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WORKMAN ARTS

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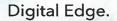
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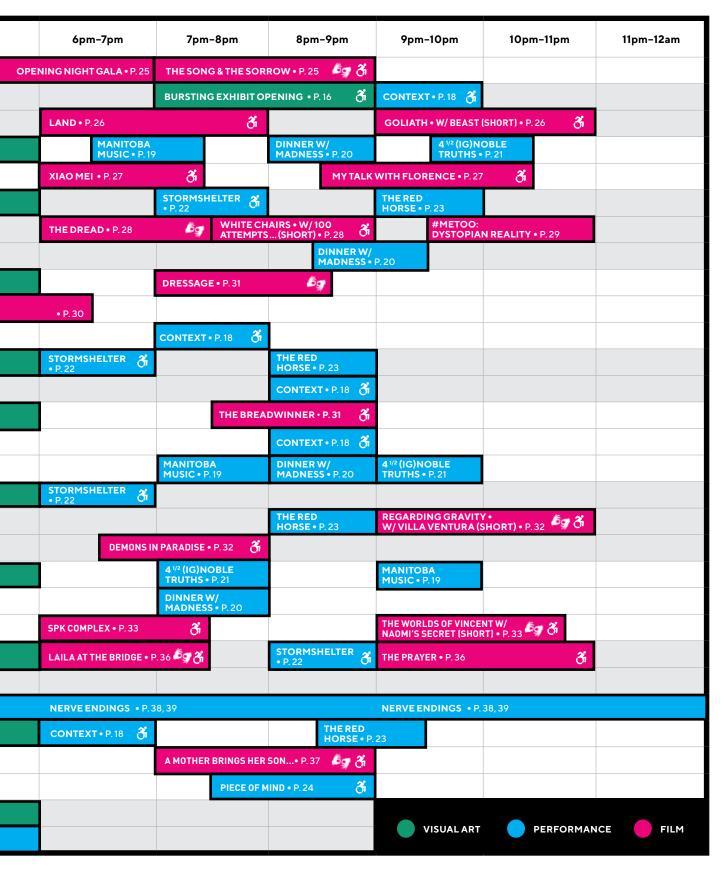


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# **BOX OFFICE**

# INFORMATION

### **ADVANCE TICKETS:**

On sale starting September 10

Advance Tickets for all performances are "Pay What You Wish": \$12, \$15 or \$20

Online: workmanarts.com

**Phone:** 416 583 4339 (Monday-Friday 10am-5pm) *Advance tickets can be purchased up to 1 hour prior to showtime* 

### AT THE DOOR TICKETS:

At the door tickets for all performances are "Pay What You Wish" with a suggested minimum of \$12.

At the door tickets are subject to availability at each venue starting 1 hour prior to showtime.

### 4 OPENING NIGHT FILM:

\$15 film program only \$35 with pre-film reception (includes food, beverage, performances and film)

### **PASSES:**

Passes can be redeemed in advance by calling the box office or at the door prior to showtime.

All passes are 1 ticket per event.

Any unused pass tickets will not be refunded.

\$44 FOUR PASS – entry to four events \$80 EIGHT PASS – entry to eight events \$100 UNLIMITED PASS – one entry to each festival event

Matinee screenings at CAMH are by donation and in fully accessible venues

Group rates: 416 583 4339

\*Methods of payment at all venues: cash, credit (Visa, MC, AMEX), debit (50 cents additional fee for debit/credit cards per ticket)

