatrics. Currently their practice looks to house personal narratives and queer experience through poetic retellings, self-mythologizing and auto-iconographic aestheticism.

### KEYWORDS:

Anxiety  
Community  
Depression  
Family  
LGBTQ2S+

↓ MIKE 'PIECEZ' PROSSERMAN

## BREATHE: A DANCE PRODUCTION ON HIP HOP + MENTAL HEALTH

**CONTENT WARNING:**  
Strobe Light

**Virtual Q&A and Conversation on Zoom:**

**Mental Health + Community:**  
Saturday, October 17, 8 PM

**Mental Health + Work:**  
Wednesday, October 21, 6 PM

*Breathe* is a journey into the height of success and the depth of anxiety. We live in a world filled with high expectations from self and others. *Breathe* lets audiences know that it's okay not to feel okay. Accepting who we are. One day at a time. One breath after another. BREATHE.

### Credits

Mike 'Piecez' Prosserman: *Choreographer*  
Kosi Eze: *Supporting Choreographer/Outside Eye*  
Caroline 'Lady C' Fraser: *Supporting Choreographer/Outside Eye*  
Icy: *Filmmaker*  
KTCHN productions: *Catalogue Photo*

**Michael 'Piecez' Prosserman** has been breakin' since 1999. Piecez has taught, competed, judged and performed for hundreds of audiences from Asia to Europe to the Canadian Arctic. By high school, he was accepted into Cirque Du Soleil and featured in the motion picture *Honey*. Piecez is the founder of a grassroots movement that uses hip hop to improve youth mental health called Unity Charity. Piecez is a best-selling author of the new book *Building Unity*, a university instructor and a mental health advocate. In his solo *Breathe*, Piecez shares his experiences with mental illness in a leadership role.

### KEYWORDS

Anxiety  
Caregiving  
Community  
Mental Health in the Workplace  
Schizophrenia



# JOIN THE CONVERSATION

## RE:BUILDING RESILIENCE EXHIBITION

### ARTIST PANELS

#### **MEDICATION MEDITATION:**

**Monday, October 19, 1 - 2 PM,**  
**Virtual Q&A and Activation on Instagram Live**

#### **LITERARY BALMS:**

THE HEALING PROPERTIES OF ART AND TEXT  
**Monday, October 19, 4 - 5 PM, Virtual Panel**

Artists Hanan Hazime, Alexandra Caprara, Raechel Kula and Moncef Mounir each read from their works, followed by a discussion with moderator Andrea Thompson about the restorative power of words, art and performance.

#### **SPECTRAL SPACES:**

RE-ANIMATING HISTORICAL ENVIRONS  
THROUGH CURRENT FEMINIST DISCOURSE  
**Tuesday, October 20, 12 - 1 PM, Virtual Panel**

Artists Catherine Mellinger, Pazit Cahlon and Megan Moore speak with moderator Paula John about 19th-century women who contributed to literature, psychic performances, notions of maternity and early manifestations of slime.

#### **THREADBARE:**

**Tuesday, October 20, 3 - 4 PM,**  
**Virtual Q&A and Activation on Instagram Live**

#### **RESISTANT BODIES:**

THE INTERSECTIONS OF SELF AND HEALTH  
**Tuesday, October 21, 1 - 2 PM, Virtual Panel**

A cross-disciplinary discussion examining cultural and clinical standardizations of health and their impact on trans, queer, Black and/or disabled bodies.

Panel includes artists Rochelle Richardson, Van Lisa, Ivette Sunyoung Kang and Sophie Dow.

### MASTER CLASS

#### **TOO CLOSE FOR COMFORT - CREATING AN ENVIRONMENT OF CARE IN THE THEATRE**

**Saturday, October 17, 12 - 2 PM**

**Class held on Zoom**

**Visit [workmanarts.com](http://workmanarts.com) for registration info**

Theatre artists make and see theatre to challenge and be challenged, to share and listen, to ask and be asked questions that might not be asked elsewhere. We sometimes tell stories that might be difficult for others to hear. We can hit a nerve, touch a deep wound, or flick a switch that triggers old memories, reactions or feelings.

So how do we take care of our audiences when we offer sensitive material? How do we take care of the performers who reach deep into their souls and put them on stage, show after show? How do we ensure everyone else on our team is ok? And whose responsibility is it?

Playwright, actor, producer and instructor Lorene Stanwick shares some strategies and ideas to navigate these sometimes murky waters using *Broken Branches*, her play that explores the issue of sibling abuse, as a guide.



# FILM

## SCREENING SCHEDULE







### LEGEND

- Online Screening
- Q&A / Panel
- Live/In-Person Event

	9 AM	2 PM	2:30 PM	5 PM	6 PM	7 PM
TUES 13						
WED 14					THE SILHOUTETTES (P.31)	
THURS 15			THE MARRIAGE PROJECT (P.32)			
FRI 16	NASIR + PANEL (P.34)			IF YOU ASK ME (P.33)	PANEL @ 6 PM	NASIR (P.34)
SAT 17			Q&A @ 2:30 PM			
SUN 18				PANEL @ 5 PM		SHADOW FLOWERS (P.37)
MON 19						
TUES 20					MADWOMXN (P.39)	PANEL @ 7 PM
WED 21					VEINS OF THE WORLD (P.41)	
THURS 22		THE WORLD IS BRIGHT (P.43)		LES HEURES... PANEL @ 5 PM (P.38)	PANEL @ 6 PM	
FRI 23						THE UNSEEN (P.45)
SAT 24		PANEL @ 2 PM				
SUN 25						PANEL @ 7 PM
MON 26						
TUES 27						

Films are available to stream in a 48-hour window with the exception of *Nasir* and NFB and Workman Arts short programs. Each streaming window ends with a virtual panel/Q&A.

Most films include open captions (**oc**).  
 Q&As/panels have closed captioning (**cc**) and ASL interpretation ().  
**Please check listings for accessibility details.**

	8 PM	8:30 PM	9 PM	ANY TIME
				NFB PROGRAM (P.46)
				+ WORKMAN ARTS PROGRAM (P.46)
	JUDY VERSUS CAPITALISM (P.30) 			
		48 YEARS - SILENT DICTATOR (P.35)		WORKMAN ARTS PANEL @ 4 PM 
WINTER'S YEARNING (P.36)		PANEL @ 8:30 PM 		
PANEL @ 7 PM 				LES HEURES HEUREUSES (P.38)
			NOCTURNE (P.40)	
LES HEURES HEUREUSES (P.38)			THE FEVER (P.42)	
		NOCTURNE PANEL @ 8:30 PM 		THIS IS NOT A BURIAL, IT'S A RESURRECTION (P.44)
		THE FEVER PANEL @ 8:30 PM 		
THIS IS NOT A BURIAL, IT'S A RESURRECTION (P.44)				

OCT  
15  
—  
17

OPENING  
NIGHT FILM

**STREAMING ONLINE**  
Oct 15 — 8 PM until  
Oct 17 — 8 PM

**LIVE SCREENING**  
at 651 Dufferin,  
Workman Arts  
Oct 15 — 8 PM  
followed by live and  
virtual Q&A

**DIRECTOR**  
Mike Hoolboom

**2020  
CANADA  
63 MIN**

**GENRE**  
Documentary

**KEYWORDS**  
Feminism  
Sexual Assault  
Trauma  
Activism

**ACCESSIBILITY**



## FEATURE

# JUDY VERSUS CAPITALISM

Judy Rebick is a seminal, local Toronto feminist figure on the forefront of the Pro-choice movement in Canada since the 1970s, who went on to head the biggest women's organization in Canada in the 1990s while wrestling with her own personal triumphs and tragedies. This reverent, experimental portrait of an iconic Toronto figure touches on her struggles with mental health and childhood traumas as she becomes a pivotal figure in Canada's progressive movements. Director Mike Hoolboom presents a poignant portrait of Rebick using her own words layered with striking Super-8 footage, contextualized within a stream of consciousness that chronicles Judy's iconic moments in Canadian history with a lens on her own personal histories and internal landscape. The rhythm of this portrait mimics the ebbs and flows of the effects of mental illness on life while capturing the strength and resilience of an incomparable human in unprecedented times.

