

ART TRAINING

Workman Arts programs help artists reach their creative and professional goals through art training, professional development, and presentation opportunities, and by providing support through peer-to-peer interaction and community.

LOCATION + HOURS

WORKMAN ARTS
651 DUFFERIN ST.
TORONTO, ON
M6K 2B2

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MON9AM - 5PM
TUE9AM - 7PM
WED9AM - 5PM
THU9AM - 7PM
FRI9AM - 5PM
SAT + SUNCLOSED

PARTNER LOCATIONS

LIFT ♂
(Liaison of Independent Filmmakers of Toronto)
1137 DUPONT ST
TORONTO, ON M6H 2A3

THE 519 ♂
519 CHURCH ST
TORONTO, ON M4Y 2C9

CAMH POOL
101 STOKES ST
TORONTO, ON M6J 0A6

WORKMANARTS.COM



WINTER 2020 COURSE SCHEDULE

Register between January 6-8

Workman Arts is a multi-disciplinary arts organization that promotes a greater understanding of mental health and addiction issues through creation and presentation. We support artists with lived experience through peer-to-peer arts education, public presentations and partnerships with the broader arts community.

WA WORKMAN ARTS

JANUARY 2020

MON	TUE	WED	THU	FRI
		NEW YEAR'S DAY 1	2	3
REGISTRATION 6	REGISTRATION 7	REGISTRATION 8	REGISTRATION CONFIRMATION 9	REGISTRATION CONFIRMATION 10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

MARCH 2020

MON	TUE	WED	THU	FRI
2	3	4	5	BEING SCENE OPENING RECEPTION 7PM 6
9	10	11	12	13
16	17	18	19	20
23	24	25	BEING SCENE LAST DAY OF EXHIBITION 26	27
SPRING REGISTRATION 30	SPRING REGISTRATION 31			

FEBRUARY 2020

MON	TUE	WED	THU	FRI
3	4	5	6	7
10	11	12	13	14
FAMILY DAY 17	18	19	20	21
24	25	26	27	28

The Winter semester runs between January 13 to March 27, 2020.

Registration opens from January 6 to 8. Members will receive confirmation of enrollment between January 9 to 10.

Not all courses run for the full 11 weeks of the semester; please review dates for each course.

Active training members may register for a maximum of 2 long courses (8-11 weeks) OR a maximum of 3 short courses (under 8 weeks).

Choir, Yoga, Art Appreciation and professional practice workshops do not count towards the maximum course load.

All members are welcome to register for professional practice workshops.

Visit workmanarts.com for detailed class descriptions and to learn about additional workshop opportunities.

 REGISTRATION OPEN

 CLOSED FOR HOLIDAYS OR OTHERWISE

WINTER 2020 COURSE OVERVIEW

Workman Arts strives to be a safe, inclusive, and creatively productive working space dedicated to anti-oppressive practices.

We are a scent-free space (please do not wear perfume or scented products).

♿ Class is held at an accessible location

- Short Courses

LITERARY ARTS

NON-FICTIONAL POETRY
WEDNESDAYS, 12 - 2PM
JAN 16 - MAR 25
@ WORKMAN THEATRE

Much of what poetry does is non-fictional: poets can illuminate science and nature, recount historical and personal narratives and raise awareness of current issues. Explore techniques for writing poetry about our world.

Instructor: John Nyman

SHARING YOUR STORY •
THURSDAYS, 1:30 - 3:30PM
FEB 20 - MAR 26
@ WORKMAN THEATRE

Share your stories using a variety of fiction and non-fiction techniques including poetry, letters, essays, short-stories and traditional memoir. Class will focus on memoir prompts and getting your work published.

Instructor: Emily Gillespie

MEDIA ARTS

**FILMMAKING ESSENTIALS:
INTRO TO CAMERA, SOUND
AND EDITING**
TUESDAYS, 4 - 7PM
JAN 14 - MAR 24
@ WORKMAN THEATRE

Group instruction and hands-on workshops will prepare you to work independently using the WA equipment to make your own films or assist on a crew.

Instructor: James Buffin

**AWESOMELY AGREEABLE
ADVENTURES IN ADOBE - AN
INTRODUCTION TO ADOBE
PHOTOSHOP & ILLUSTRATOR** •

WEDNESDAYS, 12 - 3PM
FEB 26 - MAR 25
@ LIFT

Use LIFT's media lab to learn digital skills to compliment your creative practice! Lessons will range from editing photos, creating business cards and learning how to prepare files for digital and print purposes.

Instructor: Justice Stacey

MUSIC

BRUISED YEARS CHOIR
MONDAYS, 12 - 2PM
JAN 13 - MAR 23
@ WORKMAN THEATRE

Start your week on a high-note by tackling contemporary music selections. Monday rehearsals are the heart of what we do, but we also strut our stuff in performances and gigs! All levels of vocal proficiency welcome!

Instructor: Jim LeFrancois

PERFORMANCE

EXPLORE: MOVEMENT SERIES
MONDAYS, 2 - 4PM
JAN 13 - MAR 23
@ WORKMAN THEATRE

Develop storytelling through dance in this movement-based series. Participate in activities that give space to discover identity through dance in the company of others.