### **MEDIA:**

Suzanne Cheriton, Red Eye Media, suzanne@redeyemedia.ca

INFO: workmanarts.com/rwm2018

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**f** /WorkmanArts

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#RWMFEST18

### **PARTNER**



### **GOVERNMENT FUNDERS**

















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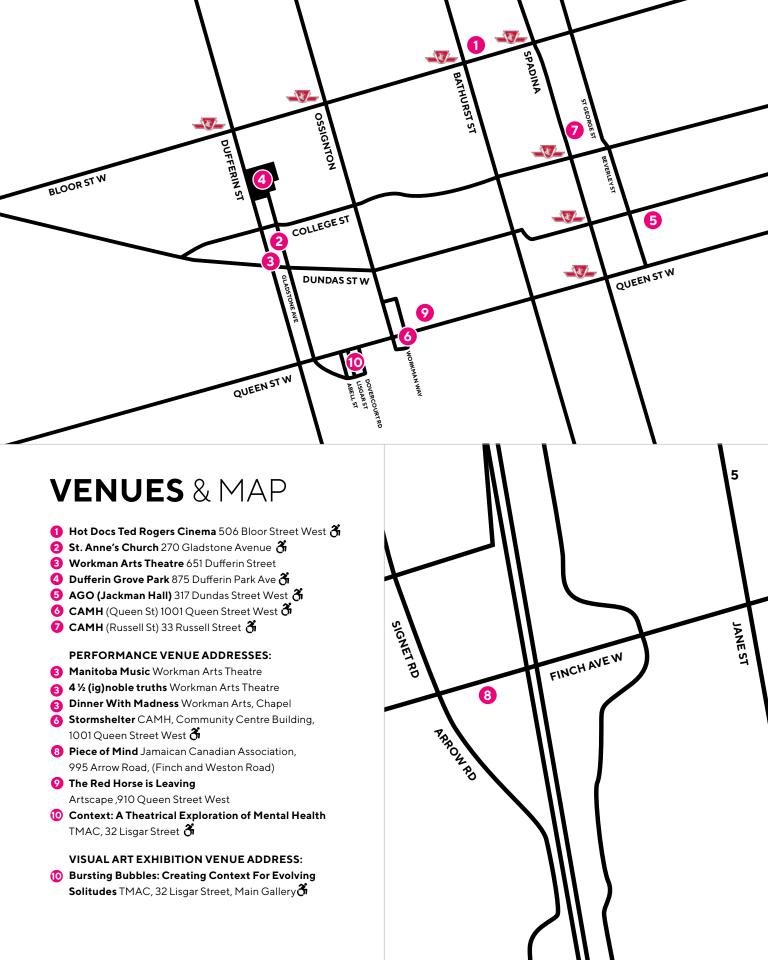












# **ACCESSIBILITY**



### **ACCESSIBILITY**

The Rendezvous with Madness Festival is committed to values of inclusivity and accessibility for all guests, staff, volunteers and artists. We are listening and learning from our community to help us address barriers and open up opportunities for anyone interested to engage with the growing dialogue about mental health and/or addictions.

If you have questions about accessibility and access needs at Rendezvous, please contact Justina Zatzman at justina\_zatzman@ workmanarts.com or call our Festival Box Office at 416-583-4339. Learn more about accessibility initiatives at Rendezvous at workmanarts.com.

### **MENTAL HEALTH ACCESS - HELD SPACE**

As important as we believe it is here at Rendezvous to engage in honest discussions about mental health and/or addictions, this material can be difficult or triggering for some. In line with a commitment to being trauma-informed, each program venue will have an onsite Held Space and active listeners. The Held Spaces are quiet areas where anyone who needs to can go during and after programs to take care of themselves. These spaces will contain elements of a sensory lounge to help guests regulate and ground, art making supplies, mental health resources, and an active listener, should you need to talk. Please note that regular gallery hours for the Visual Art exhibition "Bursting Bubbles" will not have an on site active listener, but the opening reception will.

### **PHYSICAL ACCESS**

Unfortunately, not all of our program spaces are wheelchair accessible, but please see the map on page 5 for accessibility details. Some screenings initially screened in inaccessible buildings will be rescreened at accessible spaces.

### **FINANCIAL ACCESS**

All tickets to Rendezvous with Madness are Pay What You Wish.

### **SERVICE ANIMALS**

Service animals are welcome in all areas of all venues at Rendezvous. Please indicate when purchasing tickets.

### PERSONAL SUPPORT WORKERS

Personal support workers can accompany you freeof-charge to all Rendezvous programs. Please call the box office to book your tickets **416-583-4339**.

### **RELAXED PERFORMANCES**

All events embrace a "relaxed performance" environment, in recognition that elements of a traditional audience environment are inaccessible for guests with sensory processing conditions, Autism, intellectual disability, or those with young children. This means a relaxed attitude about noise and movement, reducing the intensity of sound and keeping dim lights on throughout the performance. Guests are welcome to come and go as they need to while engaging with the festival.