## JOIN THE CONVERSATION: EVENING WITH JUDY

Join us for our first panel discussion with *Judy Versus Capitalism's* director Mike Hoolboom and iconic Canadian feminist, writer, journalist and radical activist Judy Rebick as they discuss Judy Rebick's lifelong fight for social justice, her own experience with mental health and childhood trauma and Mike Hoolboom's unconventional approach to documenting his friend's extraordinary life.

**Pre-film reception starts at 6 PM and is an outdoor event at 651 Dufferin Street that includes an in-person viewing of the *Re:Building Resilience Exhibition*. Please see page 2 for more details.**

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WITH

**the 8 fest**  
Small-Gauge Film Festival  
Super 8 • 8mm  
9.5mm • Loops, zoetropes & their kin

**LIFT** LIAISON OF  
INDEPENDENT FILMMAKERS  
OF TORONTO

**SHE  
DOES  
THE  
CITY.**



OCT  
14  
–  
16

## FEATURE + SHORT

# THE SILHOUETTES

In 1982, 1.5 million Afghan refugees fled the USSR's invasion of Afghanistan. Leaving behind the war of their home and starting their new lives in Iran, *The Silhouettes* witnesses a family attempting to make sense of their new reality, which presents its own unique sets of challenges. Touching on the effects of war, trauma, displacement and isolation, we go on a journey with Taghi, one of the younger members of the family. Caught between the confining reality of his people's place in Iranian society and his desire to return to his continually war-ravaged home in Afghanistan, Taghi begins to explore his future, navigating the familial responsibilities in this increasingly precarious situation. Taghi is trapped between his suffocating existence in Iran, which is rife with discrimination and stigma, and having to face returning to his homeland, still in the midst of war. What future awaits him in each land?

## SCREENING WITH **STRAY DOGS COME OUT AT NIGHT**

Hamza Bangash | 2019 | Pakistan | Punjabi with English subtitles | 11 min

Iqbal, a migrant sex worker, cannot come to terms with his illness. Desperate for respite, he convinces his uncle to take a day trip to the beach. The Arabian Sea beckons.

## JOIN THE CONVERSATION: Q&A WITH DIRECTOR

Living through waves of political reform spurred by transnational interference will undoubtedly challenge one's sense of identity. The Soviet invasion of Afghanistan in 1979 uprooted millions of Afghans who sought refuge elsewhere, including the family featured in *The Silhouettes*. How might this inherited cultural and geographical displacement be experienced by younger generations of Afghans in Iran or the Afghan diaspora? Is it possible to seek some semblance of resolution by returning to one's homeland? These issues will be explored in the post-screening Q&A with director Afsaneh Salari. Moderated by Toronto-based filmmaker and programmer Aisha Jamal.

## STREAMING ONLINE

Oct 14 – 6 PM until  
Oct 16 – 6 PM

## VIRTUAL PANEL

Oct 16 – 6 PM

## DIRECTOR

Afsaneh Salari

2019

IRAN / PHILIPPINES

80 MIN

NORTH AMERICAN

PREMIERE

Farsi with English  
subtitles

## GENRE

Documentary

## KEYWORDS

Human Rights  
Migration  
Refugees  
War

## ACCESSIBILITY



CO-PRESENTED  
WITH



OCT  
15  
–  
17



FEATURE + SHORT

## THE MARRIAGE PROJECT

### STREAMING ONLINE

Oct 15 – 2:30 PM until  
Oct 17 – 2:30 PM

### VIRTUAL PANEL

Oct 17 – 2:30 PM

### DIRECTORS

Atieh Attarzadeh  
Firozabad  
Hesam Eslami

2020

IRAN / FRANCE /  
QATAR  
80 MIN

ONTARIO PREMIERE

Farsi with English  
subtitles

### GENRE

Documentary

### KEYWORDS

Institutionalization  
Marriage  
Family  
Patriarchy  
Psychiatry

### ACCESSIBILITY



What happens when inpatients of a psychiatric institution are encouraged to marry each other and build lives together within the hospital grounds? *The Marriage Project*, a thematically unique and intriguing Iranian documentary, explores just that. The film is set almost entirely in Ehsan's House, a psychiatric facility in southern Tehran housing around 500 patients. With unprecedented access to the hospital's communal spaces and events, directors Atieh Attarzadeh and Hesam Eslami chronicle a bold project conducted by the hospital's director, Dr. Farhad Ramezanejad. Historically, the hospital has always segregated men and women. But Ramezanejad proposes a social experiment — he advocates for patients to form relationships, get married and live as families within Ehsan's House. Facing scrutiny from his colleagues and a variety of responses from the patients, Ramezanejad is determined to get the project off the ground. But are Ehsan's House's patients ready to get married? And who exactly should decide that?

### SCREENING WITH IF I DIE PLEASE DELETE MY SOUND CLOUD

Natasha Matila-Smith | 2019 | Aotearoa / New Zealand | English with English subtitles | 8 min

Captured on video stillness, wondering and a matrix of existential dread. "In the middle of a sleepless night a variety of digital devices provide comfort and distraction for a restless mind. But does it help?"

### JOIN THE CONVERSATION:

How do we imagine conventional clinical spaces in relation to how we imagine life in the wider world? *The Marriage Project* allows us to consider ideas of personhood, love and choice in the realm of institutionalized settings and what a lack of those experiences might suggest. The themes for this panel are centred on Iranian perspectives on mental health and relationships as well as alternative forms of therapy and community. These issues will be explored with a post-screening Q&A with Director(s) moderated by filmmaker and journalist Aref Mohammadi.

CO-PRESENTED  
WITH





**OCT  
16  
–  
18**

## SHORTS PROGRAM

# IF YOU ASK ME

For the fourth consecutive year, If You Ask Me (IYAM) has supported emerging filmmakers with mental health and/or addiction experiences to create new work. This year's program features eight shorts by filmmakers across Canada: Malaika Athar, Hanna Donato, Manvinder Gill, Kitoko Kasiama, Jae Lew, Claudia Liz, Samyuktha Movva and Shubhi Sahni.

These new films were developed in summer 2020 under the guidance of Gillian Muller and IYAM alumni and mentors Saba Akhtar, Erum Khan and James Knott. Over three months, filmmakers deepened their knowledge of film in the company of peers and industry guests. Rendezvous is excited to screen these distinctly personal works created during an unprecedented time.

Rendezvous would like to thank the following workshop guests: Linsey Stewart, Dane Clark, Kelly Fyffe Marshall, Carine Zahner, Ashley Iris Gill, Marcus Armstrong and Gagan Singh. This program was made in partnership with BIPOC TV and Film and Trinity Square Video.

## PLUS A SPECIAL SCREENING OF **WHEN MIRRORS HAD MEANING**

Yuga J. Vardhan | 2020 | Singapore | Hindi and English with English subtitles | 13 min  
Short Film Youth Competition winner from the 2020 Singapore Mental Health Film Festival.  
Courtesy Singapore Mental Health Film Festival (smhff.com)

*When Mirrors Had Meaning* presents the searing experience of 70-year-old Krishnan as he sets off on a journey in search of a distant memory, leaving behind a letter to his family.

