

# ART TRAINING

Workman Arts programs help artists reach their creative and professional goals through art training, professional development, and presentation opportunities, and by providing support through peer-to-peer interaction and community.

## LOCATION + HOURS

**WORKMAN ARTS**  
651 DUFFERIN ST.  
TORONTO, ON  
M6K 2B2


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MON .....9AM - 5PM  
TUE .....9AM - 7PM  
WED .....9AM - 5PM  
THU .....9AM - 7PM  
FRI .....9AM - 5PM  
SAT + SUN .....CLOSED

## PARTNER LOCATIONS

**THE 519**   
519 CHURCH ST  
TORONTO, ON M4Y 2C9

**CAMH POOL**   
101 STOKES ST  
TORONTO, ON M6J 0A6

**TEA BASE**   
222 SPADINA AVE,  
UNIT C15, BASEMENT  
CHINATOWN CENTRE  
TORONTO, ON M4Y 2C9

**WORKMANARTS.COM**



## SPRING 2020 COURSE SCHEDULE

**Register between April 1 - 3**

Workman Arts is a multi-disciplinary arts organization that promotes a greater understanding of mental health and addiction issues through creation and presentation. We support artists with lived experience through peer-to-peer arts education, public presentations and partnerships with the broader arts community.

**WA** WORKMAN  
ARTS

## APRIL 2020

MON	TUE	WED	THU	FRI
		REGISTRATION 1	REGISTRATION 2	REGISTRATION 3
REGISTRATION CONFIRMATION 6	REGISTRATION CONFIRMATION 7	REGISTRATION CONFIRMATION 8	9	GOOD FRIDAY 10
EASTER MONDAY 13	14	15	16	17
20	21	22	23	24
27	28	29	30	

## MAY 2020

MON	TUE	WED	THU	FRI
4	5	6	7	8
11	12	13	14	15
VICTORIA DAY 18	19	20	21	22
25	26	27	28	29

## JUNE 2020

MON	TUE	WED	THU	FRI
1	2	3	4	7
10	11	12	11	12
17	18	19	18	19
22	23	24	25	END OF YEAR SHOWCASE 26
29	30			

The Spring semester runs between April 14 to June 25, 2020.

**Registration opens from April 1 to 3. Members will receive confirmation of enrollment between April 6 to 8.**

Active training members may register for a maximum of 2 courses.

Choir, Yoga, Art Appreciation and workshops do not count towards the maximum course load. Please note, as of this semester, Yoga is no longer a drop-in course.

All members are welcome to register for workshops.

**Visit [workmanarts.com/artist-training/](http://workmanarts.com/artist-training/) for detailed class descriptions and keep up to date about additional workshop opportunities.**

 REGISTRATION OPEN

 CLOSED FOR HOLIDAYS OR OTHERWISE

# SPRING 2020 COURSE OVERVIEW

Workman Arts strives to be a safe, inclusive, and creatively productive working space dedicated to anti-oppressive practices.

We are a scent-free space (please do not wear perfume or scented products).

♿ Class is held at a fully or partially accessible location

## LITERARY ARTS

**POETRY, PROCESS & PASSION**  
WEDNESDAYS, 12 - 2PM  
APR 15 - JUN 24  
@ WORKMAN THEATRE

Explore the parameters of poetry and develop your own unique approach to writing – inspired by your particular interests, passions and preferences. Focus on workshopping ideas and individualized projects in a supportive space.

Instructor: Andrea Thompson

**TRUTH AND FICTION: HOW TO NEGOTIATE THE SHARING OF PERSONAL STORIES THROUGH CREATIVE WRITING**  
MONDAYS, 12 - 2PM  
APR 20 - JUN 22  
@ LOWER HALL

Is there a topic that you've been discouraged from writing about? Refine your creative writing skills and re-claim your voice as we explore your stories. We will cover basic elements of storytelling, how to edit your work and get published.  
Instructor: Emily Gillespie

## MEDIA ARTS

**THE WORLD OF FILMMAKING**  
TUESDAYS, 4 - 7PM  
APR 14 - JUN 23  
@ WORKMAN THEATRE

♿ SOME ACCESSIBLE LOCATIONS

Discover the world of professional filmmaking by meeting people behind the scenes and visiting the facilities that make film come to life. Visit spaces around the city, speak with distributors, learn about available opportunities and industry standards.

Instructor: James Buffin

## MUSIC

**BRUISED YEARS CHOIR**  
MONDAYS, 2 - 4PM  
APR 20 - JUN 22  
@ WORKMAN THEATRE

Start your week on a high-note by tackling contemporary music selections. Rehearsals are the heart of what we do, but we also strut our stuff in performances and gigs! All levels of vocal proficiency welcome!

Instructor: Jim LeFrancois

## PERFORMANCE

**SELF STORIES THEATRE**  
WEDNESDAYS, 2:30 - 4:30PM  
APR 15 - JUN 24  
@ WORKMAN THEATRE

We all have a story to tell! In the winter session participants mined their own experiences, writing pieces that are humorous, touching, and (mostly!) true. In this session, we will bring them to the stage! *Pre-requisite: Self Stories Theatre Winter*

Instructor: Lorene Stanwick

**CHARACTER AND PERFORMANCE**  
THURSDAYS, 3 - 6PM  
APR 16 - JUN 25  
@ WORKMAN THEATRE

Develop your skills as actors by performing characters from a range of plays and gain experience in voice work, staging, and movement as tools for bringing a scene and character to life.