# AMERICAN SIGN LANGUAGE (ASL) FINTERPRETED PROGRAMS

We will provide ASL interpretation for select film and theatre programs; please see the calendar on pages 2-3 and look for the ASL symbol for events that have confirmed ASL interpretation. If you require ASL interpretation and there is a film program you'd like to see that doesn't have interpretation, please contact Justina Zatzman at justina\_zatzman@workmanarts.com to enquire about availability.

### **OPEN CAPTIONING**

Open captioning will be provided for all film programs unless the film is subtitled in English.

Special thanks to the Ontario Arts Council for funding toward our Accessibility supports.

# ABOUT WORKN

# WORKMAN ARTS

For 31 years, Workman Arts' growing audiences have enjoyed evocative and thought-provoking artistic productions that entertain, educate and challenge public perceptions about mental health and addictions, wellness and recovery. Workman Arts is the longest-running multi-disciplinary arts and mental health organization in North America and our member artists have benefited from exceptional training and educational programs unlike anything offered elsewhere in the world.

In partnership with CAMH (Centre for Addiction and Mental Health), Workman Arts supports artists living with mental health and/or addiction issues. We provide a safe and nurturing environment where artistic projects, professional opportunities and personal and professional networks are developed and fostered.

Founded in 1987 by psychiatric nurse Lisa Brown and guided by the principle that the creative process is integral to the quest for personal and spiritual growth, Workman Arts has grown over the years from a theatre company of eight members to a multidisciplinary arts organization with over 300 member artists. Located in the arts district in westend Toronto, Workman Arts manages a 220-seat theatre, visual and media arts studios and training facilities and will be moving into new facilities at a new building at CAMH in 2020.

For more information please visit **workmanarts.com** 

# BECOME

# **A MEMBER**

If you are an artist who has received services for mental health issues and you're interested in our programs, consider applying for membership.

We are always interested in connecting with artists and adding new perspectives and talents to the Workman Arts community.

Member artists arrive at Workman Arts with varying levels of experience ranging from emerging to professional artists. Workman Arts is best suited to artists who are dedicated to professionalizing their arts practice. We offer high calibre training in Media, Literature, Music, Theatre and Visual Arts delivered by artists and working arts professionals. Members also receive access to studio space, onsite gear and media lab, presentation opportunities and support. These programs support members in reaching their potential by honing their artistic skills and practice. All programs are free of charge to members.

We do not require formal referrals. Artists are encouraged to contact us directly. For more information or to become a member, contact Membership and Hospital Program Manager, Justina Zatzman by email at justina\_zatzman@workmanarts.com or by phone 416-583-4339 ext. 9.

"Without Workman Arts I would have NEVER considered myself a 'real' artist, I would have never chased this dream or believed in myself. What you do means the world to people like me...you have been both nurturing and a hub of an incubator so that I could find my courage and voice to do the work I do. I can never thank you enough with just words." – Jaene Castrillon, WA Member



651 Dufferin Street, Toronto, Ontario, Canada M6K 2B2

416-583-4339 info@workmanarts.com



# WORKMAN ARTS

### **STAFF**



**Kelly Straughan** *Executive Artistic Director* 



**Scott Miller Berry** *Managing Director* 



**Geoff Pevere** Rendezvous Film Program Director



**David Sweeney** Technical Director



Cara Spooner
Education Manager



**Justina Zatzman**Membership and Hospital
Program Manager



Claudette Abrams Visual Arts Manager



**Sara Kelly**Communications and
Development Manager



**Nena Pendevska** Scaling Project Manager



**Anastasia Akulinina** Rendezvous Program Coordinator



**Paulina Wiszowata** Art Sales and Rental Coordinator



**Sachi Dow** Membership Assistant



Katelyn Gallucci Rendezvous Program Assistant

**Rick Miller**Rendezvous Programming
Committee Member

Lascelle Wingate Management Services, Financial Officer Box Office Coordinators:
Hanan Hazime
Paula John

Suzanne Cheriton Red Eye Media, Publicist

# BOARD OF DIRECTORS

Mark Goldbloom, Chair
Patrick Manley, Treasurer
Nancy Horvath
Jim LeFrancois
Natalie Lue
Norma Mendoza
Apanaki Temitayo Minerve
Lori Spadorcia

Rendezvous with Madness was founded in 1993 by Lisa Brown and Kathleen Fagan.