## JOIN THE CONVERSATION: FILMMAKING NOW

The world changed dramatically between the initial planning of IYAM 2020 and now. This year's cohort of filmmakers pivoted their practices to adapt to ever-changing conditions. Join the Q&A session to learn how recent events informed the production of their films and hear their predictions on how this time will shape the future of film.

### STREAMING ONLINE

Oct 16 – 5 PM until  
Oct 18 – 5 PM

### VIRTUAL PANEL

Oct 18 – 5 PM

### DIRECTORS

Malaika Athar  
Hanna Donato  
Manvinder Gill  
Kitoko Kasiama  
Jae Lew  
Claudia Liz  
Samyuktha Movva  
Shubhi Sahni

### GENRE

Shorts

33

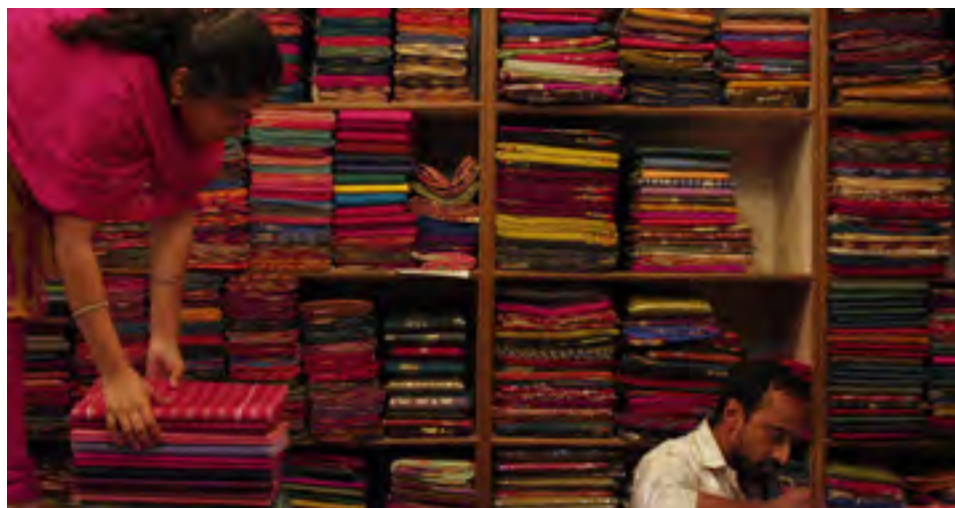
CO-PRESENTED  
WITH



Singapore  
Mental Health  
Film Festival



# OCT 16



## FEATURE

# NASIR

This gentle portrait from sophomore feature filmmaker Arun Karthick is based on a short story by Dilip Kumar. It follows Nasir, a Muslim family man in Coimbatore, Tamil Nadu, where Hindu nationalism has taken on more dangerous forms in recent years. Propaganda constantly booms from loudspeakers everywhere in public spaces. The owner at the textile store where he works makes little effort to hide his contempt for Muslims while customers treat Nasir as a doormat. In the meantime, Nasir starts worrying about his wife and wonders whether he would be better off as a migrant labourer in Abu Dhabi. With equanimous, stunning images of everyday life, director Karthick brings us fully into Nasir's prosaic world. Still, off-screen news reports and casual conversations remind us of the violence that hangs in the peripheries.

*"In these times of heightened Islamophobia, when Muslims are reduced to statistics, to just a faceless community under siege, Karthick is determined to re-establish the individual's singularity. The film stuns because there is no drama, no strident declarations. There's just a camera following Nasir (Koumarane Valavane) around as he gets through his day as a salesman in a sari shop. He romances his wife, holds his co-workers spellbound with his poetry, worries about chit-funds and a young relative with disabilities who is dependent on him."*

– Bharathy Singaravel, *The News Minute*

## JOIN THE CONVERSATION:

Panelists for this film, in conversation with director Arun Karthick, will address issues of art making during the context of right-wing Hindu fundamentalism, Islamophobia and casteism in the Tamil-speaking world. Panel in Tamil and English with translation.

### ONLINE SCREENINGS

Oct 16 – 9 AM – 11 AM

Oct 16 – 7 PM – 9 PM

(note: two screenings only)

### VIRTUAL PANEL/Q&A

Oct 16 – 10:30 AM

Replayed Oct 16 – after 7 PM screening

### DIRECTOR

Arun Karthick

### 2020

INDIA /  
NETHERLANDS /  
SINGAPORE

78 MIN

### TORONTO PREMIERE

Tamil with English subtitles

### GENRE

Fiction

### KEYWORDS

Caste

Difference

In/tolerance

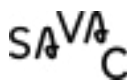
Islamophobia

Trauma

### ACCESSIBILITY



CO-PRESENTED  
WITH



TAMIL WORLD  
INITIATIVE





OCT  
16  
–  
18

FEATURE + SHORT

## 48 YEARS – SILENT DICTATOR

Iwao Hakamada, a former professional boxer, was sentenced to death in 1968 for mass murder and held on death row for 48 years, the longest solitary confinement in history. In 2014, Hakamada was granted immediate release after the Shizuoka district court found that the evidence against him had been fabricated. One year later, now 79 years old, Mr. Hakamada suffers from prison psychosis. While adjusting to his newfound freedoms, he navigates a labyrinth of delusions within his life's predicaments. This phenomenal documentary is a sensitive and intimate portrait with a dazzling score by Arto Lindsay (DNA, The Lounge Lizards, Ambitious Lovers) capturing Hakamada's victorious will against the immeasurable consequences of spending nearly half a century in complete solitude.

### SCREENING WITH BITTERSWEET

Sohrab Hura | 2019 | India | English | 13 min

In this experimental and visually enriching audio-visual essay, photographer Sohrab Hura documents his intimate family life, his mother, who was diagnosed with acute paranoid schizophrenia, and her dog, Elsa. Over ten years, a project that began as a coping mechanism reveals the banalities of everyday home life.

### JOIN THE CONVERSATION: Q&A with Hiroshi Sunairi

Following the screening of *48 Years – Silent Dictator*, join filmmaker Hiroshi Sunairi and James Ruston from Toronto Prisoners' Rights Project for a virtual Q&A to discuss director's experience documenting the life of Iwao Hakamada and the impact of the prison system on one's mental health. The discussion will be moderated by Amina Mohamed, a representative from Prisoners with HIV/AIDS Support Action Network.

### STREAMING ONLINE

Oct 16 – 8:30 PM until  
Oct 18 – 8:30 PM

### VIRTUAL Q&A

Oct 18 – 8:30 PM

### DIRECTOR

Hiroshi Sunairi

2018  
JAPAN/USA  
76 MIN  
NORTH AMERICAN  
PREMIERE  
Japanese with English  
subtitles

### GENRE

Documentary

### KEYWORDS

Freedom  
Incarceration  
Prison Justice  
Psychosis  
Solitary Confinement

### ACCESSIBILITY



35

CO-PRESENTED  
WITH

Images  
FESTIVAL



OCT  
17  
–  
19

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**STREAMING ONLINE**

Oct 17 – 7 PM until  
Oct 19 – 7 PM

**VIRTUAL PANEL/Q&A**

Oct 19 – 7 PM

**DIRECTORS**

Sidse Torstholm Larsen  
Sturla Pilskog

**2019**

**KALAALLIT NUNAAT  
/ GREENLAND /  
DENMARK / NORWAY  
75 MIN**

**TORONTO PREMIERE**

Greenlandic, English,  
Danish with English  
subtitles

**GENRE**

Documentary

**KEYWORDS**

Addictions  
Healing  
Indigenous Land  
Industry  
Sovereignty

**ACCESSIBILITY**



**FEATURE + SHORT**

## WINTER'S YEARNING

*Winter's Yearning* is an eye-opening portrait documentary of the small fishing town of Maniitsoq, Greenland, which has been selected as the next plant location for US aluminium giant ALCOA. An aluminium plant could provide a useful step towards Greenlandic independence. However, visions of the anticipated windfall fade into a waiting game. Directors Sidse Torstholm Larsen and Sturla Pilskog intertwine the lives of three Maniitsoq residents: a social worker, a young woman and the town's 'aluminium coordinator.' Through attentively layering their stories, situations and personal efforts towards self-sufficiency, the atmosphere of a small-town yearning for progression and change is beautifully portrayed.

