

ART TRAINING

Workman Arts programs help artists reach their creative and professional goals through art training, professional development, and presentation opportunities, and by providing support through peer-to-peer interaction and community.

WORKMAN ARTS
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WORKMANARTS.COM

COMMUNITY PARTNER ORGANIZATION

HONG FOOK

FALL 2020 COURSE SCHEDULE

Register between September 2-4

Workman Arts is a multi-disciplinary arts organization that promotes a greater understanding of mental health and addiction issues through creation and presentation. We support artists with lived experience through peer-to-peer arts education, public presentations and partnerships with the broader arts community.



SEPTEMBER 2020

MON	TUE	WED	THU	FRI
	1	REGISTRATION 2	REGISTRATION 3	REGISTRATION 4
LABOUR DAY 7	8	9	10	REGISTRATION CONFIRMATION 11
FALL SEMESTER STARTS 14	15	16	17	18
21	22	23	24	25
28	29	30		

OCTOBER 2020

MON	TUE	WED	THU	FRI
			1	2
5	6	7	8	9
THANKSGIVING 12	13	14	RENDEZVOUS WITH MADNESS FESTIVAL STARTS 15	16
19	20	21	22	23
26	27	28	29	30

NOVEMBER 2020

MON	TUE	WED	THU	FRI
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	FALL SEMESTER ENDS 27
30				

Please note that all classes will be held online until further notice.

The Fall semester runs between September 14 to November 27, 2020. **Registration opens from September 2 to 4. Members will receive confirmation of enrollment between September 7 to 11.**

Not all courses run for the full 11 weeks of the semester; please review dates for each course.

Active training members may register for a maximum of 2 long courses (8-11 weeks) OR a maximum of 3 short courses (under 8 weeks).

Choir, Improv, Snippets: Monthly Collage Social, Yoga and professional practice workshops do not count towards the maximum course load.

All members are welcome to register for professional practice workshops.

Visit workmanarts.com for detailed class descriptions and to learn about additional workshop opportunities.

REGISTRATION OPEN

CLOSED FOR HOLIDAYS OR OTHERWISE

FALL 2020 COURSE OVERVIEW

Workman Arts strives to be a safe, inclusive, and creatively productive working space dedicated to anti-oppressive practices.

Please note that all classes will be held online until further notice.

- Short Courses / Workshops

LITERARY ARTS

FINDING YOUR VOICE
WEDNESDAYS, 2 – 4PM
SEPT 16 – NOV 25

Explore the parameters of creative writing by exploring different genres and develop your own unique approach to writing through in-class prompts and work-shopping in a supportive environment.

Instructor: Andrea Thompson

TRUTH AND FICTION
THURSDAYS, 12 – 2PM
SEPT 17 – NOV 26

Refine your creative writing skills and re-claim your voice. This class will cover basic elements of storytelling, and also the professional side, as in how to edit work and get published.

Instructor: Emily Gillespie

MEDIA ARTS

ADAPTIVE FILMMAKING
TUESDAYS, 4 – 6PM
SEPT 15 – NOV 24

Work with other participants and the instructor to make short films using the resources already available to you. Together we will come up with ideas for short films and ways that they can be made now.

Instructor: James Buffin

SHOW & SELL: SIMPLE + IMPACTFUL DIY MARKETING PHOTOGRAPHY FOR ARTISTS
WEDNESDAYS, 1 – 2PM
SEPT 16 – NOV 25

Take charge of your social media and visual online presence, to increase sales and exposure. Learn easy ways to improve image quality with the equipment you already have at home.

Instructor: Julie Riemersma

MUSIC

BRUISED YEARS CHOIR
MONDAYS, 2 – 4PM
SEPT 14 – NOV 30

This fall we will tackle new repertoire, and take on a few new challenges befitting a virtual edition, including: weekly solo assignments and recording an audio and visual performance. All levels of vocal proficiency welcome!

Instructor: Jim LeFrancois

SONGWRITING POETRY •
WEDNESDAYS, 2 – 4PM
NOV 4, NOV 10, NOV 17, NOV 25

This four-week songwriting course will cover the fundamentals of songwriting, from song structure to lyrical techniques such as rhyme, alliteration and assonance to using poetic effects such as simile and metaphor in your songs.

Instructor: Murray Foster

INTRODUCTION TO GARAGE BAND •
FRIDAYS, 3 – 5PM
OCT 30 – NOV 27

Get familiar with virtual instruments, basic mixing techniques, and creating songs or soundscapes using the recording software Garage Band.

Instructor: Lisa Conway

PERFORMANCE

DRAMATIC WRITING AND ACTIVISM •
MONDAYS, 4 – 6PM
OCT 26 – NOV 30

How can dramatic writing be used for social change? In this class you will examine how different plays, films, and television programs contribute and advocate for systemic change in your own writing.