### SPECIAL THANKS

Evelyne Au-Navioz
Roman Lifshitz
Ginny Chen
Co-Effect Creative,
Festival & Catalogue Design

**Stephanie Avery** Festival Identity

**The Disability Channel** Festival Trailer



# WELCOME TO RENDEZVOUS WITH MADNESS!

The 26th year of the festival marks a significant departure from our film festival roots to a multidisciplinary event. I hope you enjoy all the artistic oeuvres on offer, from site specific theatre productions to the Bursting Bubbles art exhibition; from the outdoor screening at Dufferin Grove Park to the excellent line up of films and documentaries. Be sure to stay for post-show discussions designed to deepen your understanding of mental health and addiction experiences. Join us on Saturday, October 20th as we partner with Long Winter to animate the entire Workman Arts building with performance, art, dance, music and film. It promises

to be an exciting and eclectic evening for the artistically curious! Congratulations to the artists and filmmakers for continuing to shine a light on mental health. Thank you to fabulous staff and volunteers who make this festival happen.

Thank you for joining us and enjoy!



**Kelly Straughan**Executive Artistic Director
Workman Arts



Welcome to the 2018 Rendezvous with Madness Festival. On behalf of the Workman Arts Board of Directors, we are pleased to have you join us for the festival's 26th year.

This is a very exciting year for the festival. After 25 years as the first and largest mental health film festival in the world, the Rendezvous with Madness Festival is taking the bold step to drop the word "film" from its title (but not from our Festival) as we embrace a wider range of multidisciplinary art forms including live performance, music, theatre and performance art.

Even though we have expanded the Festival, we have put the same tremendous energy toward selecting important, high-quality and thought provoking films the Rendezvous with Madness Film Festival has become renowned for. We showcase powerful films and dynamic panel discussions that bring light to mental health, addiction, recovery and wellness.

This year's programming presents and elucidates a wide range of mental health and addiction issues from at home and abroad. It is my pleasure to

welcome those acclaimed national and international filmmakers to Toronto and to congratulate our very own talented Workman Artists.

Join us as we embark on this journey. From challenging narratives of institutional life and treatment, to lighthearted reminders that normal is relative, this year's program will provoke and delight. Through the festival, we invite you, as audience members, to engage in discussions that challenge and transform perspectives on mental health and addiction.

With many thanks to the incredible Workman Arts staff who organize this great event and to those who provide their financial support to make the Festival possible. We hope you will find the expanded Rendezvous with Madness Festival enjoyable, meaningful and enlightening. Let the festival begin!

Mark Goldbloom
Chair, Board of Directors,
Workman Arts

The Selflon



It would be very easy in the year following our twenty-fifth anniversary to rest on our so-called laurels and simply present "more of the same." We're fortunate that as the world's first and largest mental health film festival, Rendezvous With Madness is already seen as a leader, a mentor and trailblazer. We indeed continue to blaze trails this year by adding live music, theatre, performance art and an expanded visual arts exhibition alongside eighteen film programs over twelve days in nine venues that are more accessible than ever (see accessibility details on page 6).

Legendary Canadian songwriter Gene MacLellan is the subject of this year's opening night film *The Song And The Sorrow*, presented in a Toronto premiere on Wednesday, October 10, **World Mental Health Day.** This documentary follows the successes and struggles of the Prince Edward Island musician and songwriter best known for his hits "Snowbird" and "Put Your Hand In The Hand." For this special evening, we'll be joined by MacLellan's daughter and musician Catherine MacLellan who will perform a short live set, the film's director Millefiore Clarkes and live music from Workman Arts' own Bruised Years Choir. Not to be missed.

Over twelve days we present documentaries about subjects including the impact of the long civil war in Sri Lanka (*Demons in Paradise*); the radical German anti-psychiatry group 'Socialist Patients Collective' (*SPK Complex*); addiction struggles in Afghanistan (*Laila Under The Bridge*) and in our closing night presentation we feature a story of brutal street justice taken by illegal Republican gangs in Northern Ireland in Sinead O'Shea's devastating *A Mother Brings Her Son To Be Shot*.

In this year's edition, you'll find all manner of artistic approaches to what we affectionately and respectfully call 'madness'. You'll find documentaries, feature dramas, animated works, plays, music, dance and inspired hybrids seeking new forms for new understanding. The main point is, the revolution in mental health treatment and understanding is something that does not and can not stop. See you at the festival!