**SCREENING WITH CARLOTTA'S FACE**

Valentin Riedl and Frédéric Schuld | 2018 | Germany | German with English subtitles | 5 min

*Carlotta's Face* illuminates a relationship dysfunction in its sensitive portrayal of a woman who suffers from prosopagnosia, the inability to recognize faces, and her salvation through art.

**JOIN THE CONVERSATION:**

Rural communities have seen the devastating impact that resource extraction industries have had on not only the health of the land, but also the relationships between individuals within these territories. We have seen examples of how settler colonialism has violated Treaty Rights and land sovereignty on unceded territory, yet there is more to uncover in the internal lives of those experiencing the complexities of change. How do Inuit and Northern Indigenous communities negotiate mental health when life is disrupted — particularly by resource extraction? Join us in exploring these topical concerns with guest panelists.

**CO-PRESENTED  
WITH**





OCT  
18  
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20

FEATURE

## SHADOW FLOWERS

A North Korean housewife, Ryun-hee Kim went to China to receive healthcare only to end up in South Korea trying to pay off her medical debts. Once she was discovered by South Korean authorities, she was alleged of being a North Korean spy and forced to become a South Korean citizen. Separated from her family with no hope of seeing them again, Ryun-hee starts her extensive and harrowing fight to return home. She tries to smuggle herself out of South Korea, first by seeking political asylum and then by organizing protests to raise awareness about North Korean citizens trapped in South Korea against their will. Her far-reaching attempts to reunite with her family don't stand a chance against aggressive propaganda tactics and ongoing complex politics between two countries. After seven years of continuous struggle, Ryun-hee dreads the growing distance between her and her family as their reunion seems far away and improbable.

### JOIN THE CONVERSATION:

In *Shadow Flowers*, viewers are invited into an observational space to question preconceived notions of what freedom grants and what oppression might look like. The polarizing narratives about North and South Korea looms above Ryun-hee Kim and her simple desire to return to family. Join the Q&A with director Seung-Jun Yi to discuss the isolating effects of being caught in liminal spaces dictated by bureaucracy as it pertains to North and South Korean relations.

### STREAMING ONLINE

Oct 18 – 7 PM until  
Oct 20 – 7 PM

### VIRTUAL PANEL

Oct 20 – 7 PM

### DIRECTOR

Seung-Jun Yi

### 2019

### SOUTH KOREA

109 MIN

Korean with English  
subtitles

### GENRE

Documentary

### KEYWORDS

Family  
Human Rights  
Isolation  
North Korea  
Politics  
South Korea

### ACCESSIBILITY



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CO-PRESENTED  
WITH



OCT  
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–  
21

**STREAMING ONLINE**

Oct 19 – 9 PM until  
Oct 21 – 9 PM

**LIVE SCREENING**

at 651 Dufferin,  
Workman Arts  
Oct 22 – 7 PM

**VIRTUAL PANEL/Q&A**

Oct 22 – 5 PM

**DIRECTOR**

Martine Deyres

**2019**

**FRANCE /  
SWITZERLAND /  
BELGIUM**

**77 MIN**

**NORTH AMERICAN  
PREMIERE**

French with English  
subtitles

**GENRE**

Documentary

**KEYWORDS**

Alternative Psychiatry  
Communalism  
Institutionalization  
Rehabilitation  
Trauma

**ACCESSIBILITY**



**FEATURE + SHORT**

# LES HEURES HEUREUSES (OUR LUCKY HOURS)

In the Saint-Alban psychiatric clinic in France's Lozère region, they didn't use straightjackets, solitary confinement or other forms of coercion. Patients moved freely, received ergonomic therapy, worked at a nearby farm and even went on trips with supervisors. During World War II, the institute also housed refugees, including many Jews.

Weaving recently discovered archival materials with current interviews, this captivating documentary presents the instigators of such unconventional approaches between 1936 and the mid-1970s. These caregivers emphasized social and cultural activities that supported patients in different ways — a fruitful approach that has since fallen out of favour, but which was also a source of inspiration for surrealists and the trailblazer of decolonization theories, Frantz Fanon. Although over 45,000 psychiatric patients died in French hospitals between 1939-1945, *Les heures heureuses* is a testament and urgent appeal to apply courageousness and inventiveness in today's mental health healing spaces.

**SCREENING WITH LES VOIX DU DEDANS**

Elina Chared | 2019 | France | French with English subtitles | 25 min

A portrait film of a woman who fights to exist in tandem with her gift for hearing voices. In a cinematic verité glimpse of daily life, somewhere between suffering, optimism and recovery, Marieanne intimately conveys how she continually re-creates, performs and sometimes loses faith.

**JOIN THE CONVERSATION: Q&A WITH MARTINE DEYRES**

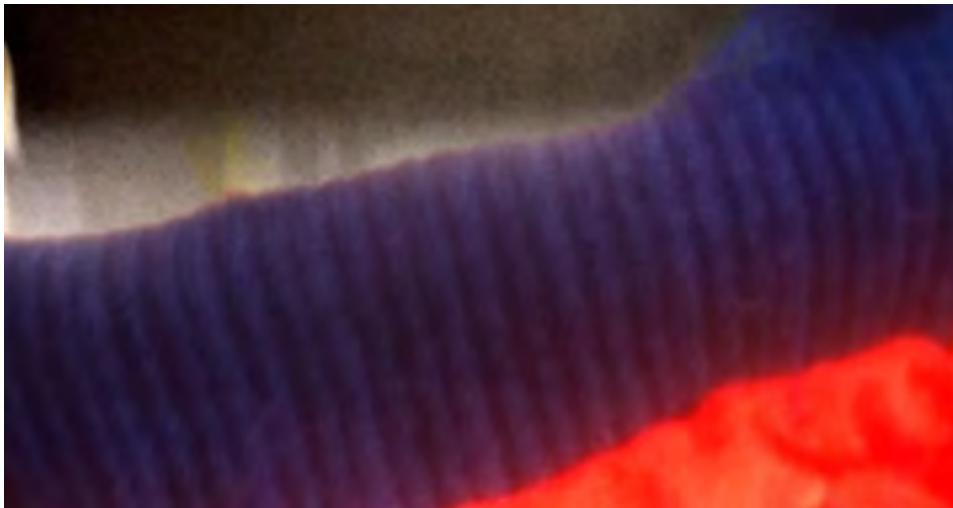
Following the screening of *Les heures heureuses*, join filmmaker Martine Deyres to discuss her latest film and her remarkable use of archival material to tell the story of the French psychiatric institution Saint-Alban.

**CO-PRESENTED  
WITH**

**CINÉ  
FRAN  
CO!**  
FESTIVAL  
INTERNATIONAL  
DU FILM  
FRANCOPHONE

**af**  
Alliance française  
Toronto

**camh**  
Friends of the CAMH Archives  
Advancing mental health research and education through the power of film



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–  
22

**SHORTS PROGRAM:  
PROGRAMMED IN COLLABORATION WITH PLEASURE DOME**

## MADWOMXN

Womxn-identified people's relationship with madness has always been distinct; from the archetypal 'madwoman in the attic,' to individual experiences of womxn consumers / survivors / ex-inmates, to the 'mad' cultural expectations of femininity in everyday life. Throughout Western history womxn have been viewed as irrational, their bodies designated as aberrant and posited as the cause of mental disturbances, e.g., hysteria. At the intersections of racialization and transphobia, the confluence of mental illness and femme becomes even more fraught and perilous.