Instructors: Philip McKee

**IMPROVISATION**  
FRIDAYS, 12 - 2PM  
APR 17 - JUN 19  
@ LOWER HALL

Join this dynamic group for a chance to react, respond and collaborate in the moment. Classes are led by an instructional team of long-time improv members, complimented by master classes with Kate Ashby.

Instructors: Kate Ashby, KC Cooper, Chris Harron, Dorothy Laxton

## VISUAL ART

**BRAIDS AND KNOTS**  
WEDNESDAYS, 1 - 4PM  
APR 15 - JUN 24  
@ LOWER HALL

Explore the ancient craft of cord making. Learn the decorative applications of nautical knot-tying and traditional Japanese Kumihimo braiding. Make a necklace, key chain, dog leash, and more! Complete your projects by learning to make simple clasps in metal.

Instructor: Jason Burton

**PRINTMAKING**  
TUESDAYS, 1 - 4PM  
APR 14 - JUN 24  
@ LOWER HALL

V and Nate strive to teach print that is approachable and accessible. Techniques covered this spring include lino cut printing, reductive printing, drypoint, chine-colle, along with problem solving for producing prints at home or on a budget.

Instructor: Nate Enkel

**OIL PAINTING TECHNIQUES**  
THURSDAYS, 12 - 3PM  
APR 16 - JUN 25  
@ LOWER HALL

Oil paint is one of the most persevering mediums that is loved for intensity of colour and the variety

of ways it can be used. We will investigate materials, composition and design, colour, concepts, and how to work solvent-free! Paint from a still life or with a photo reference.

Instructor: Steven Lewis

**TEXTILE ART: IMAGE TRANSFER**  
THURSDAYS, 3:30 - 6:30PM  
APR 16 - JUN 25  
@ LOWER HALL

Learn how to transfer images and print on cloth. Classes will offer hands-on training in various techniques (photo transfer, cyanotypes, bleach printing, and more) alongside presentations of established textile artists' work for inspiration.

Instructor: Paula John

**ART AND NATURE**  
FRIDAYS, 12 - 2PM  
APR 17 - JUN 19  
@ WORKMAN THEATRE

♿ SOME ACCESSIBLE LOCATIONS

Explore Toronto's green spaces with your camera or sketch pad. Make six guided walks through the parks and ravines of our city. Locations will be TTC accessible. Artists must be able to walk for two hours. Four classes will be dedicated to group critiques.

Instructor: Rick Miller

## OTHER

**CREATIVE CONSULTATION FROM CONCEPT TO COMPLETION**  
TUESDAYS, 2 - 4PM  
APR 14 - JUN 23  
@ LOWER HALL

Get your project out of your mind and into the world. Lisa will guide you through concept pitches, planning, production, creation, and presentation. Learn about funding, resource sharing while maintaining the integrity of your project. Bring ideas in any state of development.

Instructor: Lisa Wegner

**CREATIVE EXPRESSION IN WATER**  
THURSDAYS, 2:45 - 4:45PM  
APR 16 - JUN 25  
@ CAMH POOL

♿ NO LIFT AVAILABLE IN POOL

Learn the principles of movement and music interpretation in an aquatic environment. No prior artistic swimming experience required. Everyone is welcome.

Instructor: Nicole Lowden

**YOGA**  
FRIDAYS, 3:30 - 4:30PM  
APR 17 - JUN 19  
@ WORKMAN THEATRE

All are welcome to a practice of, optional and adaptable, yogic postures and breathing techniques. Focus on building inner guidance,

sharing yogic tools and philosophies, as we relax, laugh and have fun. *Please note that yoga will no longer be a drop-in course.*

Instructor: Kate Gorman

**ART APPRECIATION**  
APR 14 - JUN 26  
EMAIL LIST

Sign up each semester to get the scoop on free tickets to plays, concerts, and exhibitions around Toronto.

Facilitator: Hanan Hazime

**ART FROM EXPERIENCE: SKILLS FOR WRITING CULTURALLY SENSITIVE ARTIST STATEMENTS AND GRANT PROPOSALS.**

FRIDAY, 6 - 9PM  
MAY 15  
@ THE 519

How do our identities shape the artwork we produce? This workshop demystifies concepts such as "cultural appropriation", "tokenism", and "social location", and offers practical strategies for demonstrating cultural sensitivity in artist statements and grant proposals.

Instructor: Kat Singer

**CREATIVE CARTOONS**  
FRIDAY, 4 - 7PM  
MAY 5  
@ LOWER HALL

Learn how to combine writing and drawing to create your own autobiographical graphic novel! Generate storytelling ideas, develop a narrative voice, and convey emotions through the language of comics.

Instructor: Ruby Urlocker

**WAH WAH READING GROUP**  
SUNDAYS, 2 - 4PM  
APRIL 17 & MAY 19  
@ TEA BASE

This reading group is for Pan-Asian artists and cultural producers to connect over the intersection of art and mental health. Chat about selected readings in a friendly, non-academic space. Topics and content will be collectively decided upon and shared prior to each gathering.

Facilitator: Jessica Jang

## LAND ACKNOWLEDGEMENT

Workman Arts would like to acknowledge the Indigenous land on which we are presently located; Toronto comes from the Kanien'kéha word Tkaronto, which can be translated as "where the trees meet the water." It is part of traditional territories of many nations: the Huron Wendat, the Haudenosaunee, and the Anishinaabe and the Mississaugas of the New Credit.

Workman Arts recognizes this is an ongoing dialogue; we attempt to honour the histories of this land.