Instructor: Makram Ayache

ACTING IN PLAYS
THURSDAYS, 3 – 5PM
SEPT 17 – NOV 26

In this class, participants will focus on developing their skills as actors, through working on scenes plays from the 1900s/2000s.

Instructor: Phillip McKee

IMPROVISATION
FRIDAYS, 12 – 2PM
SEPT 18 – NOV 27

This online course will build on foundational skills and techniques in a safe and fun environment; building trust, active listening and storytelling in the group. The course games and exercises aim to help access joy, lean into the moment and embrace our silly selves.

Instructor: Hana Holubec

VISUAL ART

DRAWING FOR PAINTING, PAINTING FOR PAINTING IN OILS
MONDAYS, 2 – 4PM
SEPT 14 – NOV 30

All through the process of painting we are drawing. We will develop our skill sets, simplify shapes and value’s while painting in a realist manner. This class is solvent-free!

Instructor: Steven Lewis

SPONTANEOUS STITCHING
TUESDAYS, 12 – 2PM

SEPT 15 – NOV 24

Create autobiographical textile samples through embroidery techniques and storytelling exercises. Through this course you will develop a collection of textile samples that will become your personal accounts of your experiences and knowledge.

Instructor: Khadija Aziz

INTRODUCTION TO EXPRESSIVE DRAWING AND PAINTING •
TUESDAYS, 2 – 3:30PM
OCT 6 – NOV 24

In the class we will use the basics of drawing and painting to create expressive and experimental art pieces. Students will familiarize themselves with drawing and acrylic painting materials and techniques, learn from Eastern and Western artists, and develop their own style in order to express themselves.

This course is for Chinese participants only and will be conducted in English and Cantonese.

Instructor: Joy Wong

PRINTMAKING
THURSDAYS, 2 – 4 PM
SEPT 17 – NOV 26

Discover various ways to create lino cut prints at home with minimal supplies! Learn techniques for carving with an exacto knife, use paints and ink from around the house, and kitchen utensils in place of a baron and a roller.

Instructor: Nathan Enkel

OTHER

CREATIVE CONSULTATION
TUESDAYS, 2 – 4PM
SEPT 15 – NOV 24

Get your project out of your mind and into the world. Bring your ideas and projects in any state of development, and get inspired as you interact with other artists in this unique workshop featuring a combination of fuel for the imagination and practical planning.

Instructor: Lisa Anita Wegner

CREATIVE ENTREPRENEURSHIP 101 •
FRIDAYS, 4 – 6PM
SEPT 18 – OCT 23

This class empowers artists to treat their art practice as a business by providing them with fundamental business skills. No prior business skills are required, this class is open to artists of all disciplines at all stages.

Instructor: Ganesh Thavarajah

SNIPPITS: MONTHLY COLLAGE SOCIAL •
FRIDAYS, 1:30-3:00PM
OCT 2, NOV 6, DEC 4

Meet on Zoom to create collages inspired by a monthly theme in the company of others from the comfort

of your own home.

Instructor: Coley Lowden

ALCHEMY, ART, MAGIC •
WEDNESDAYS, 6-8 PM
SEPT 16 – OCT 21

Art making is also a type of spiritual practice. This interdisciplinary course is centered around drawing parallels between art and magic, and working with the unknown as an on-going process.

Instructor: Stacey Sproule

ART FROM EXPERIENCE: SKILLS FOR WRITING CULTURALLY SENSITIVE ARTIST STATEMENTS AND GRANT PROPOSALS •
MONDAY, 6 – 9PM
SEPT 14

How do our identities shape the artwork we produce? This workshop demystifies concepts such as “cultural appropriation”, “tokenism”, and “social location”, and offers practical strategies for demonstrating cultural sensitivity in artist statements and grant proposals.

Instructor: Kat Singer

THE COLORS OF LIFE - LEARNING TO BLOOM •
FRIDAY, 6 – 8 PM
OCT 2

Learn Ojibway Medicine Wheel Teachings and look at the emotional, physical, mental and spiritual aspects of health from an Indigenous lens as a template for personal wellness and checking in.

Instructor: Jaene F. Castrillon

YOGA

To join and for more information on dates and times and please email Kate at katefgorman@gmail.com.

A gentle physical asana practice, in both the chair and mat class, interwoven with meditation, and breath work. The class will be on zoom, and is drop in after you have registered with Kate.

Instructor: Kate Gorman

LAND ACKNOWLEDGMENT

Workman Arts would like to acknowledge the Indigenous land on which we are presently located; Toronto comes from the Kanien’kéha word Tkaronto, which can be translated as “where the trees meet the water.” It is part of traditional territories of many nations: the Huron Wendat, the Haudenosaunee, and the Anishinaabe and the Mississaugas of the New Credit.

Workman Arts recognizes this is an ongoing dialogue; we attempt to honour the histories of this land by sharing our space with all people—those Indigenous to Turtle Island and those from all over the world.