*Panic Attack* and *Watching the Pain of Others* ask questions about how patriarchal capitalism's expectations of womxn erode their sanity, and how humour and empathy may offer complex ways to subvert them. *Better for Me* and *I Want to Kill Myself* are personal accounts of the deep pain of living through psychosis and depression respectively. White supremacist mind and body norms, gender, family and the power of music are threads and lifelines running through both films. *Trouble* is an intimate portrait of the artist's mother tersely recounting her diagnosis of bipolar disorder, and her gratitude for the ability to manage it. *Where There is Room to Bloom* uses self-love, ancestral knowledge and Black spiritualism to move through multigenerational trauma, and to imagine a new world full of beauty and the psychological space necessary to thrive.

**Panic Attack** | Eileen O'Meara | 2018 | USA | English | 3 minutes

**Watching the Pain of Others** | Chloé Galibert-Lainé | 2019 | France | French and English with English subtitles | 31 minutes

**Better for Me** | Alexandra Douglas | 2020 | Canada | English | 11 minutes

**I Want to Kill Myself** | Vivek Shraya | 2017 | Canada | English | 9 minutes

**Trouble** | Camille Pueyo | 2020 | France | French with English subtitles | 3 minutes

**Where There is Room to Bloom** | Kelisha Daley | 2020 | Canada | English | 7 minutes

### JOIN THE CONVERSATION:

Following the screening of *Madwomxn*, join Kelisha Daley, Alexandra Douglas, Chloé Galibert-Lainé, Eileen O'Meara and Camille Pueyo to discuss their short films.

#### STREAMING ONLINE

Oct 20 – 6 PM until

Oct 22 – 6 PM

#### VIRTUAL PANEL/Q&A

Oct 22 – 6 PM

#### DIRECTORS

Eileen O'Meara  
Chloé Galibert-Lainé  
Alexandra Douglas  
Vivek Shraya  
Camille Pueyo  
Kelisha Daley

**64 MIN**

#### GENRE

Shorts

#### ACCESSIBILITY



CO-PRESENTED  
WITH





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—  
22

40

**STREAMING ONLINE**  
Oct 20 — 9 PM until  
Oct 22 — 9 PM

**VIRTUAL PANEL/Q&A**  
Oct 22 — 8:30 PM

**DIRECTOR**  
Gwanjo Jeong

**2019  
SOUTH KOREA  
95 MIN  
CANADIAN  
PREMIERE**  
Korean with English  
subtitles

**GENRE**  
Documentary

**KEYWORDS**  
Autism  
Caretaking  
Family  
Music

**ACCESSIBILITY**



**FEATURE + SHORT**

## NOCTURNE

*Nocturne* is the story of a family. The documentary follows Seong-ho, a young piano virtuoso living with autism. With an extraordinary talent in music, his mother and primary caretaker dedicates her whole life to building a career for her son as a professional musician. In contrast, Seong-ho's younger brother Gun-ki is relegated to a world of video games and television. Gun-ki's resentment slowly begins to grow when he is forced to give up his own interest in music to maintain Seong-ho's spotlight. Gun-ki feels like he has been neglected by his mother, who spends most of her time taking care of Seong-ho and trying to advance his career. When the two brothers embark on an independent European trip, the already contentious brotherly relationship crashes into chaos. It also poses some difficult questions: what will happen to Seong-ho if his mother is no longer there? Will Gun-ki have his back, or will his music legacy crumble?

### SCREENING WITH **ANIMAL CALLING**

Candice Dixon | 2020 | Canada | English | 6 min | Ontario Premiere

A short documentary following a recently graduated young veterinarian as she enjoys a rare, relaxing morning in her serene country home. As she reflects on the mental health crisis currently impacting veterinary medicine, we're intermittently transported to her place of work and shown the emotional and psychological challenges faced by those working in animal care.

### JOIN THE CONVERSATION:

Sibling dynamics are unique by nature; sometimes, it swings from moments of companionship to moments of competition. In the case of the family in *Nocturne*, the subject of autism adds another layer of relational negotiation as they seek to understand how to manage acts of care and responsibility. What are some of the realities that individuals on the autism spectrum face when they navigate the world independently and what pressures and expectations do their core support networks face? Join our panelists as they dive deeper into how these complexities are presented in *Nocturne*.

**CO-PRESENTED  
WITH**





OCT  
21  
–  
23

FEATURE + SHORT

## VEINS OF THE WORLD (DIE ADERN DER WELT)

*Veins of the World* is a wondrous coming of age tale that describes living in harmony with nature and the financial instabilities of maintaining the traditions of nomadic people. Amra is 11 years old – and suffers from an eye condition that will blind him in the near future. Growing up in the Mongolian steppe (itself a co-star of this gorgeous landscape film), Amra's father Erdene is the local leader opposing global companies' mining and gold extraction. Without intervention, his father's workshop will soon close, yet despite these challenges Amra still dreams of someday singing on television in *Mongolia's Got Talent*. However, the fight against resource exploitation in an unstable environment quickly challenges the young boy's electric talents. Director Byambasuren Davaa's (*The Story of the Weeping Camel*) first fiction feature premiered at the Berlin Film Festival, then screened at the Marché du Film Online in Cannes, and is a captivating story about family and community challenging the constant march of capitalism and environmental exploitation.

### SCREENING WITH **BLUES SIDE ON THE BLUE SKY**

Rachmat Hidayat Mustamin | 2018 | Indonesia | Indonesian with English subtitles | 15 min

In a manifestation of visual poetry, *Blues Side On The Blue Sky* tells the story of a mother who tries to save her daughter.

### STREAMING ONLINE

Oct 21 – 6 PM until  
Oct 23 – 6 PM

### DIRECTOR

Byambasuren Davaa

41

### 2020

GERMANY /  
MONGOLIA

96 MIN

CANADIAN  
PREMIERE

Mongolian with English  
subtitles

### GENRE

Fiction

### KEYWORDS

Mining  
Nomadism  
Resource Extraction  
Trauma  
Youth

### ACCESSIBILITY

OC

CO-PRESENTED  
WITH



OCT  
21  
–  
23



FEATURE

## THE FEVER (A FEBRE)

STREAMING ONLINE

Oct 21 – 9 PM until  
Oct 23 – 9 PM

VIRTUAL PANEL/Q&A

Oct 23 – 8:30 PM

DIRECTOR

Maya Da-Rin

2019

BRAZIL / FRANCE /  
GERMANY  
98 MIN

Portuguese / Tukano  
with English subtitles

GENRE

Fiction

KEYWORDS

Amazon  
Family  
Health  
Indigenous  
Trauma

ACCESSIBILITY



Desana Justino lives in Manaus, a port city in the Amazon rainforest, having left behind his home in the wilderness many years ago. As an Indigenous man, he tries to navigate between the disappearing natural landscape and his own life. His daughter has to decide if she will pursue medical school in Brazil, and the potential separation weighs heavy in the air as she worries about her father's health. Working as a security guard to support his family as seemingly supernatural forces manifest, Da-Rin's camera intimately captures a man still intensely connected to the land. Justino is a quiet man caught between the old ways of his people and the industrialized ways quickly taking over, juxtaposing images of confining industrial cityscapes over the simple and quiet way of life more in tune with nature. *The Fever* is a languid, hypnotic story that both makes his yearning for a simpler and sturdier time palatable and makes us question our place in it.