Instructors: Nigel Edwards

**IMAGINATION + PLAY =
PERFORMANCE!**
TUESDAYS, 2 - 4PM
JAN 14 - MAR 24
@ WORKMAN THEATRE

Have fun, relax and learn to play again in this fun and funky workshop! Classes are centred on expression and freedom. Use costuming, props, wigs, music and even a trampoline!

Instructor: Lisa Anita Wegner

SELF STORIES THEATRE
WEDNESDAYS, 2 - 4PM
JAN 15 - MAR 25
@ WORKMAN THEATRE

Tell your own story, real or imagined, and perform as yourself or characters you create. Develop theatre piece(s) through workshoping and writing using movement, music, improv and more!

Instructor: Lorene Stanwick

**CHARACTER AND
PERFORMANCE**
THURSDAYS, 4 - 6PM
JAN 16 - MAR 26
@ WORKMAN THEATRE

Develop your skills as actors by performing characters from a range of plays and gain experience in voice work, staging, and movement as tools for bringing a scene and character to life.

Instructors: Philip McKee

IMPROVISATION
FRIDAYS, 12 - 2:30PM
JAN 17 - MAR 27
@ LOWER HALL

Join this dynamic group for a chance to react, respond and collaborate in the moment. Classes are led by an instructional team of long-time improv members, complimented by two master classes with Kate Ashby.

Instructors: Kate Ashby, KC Cooper, Chris Harron, Dorothy Laxton, Nathan Roder

VISUAL ART

METALSMITHING
MONDAYS 1 - 4PM
JAN 13 - MAR 23
@ LOWER HALL

Learn fundamental techniques for manipulating metal without heat or chemicals. Learn a range of skills to cut, form, texture and finish metal. All skill levels welcome! Due to limited seats, weekly commitment is key.

Instructor: Jason Burton

PRINTMAKING
TUESDAYS, 12 - 3PM
JAN 14 - MAR 24
@ LOWER HALL

Explore both traditional and experimental approaches to printmaking through drypoint, blockprinting and reductive techniques. Expect to experiment with scale and surfaces through sustainable practices.

Instructor: Nate Enkel

**THE TEXTILE MUSEUM:
COMMUNITY VOICES** •
TUESDAYS, 3:30 - 6:30PM
JAN 14 - FEB 4
@ LOWER HALL

Learn the basic technique of rug hooking, a methodical process borrowed from knitting and embroidery. Participants will be guided through the process of designing and making a hooked 'badge of honor.'

Instructor: Lauren Cullen

**ABSTRACT PAINTING THROUGH
WATER-BASED MEDIA**
WEDNESDAYS, 1:30 - 4:30PM
JAN 15 - MAR 25
@ LOWER HALL

This course focuses on water-based painting media and strategies for abstract image-making while exploring colour theory, composition, construction, material sensitivity and play.

Instructor: Stanzie Tooth

JUNK CITY ARTISTS •
THURSDAYS, 12 - 3PM
JAN 16 - FEB 20
@ LOWER HALL

Create a modular model of a futuristic city with collage, assemblage and sculpture! We will collect and use recyclables, discuss adhesion and assemblage techniques, and photograph our ever-evolving city.

Instructor: Gregg Allan McGivern

TEXTILE ART: QUILTING
THURSDAYS, 3:30 - 6:30PM
JAN 14 - MAR 24
@ LOWER HALL

Learn about textile art practices and explore quilting techniques to create unique pieces. Classes will offer hands-on practical experience alongside presentations of established textile artists' work for inspiration.

Instructor: Paula John

OTHER

**PROFESSIONAL PRACTICE
WORKSHOPS** •
FRIDAYS 3 - 6PM
JAN 17, FEB 7, MAR 6, MAR 20
@ THE 519

A series of 4 workshops designed to empower artists to build their capacity to move forward in their independent professional practice. Topics: *Set Your Artistic Focus for 2020, Create a 3-Month Arts Practice Plan, Establish Your Personal Powerbase, and Self-Care for Artists and Creatives.*

Instructor: Chris Mitchell

**CREATIVE EXPRESSION IN
WATER**
THURSDAYS, 2:45 - 4:45PM
JAN 16 - MAR 26
@ CAMH POOL

Learn the principles of movement and music interpretation in an aquatic environment. No prior artistic swimming experience required. Everyone is welcome.

Instructor: Nicole Lowden

YOGA
FRIDAYS, 2:30-3:30PM
JAN 17 - MAR 27
@ WORKMAN THEATRE

A gentle flow yoga class, open to all levels, including chair practitioners. Yoga is a wonderful way to learn awareness of body mind, and breath.

Instructor: Kate Gorman

ART APPRECIATION
JAN 13 - MAR 27
EMAIL LIST

Sign up and get the scoop on free tickets to plays, concerts, and exhibitions around Toronto!

Facilitator: Hanan Hazime

LAND ACKNOWLEDGEMENT

Workman Arts would like to acknowledge the Indigenous land on which we are presently located; Toronto comes from the Kanien'kéha word Tkaronto, which can be translated as "where the trees meet the water." It is part of traditional territories of many nations: the Huron Wendat, the Haudenosaunee, and the Anishinaabe and the Mississauga of the New Credit.

Workman Arts recognizes this is an ongoing dialogue; we attempt to honour the histories of this land by sharing our space with all people—those Indigenous to Turtle Island and those from all over the world.