Geoff Pevere

Rendezvous Film Program Director





Welcome to the 26th edition of the Rendezvous with Madness Festival brought to you by the talented and passionate team at Workman Arts.

A well-established contributor to Toronto's film scene, Rendezvous is expanding to include new artistic mediums. After its first quarter century, Workman remains dedicated to thought provoking programming. This expansion of scope is a recommitment to explore the dimensions mental illness, resilience and recovery through powerful art.

CAMH deeply values our partnership with Workman Arts. We're fortunate to benefit from the exploration of challenging topics, and I know that this year's festival goers will enjoy another fascinating line up of performances and conversations.

As a proud supporter of Workman and Rendezvous, I wish the festival's staff and volunteers every success.

Congratulations and enjoy!

Catherine Zahn
President and CEO,
CAMH

atterine 201





I am pleased to welcome everyone to the Rendezvous with Madness Festival.

After 25 years as the world's first and largest mental health film festival, Rendezvous with Madness continues to break new ground by expanding its programming to include other disciplines and forms of expression. The festival features media installations, visual art, theatre performances and panel discussions — in addition to the thoughtful selection of short and feature-length films for which the festival is known.

Through its programming, the Rendezvous with Madness Festival showcases the work of artists with a variety of lived experiences in relation to mental health, addiction, treatment and healing. The

themes and works on display challenge audiences to think about the perceptions associated with mental health issues.

On behalf of the Ontario Arts Council's board and staff, I offer my warm congratulations to all the Rendezvous with Madness Festival organizers and featured artists. Best wishes for this year's events.

Rita Davies
Chair,
Ontario Arts Council





The arts play a vital role in helping us better understand and address the complex challenges of our times. They can overturn our preconceptions and move us forward. And they contribute to a creative, altruistic, resilient and prosperous society in which everyone can express themselves fully and freely.

Canada is one of the most diverse countries in the world. Equity and diversity are at the heart of the Canada Council's values, and we believe the contribution of all artists is necessary for the arts to reflect the Canada of today and of tomorrow. The Canada Council for the Arts is proud to support Rendezvous with Madness and wishes all those involved a wonderful 2018 festival.

**Simon Brault, O.C., O.Q.**Director and CEO,
Canada Council for the Arts



On behalf of Toronto Arts Council, welcome to the 26th Rendezvous with Madness Festival presented by Workman Arts. We are proud to support this festival, which for the first time this year, is expanding its format to include additional art forms. New artistic insight and the audiences that it attracts will undoubtedly grow the conversation surrounding mental health, addiction, recovery and wellness.

The City of Toronto, through Toronto Arts Council, invests public funds in the arts, allowing millions of Torontonians and visitors to enjoy incredible artistic activity, like the Rendezvous with Madness Festival. We applaud the Festival for being a leader in fighting stigma surrounding mental illness and addiction by giving voice to those with lived experience and providing a forum for critical discussions within the city.

Congratulations to the staff and board at Workman Arts and thank you to the volunteers who make this inspiring event possible.

Wishing you continued success.

Yours truly,

Nova Bhattacharya

President, Toronto Arts Council



It is my pleasure to extend greetings and a warm welcome to everyone attending Rendezvous With Madness Festival hosted by Workman Arts.

Welcome to everyone who is in attendance for this festival that takes a multidisciplinary approach to showcase films, live performances, music and visual arts about mental health and/or addiction issues.

The arts are an integral component of Toronto's cultural and economic fabric that enrich and enhance the lives of many.

I am delighted that wonderful events like this are taking place in Toronto. Arts and culture can be incredible forces for the development of an individual, group or community, and they promote intercultural connections including tolerance, understanding, friendship and social cohesion.

On behalf of Toronto City Council, please accept my best wishes for an enjoyable event and continued success.