### JOIN THE CONVERSATION: Q&A WITH MAYA DA-RIN

Following the screening of *The Fever*, join us for a virtual Q&A with Brazilian filmmaker, visual artist and former documentarian Maya Da-Rin to discuss the making of her first fiction feature, her country's "post-apocalyptic state" and the catastrophic impact of Bolsonaro's brutal regime on Brazil's Indigenous communities.

CO-PRESENTED  
WITH







OCT  
22  
–  
24

FEATURE + SHORT

## THE WORLD IS BRIGHT

*The World is Bright* follows the real-life journey of an elderly Chinese couple searching for the truth behind their son Shi-Ming's sudden death in Canada. Shi-Ming was buried before his parents living in Beijing were notified. Over ten years, director Ying Wang documents Shi-Ming's parents as they enter a long and arduous legal battle to understand how their son – a young Canadian immigrant – could have died. Shi-Ming's parents are resilient in their search for truth despite language barriers and overly bureaucratic and complex processes they have to endure. The film uses re-enactments and interviews with Shi-Ming's friends and family to thoroughly examine the intersection of immigration, family expectations and mental health. While attentively portraying the emotional and physical pains Shi-Ming's parents go through to try and solve this case, *The World is Bright* exposes some ugly truths about the Canadian immigration system and its treatment of newcomers living with mental health issues.

### JOIN THE CONVERSATION:

Following the screening of *The World is Bright*, join us for a virtual panel with director Ying Wang; Shi-Ming's family lawyer Lawrence Wong; Dr. Kenneth Fung, Clinical Director of the Asian Initiative in Mental Health Program at TWH and Bonnie Wong, Executive Director of Hong Fook Mental Health Association. The speakers will discuss mental health within immigrant communities in Canada and delve into different ways Canadian immigration law fails to accommodate and support newcomers with mental health experiences.

**STREAMING ONLINE**  
Oct 22 – 2 PM until  
Oct 24 – 2 PM

**VIRTUAL PANEL/Q&A**  
Oct 24 – 2 PM

**DIRECTOR**  
Ying Wang

**2019  
CANADA  
116 MIN**  
English and Mandarin  
with English subtitles

**GENRE**  
Documentary

**KEYWORDS**  
Bureaucracy  
China  
Family  
Immigration  
Schizophrenia

**ACCESSIBILITY**



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CO-PRESENTED  
WITH

TORONTO  
**reel asian**  
INTERNATIONAL FILM FESTIVAL

OCT  
22  
—  
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CLOSING  
NIGHT FILM

**STREAMING ONLINE**  
Oct 22 – 9 PM until  
Oct 24 – 9 PM

**LIVE SCREENING**  
at 651 Dufferin,  
Workman Arts  
Oct 24 – 7 PM

**DIRECTOR**  
Lemohang Jeremiah  
Mosese

**2019**  
**LESOTHO / SOUTH**  
**AFRICA / ITALY**  
**119 MIN**  
**ONTARIO PREMIERE**  
Sesotho with English  
subtitles

**GENRE**  
Fiction

**KEYWORDS**  
Black Community  
Grief  
Indigenous Land  
Rights  
Women's Stories

**ACCESSIBILITY**

**OC**



**FEATURE**

## THIS IS NOT A BURIAL, IT'S A RESURRECTION

Set in the stunning landscape of the Lesotho mountains, this unique film follows the story of an 80-year-old widow, Mantoa. Mantoa eagerly awaits her son's return from work in the mines; instead, she learns of his death. Her immense grief is framed within the provincial decree to relocate her village in order for development of a dam and reservoir, threatening to flood and erase everything that she holds dear. Mantoa takes up a spiritual mantle and fights for the land, her community and her desire to bury her child on the land they were raised on. The film is a colourful, heartfelt and personal story full of the strength, history and power of this lone matriarch in the face of great change. Taking her last stand, Mantoa asserts her way of life, where the living and the dead stand together to bear witness to the changing landscape, making us question the price of progress.

CO-PRESENTED  
WITH

FESTIVAL INTERNATIONAL  
**FILM BLACK**  
MONTREAL





**OCT  
23  
–  
25**

**FEATURE**

# THE UNSEEN (KAGHAZ-PAREH HA)

In preparation for visits from foreign dignitaries, the authorities in Tehran clear the streets of homeless people, sex workers and drug users. Those who get picked up are taken to special detention centres outside the city. Stripped of their rights, dignity and freedom, the authorities hold them there until the outside world's eyes are directed elsewhere. Then the men are released to go back out onto the streets. But the women are not: instead, they become official state prisoners for life. First-time feature film director Behzad Nalbandi found ways around the official channels and gained access to one of the women's prisons, where he used a sound recorder to document the harrowing stories of its inmates. The film utilizes original stop-motion animation to illustrate the accounts of violence, humiliation, poverty and addiction, as well as the director's own impressions of the bleak detention centre. Such inventive animation allows Nalbandi to offer these "invisible" women a platform without exposing their identity. What this powerful five-years-in-the-making documentary does reveal is the grim reality concerning the position of women in Iranian society – and these women in particular.

## JOIN THE CONVERSATION: PANEL WITH BEHZAD NALBANDI

Following the screening of *The Unseen*, join us for a virtual panel with graphic artist and documentary filmmaker Behzad Nalbandi to discuss the addiction crisis in Tehran and the harsh realities of the city's homeless population. Moderated by representatives from the Intercultural Iranian Canadian Resource Centre.

**STREAMING ONLINE**  
Oct 23 – 7 PM until  
Oct 25 – 7 PM

**VIRTUAL PANEL/Q&A**  
Oct 25 – 7 PM

**DIRECTOR**  
Behzad Nalbandi

**2019  
IRAN  
62 MIN  
NORTH AMERICAN  
PREMIERE**  
Farsi with English  
subtitles

**GENRE**  
Animated  
Documentary

**KEYWORDS**  
Addiction  
Policing  
Prison  
Recovery  
Trauma

**ACCESSIBILITY**

**CO-PRESENTED  
WITH**



# OCT 13

—

# 27

**FREE ONLINE STREAMING  
BOTH SHORTS PROGRAMS**  
Oct 13 – Oct 27 on  
VUCAVU ([vucavu.com](http://vucavu.com))

## HINDSIGHT

### VIRTUAL PANEL

This panel is pre-recorded and available for free on the same webpage as the films

### CREATORS

Various artists

110 MIN

### GENRE

Retrospective

### KEYWORDS

Addiction  
Inuit/Indigenous  
Psychedelics  
Schizophrenia  
Sex Work

## QUARANTINE BLUES

### VIRTUAL PANEL/Q&A

Oct 16 – 4 PM  
Join the filmmakers  
for a virtual Q&A

### DIRECTORS

Various artists

90 MIN

### ACCESSIBILITY



## SHORTS PROGRAMS

# HINDSIGHT: A NATIONAL FILM BOARD OF CANADA RETROSPECTIVE

*Hindsight* is a short film retrospective that traverses the topics of mental health and addiction within the National Film Board's extensive archive. This program looks back almost 70 years to highlight a spectrum of stories and filmmaking techniques. Films sampled from the archive include: *Breakdown* (1951), a fictitious film about schizophrenia; *The Agony of Jimmy Quinlan* (1978), a documentary about one man's turbulent fight for sobriety set in the wandering alleys of Montreal; *Street Kids* (1985), through a voiced over matrix of montaged black and white photographs, stories of juvenile prostitution are revealed; *Nowhere Land* (2015), in a quiet elegy for a way of life, Inuit Rosie Bonnie Ammaaq describes memories of her Indigenous roots in the context of the government-manufactured community of Igloolik and *XO Rad Magical* (2019), an animated work that takes you on an abstract journey living with schizophrenia in daily life.

### JOIN THE CONVERSATION:

Accompanying this NFB retrospective is a pre-recorded video interview with local Toronto artists Katelyn Gallucci, Greg McCarthy and Derek Coulombe. In conversation, the artists will discuss the activity of looking back. How do the films bring up feelings of hindsight? How do we navigate these feelings? Why do we as artists sample from archives? Why is it important to create discussions around archival material?

# QUARANTINE BLUES: WORKMAN ARTS MEMBER FILMS

Avant-garde filmmaker Maya Deren once famously remarked: "Cameras do not make films; filmmakers make films."

Featuring Workman Arts members: Gerald Mackenzie, Naomi Hendrickje Laufer, Brian Demoskoff, Genova, Emily Sweet, Jaene Castrillon and a special quarantine omnibus from the 2020 film class. This imaginative and exciting shorts program showcases the endless bounds of filmmaking as a creative outlet.

**A Lasting Impact** | Emily Sweet | 5 min

**All This Time** | Genova | 10 min

**Blood Downer** | Gerald Mackenzie | 10 min

**Dormant** | Naomi Hendrickje Laufer, Brian Demoskoff | 3 min

**Respect** | Jaene Castrillon | 45 min

**Quarantine Blues** | Susan Lieberman,  
Gerald Mackenzie, Amy Ness, Omar Samara,  
Emily Sweet and Lucy Drumonde | 21 min

**Support for this streaming program provided by Toronto Arts Council's Open Door Program with special thanks to VUCAVU.**

### JOIN THE CONVERSATION:

Join the filmmakers for a virtual Q&A.

HINDSIGHT  
CO-PRESENTED WITH



QUARANTINE BLUES  
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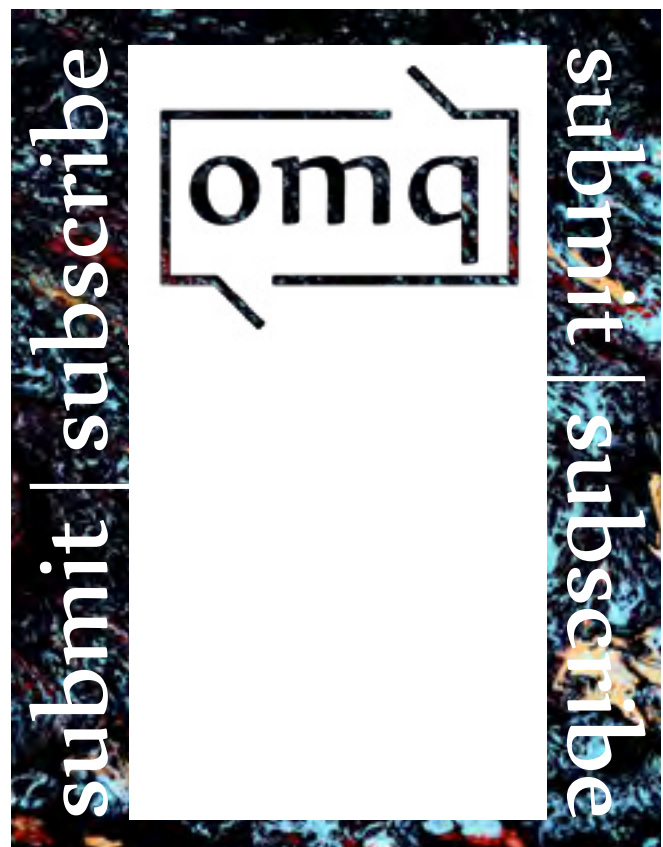
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# MENTAL HEALTH & ADDICTIONS RESOURCES

There are many options for accessing local and affordable mental health and addictions support. The resources below are arranged alphabetically by name, with the focus or format of their support listed below.

**If you are in crisis, call Toronto Distress Centres at 416-408-HELP (4357) 24/7/365 or visit your closest hospital emergency department.**

## **7 Cups**

Free online text support  
[7cups.com](http://7cups.com)

## **Across Boundaries**

Mental health and addictions support for racialized communities  
[acrossboundaries.ca](http://acrossboundaries.ca)

## **Al-Anon/Alateen**

Addiction  
[al-anon.org](http://al-anon.org)

## **Alcoholics Anonymous**

Addiction  
[aatoronto.org](http://aatoronto.org) | [aa.org](http://aa.org)

## **Assaulted Women's Helpline**

Violence against women  
[awhl.org](http://awhl.org)

## **Barbara Schlifer**

**Commemorative Clinic**  
Women's health  
[schliferclinic.com](http://schliferclinic.com)

## **Canadian Centre for Victims of Torture**

Newcomer and refugee mental health + trauma  
[ccvt.org](http://ccvt.org)

## **Canadian Centre on Substance Abuse (CCSA)**

Addiction  
[ccsa.ca](http://ccsa.ca)

## **Centre for ADD/ADHD Advocacy Canada**

ADD/ADHD  
[caddac.ca](http://caddac.ca)

## **Centre for Addiction & Mental Health (CAMH)**

Mental health + addiction  
[camh.ca](http://camh.ca)

## **COSTI**

Newcomer + refugee mental health  
[costi.org](http://costi.org)

## **Distress Centres of Ontario**

Distress support + resource referral  
[dcontario.org](http://dcontario.org)

## **Empowerment Council**

CAMH client advocacy  
[empowermentcouncil.ca](http://empowermentcouncil.ca)

## **Frederick W. Thompson Anxiety Disorders Centre**

Anxiety  
[sunnybrook.ca/content/?page=frederick-thompson-anxiety-disorders-centre](http://sunnybrook.ca/content/?page=frederick-thompson-anxiety-disorders-centre)

## **Gerstein Crisis Centre**

Distress support + resource referral  
[gersteincentre.org](http://gersteincentre.org)

## **Hard Feelings**

Low-cost therapy  
[hardfeelings.org](http://hardfeelings.org)

## **Hong Fook**

Ethno-cultural community mental health support services  
[hongfook.ca](http://hongfook.ca)

## **Kids Help Phone**

Youth mental health  
[kidshelpphone.ca](http://kidshelpphone.ca)

## **Lesbian Gay Bi Trans Youth Line**

Youth LGBTQ+  
[youthline.ca](http://youthline.ca)

## **Maggie's Toronto**

Sex work + mental health  
[maggiesto.org](http://maggiesto.org)

## **Mind Your Mind**

Youth mental health  
[mindyourmind.ca](http://mindyourmind.ca)

## **Mood Disorders**

**Association of Ontario**  
Mood disorders  
[mooddisorders.ca](http://mooddisorders.ca)

## **Mood Disorders Society of Canada**

Mood disorders  
[mooddisorderscanada.ca](http://mooddisorderscanada.ca)

## **National Eating Disorder Information Centre (NEDIC)**

Eating disorders  
[nedic.ca](http://nedic.ca)

## **Native Child and Family Services**

Indigenous mental health  
[nativechild.org](http://nativechild.org)

## **Ontario Obsessive Compulsive Disorder Network (OCD Ontario)**

Anxiety/OCD  
[ocdontario.org](http://ocdontario.org)

## **Ontario Peer Development Initiative (OPDI)**

Peer advocacy  
[opdi.org](http://opdi.org)

## **Ontario Suicide Prevention Network**

Suicide prevention  
[ospn.ca](http://ospn.ca)

## **Parents for Children's Mental Health (PCMH)**

Youth mental health  
[pcmh.ca](http://pcmh.ca)

## **Psychiatric Patient Advocate's Office (PPAO)**

Client advocacy  
[sse.gov.on.ca/mohltc/ppao](http://sse.gov.on.ca/mohltc/ppao)

## **Progress Place Warm Line**

Peer support available from 12-8PM  
[warmline.ca](http://warmline.ca)

## **Renascent**

Addiction  
[renascent.ca](http://renascent.ca)

## **Schizophrenia Society of Ontario**

Psychosis  
[schizophrenia.on.ca](http://schizophrenia.on.ca)

## **Sheena's Place**

Eating disorders  
[sheenasplace.org](http://sheenasplace.org)

## **Survivor Support Program**

Suicide grief  
[torontodistresscentre.com/suicide-loss](http://torontodistresscentre.com/suicide-loss)

## **The Family Association for Mental Health Everywhere (FAME)**

Support for families + caregivers  
[facebook.com/FAMEforFAMILIES](http://facebook.com/FAMEforFAMILIES)

## **The Gestalt Institute of Toronto**

Low-cost therapy  
[gestalt.on.ca/low-cost-therapy-clinic](http://gestalt.on.ca/low-cost-therapy-clinic)

## **Toronto Institute for Relational Psychology**

Low-cost therapy  
[tirp.ca/lowcost](http://tirp.ca/lowcost)

## **What's Up Walk In Clinics**

Free counselling for youth  
[whatsupwalkin.ca](http://whatsupwalkin.ca)

## **Women for Sobriety**

Addiction (women)  
[womenforsobriety.org](http://womenforsobriety.org)

## **Virtuous Pedophile**

Sexual issues  
[virped.org](http://virped.org)

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## BEING SCENE

20<sup>TH</sup> ANNUAL EXHIBITION

Spring 2021.

For submissions information and details, visit  
[workmanarts.com](http://workmanarts.com)

## VISUAL ART PROGRAM AT WORKMAN ARTS

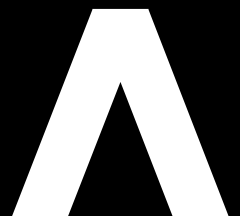
Workman Arts is a multidisciplinary arts organization that promotes a greater understanding of mental health and/or addiction issues through creation and presentation. We support artists with lived experience through peer-to-peer arts education, public presentations and partnerships with the broader arts community. The Visual Arts program offers opportunities for artists to exhibit, rent and sell their artwork.



## ONLINE STORE

Workman Arts promotes and supports member artists through the sale and rental of their work to public- and private-sector clients. We return 100% of the price of the artwork to member artists.

To view online gallery, visit  
[workmanarts.com/store](http://workmanarts.com/store)



For information contact Visual Arts Coordinator Paulina Wiszowata  
[paulina\\_wiszowata@workmanarts.com](mailto:paulina_wiszowata@workmanarts.com) or **416-583-4339**



**I2CRC is delighted to remain a partner and be a co-presenter at the Rendezvous with Madness Festival 2020.**

**Congratulations to Workman Arts for its perseverance for over quarter of a century in keeping a clear and transformative voice in the community on behalf of people who experience mental illness!**

[i2crc.org](http://i2crc.org) [info@i2crc.org](mailto:info@i2crc.org)

## BIPOC TV & FILM

BLACK, INDIGENOUS AND PEOPLE OF COLOUR IN TV AND FILM

**BIPOC TV & FILM is thrilled to announce the launch of their crew and creative roster:**

**hireBIPOC.ca**



CPAMO is a movement of Indigenous and racialized artists engaged in empowering the arts communities of Ontario. CPAMO seeks to open opportunities for Indigenous and racialized professionals and organizations to build capacity through access and working relationships with cultural institutions across Ontario that will result in constructive relationships with Indigenous and racialized professionals and organizations.

### **How To Get Involved?**

Attend our events • Join as an Artists Associates • Sign up to our mailing list

For more information visit [www.cpamo.org](http://www.cpamo.org)

Email us [info@cpamo.org](mailto:info@cpamo.org)

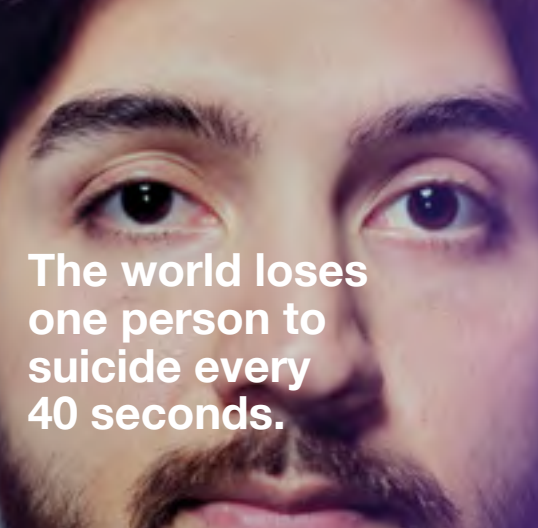
Follow us on social media  
[@cpamoontario](https://www.instagram.com/cpamoontario)



Crisis Line  
416-929-5200



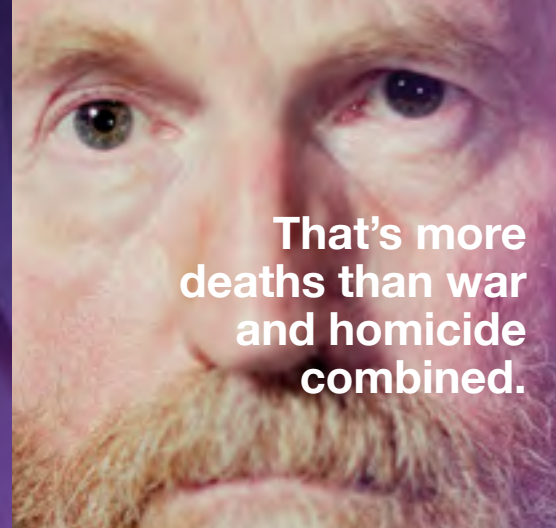




The world loses  
one person to  
suicide every  
40 seconds.



It claims  
800,000 lives  
every year.



That's more  
deaths than war  
and homicide  
combined.



Over 75% of all  
suicide deaths  
are men.



For women,  
the attempt  
rate is 3 to 4  
times higher.



Transgender and  
gender diverse  
people are at  
greater risk than  
those who are  
cisgender.



Suicide is the  
2nd leading  
cause of death  
for people  
aged 15–24.



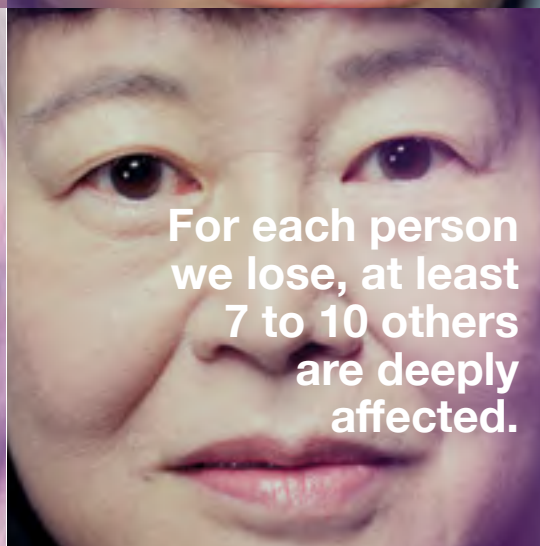
Lesbian, gay, and  
bisexual youth are  
more at risk than their  
heterosexual peers.



Among First  
Nations, the  
suicide rate is  
3 times higher  
than the general  
population.



In Canada,  
4000 people  
die by suicide  
every year.



For each person  
we lose, at least  
7 to 10 others  
are deeply  
affected.

These are the stats.  
And it's time we  
change them.

**Not suicide.  
Not today.**

Together, we can prevent  
suicide. Donate today.

[camh.ca](http://camh.ca)

If you are experiencing thoughts of suicide, you are deserving of help and can call 1-833-456-4566. If you require immediate, in-person emergency care, call 911, or go to your nearest emergency department.