Yours truly,

**John Tory** Mayor of Toronto



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Proud design partner of Workman Arts & Rendezvous With Madness

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15

# Bursting Bubbles: Creating Context for Evolving Solitudes

### TORONTO MEDIA ARTS CENTRE (TMAC)

32 LISGAR STREET

We all make bubbles...illusive membranes to harbour our solitary thoughts, fears, memories, beliefs, insights and perceptions of ourselves and our reality. Insulating and flexible as they may seem, bubbles are feeble strongholds against piercing moments of epiphany. Variably, through states of introspection, irony or innovation, participating artists explore the nature of evolving solitudes, pushing comfort zones, bursting bubbles and processing the impacts. -Claudette Abrams

### **OPENING RECEPTION:**

Thursday, October 11, 7-9 PM

### **GALLERY HOURS:**

Daily, noon-6 PM

**3** ACCESSIBLE VENUE

For information contact Visual Arts

Manager Claudette Abrams at

claudette\_abrams@workmanarts.com





**HAPPY FAMILY 2018** 

Stephanie Avery is a Toronto-based artist, author and explorer. She works in multi-media on themes of play, discovery, identity and memory. Her Ad Hack series uses salvaged advertisements as a canvas, painting humourous augmentations over top to critique and subvert duplicitous aspects of consumer culture. Stephanie Avery is a member of The White House Studio Project and received the Toronto Awesome Foundation's very first project grant. stephanieavery.com



**MY TERRIBLE LONELINESS 2018** 

Janieta Eyre is an internationally acclaimed Toronto-based artist. Her distinctive auto-portraits use props, costumes and often present Eyre as twins, disrupting image and identity. Her book Incarnations, The Photographs Of Janieta Eyre, was published by Coach House Press in 2017. Her work is included in the permanent collections of the National Gallery of Canada; Musee D'Art Contemporain Montreal; Art Gallery of Ontario; and museums in Iceland and Spain. janietaeyre.com



**ROUTES OF CHAOS 2018** 

Kat Singer is a Toronto-based multimedia artist, activist and educator passionate about social justice, maker-culture and sustainability. Their work in multimedia and performance explores neurodiversity, illness and dis/ability, queer identities and healing from trauma. Kat's ongoing Message In A Bottle Project aims to destigmatize and demystify prescription medication use. Unravel portrays difficult mental states in a series of crochet fibre sculptures.

katkre8sart.tumblr.com





facilitator. She has a M.A. in English Literature & Creative Writing from the University of Windsor. She was the 2017-2018 Writer in Residence and Literary Arts Instructor at Workman Arts. Her debut poetry chapbook *Aorta* was published by ZED Press in April 2018. Hanan's most recent work *Labels*, is a series of self-portraits veritably overlaid with text labels, which examine how the power dynamics of stigma and stereotyping create arbitrary binary divisions, and undermine a greater collective appreciation of individuality and identity. **hananhazime.com** 

Hanan Hazime is a multidisciplinary artist, creative writer, community arts educator, and writing

**LABELS** 2018



**HER-A-OUIN** 2018

Laura Kikauka is a multidisciplinary artist who splits her time between Meaford, Ontario and Berlin. She is a graduate of the Ontario College of Art, as well as a former instructor. Her body of work spans over thirty years encompassing site-specific installation, electronics, video, performance, text, costume creations and mixed-media-altered found-object constructions. Her process is an archeology of excess, mining the trappings of consumer culture and blending high and low art forms. Laura has exhibited at the Power Plant (Toronto), Haus der Kunst (Munich), Hamburger Bahnhof (Berlin), and the MAK Museum (Vienna). She is Founder of the Funny Farm, and Co-Founder the annual Electric Eclectics Festival along with Gordon Monahan and Chris Worden. Laura Kikauka is represented in Toronto by Gallery MKG127. mkg127.com



MICROBES 2018

**Wendy Lu** is a Taiwan-born, Toronto-based multimedia artist and designer, who graduated with Specialized Honours from York University with a Bachelor of Fine Arts in Studio Arts. Wendy's artworks are visual thought experiments that explore and creatively expand on a wide range of concepts borrowed from her wide field of interests including, neuroscience, biogenetics, robotics, artificial life, ecology, biology, social sciences, architecture, virtual modelling, simulation and immersive, experientially transformative realities. She imagines potentials and innovates latent functional objects and mechanisms, such as hybrid microbio-mechanical-sensory technologies that anticipate and solve problems that may not exist yet. Wendy Lu has exhibited at The Koffler Gallery, Gladstone and Mercer Union in Toronto. **wendyluart.com** 



**COENESTHESIA** 2018

**Wendy Whaley,** aka Bunny Poo Pi, is a Toronto-based artist who has an MFA in Interdisciplinary Art Media and Design and an AOCA from Integrated Media at OCADU. She considers light, depth, perspective, and time, both physically and metaphorically, to be her media of choice. Her work explores the origin, function and interactivity of different states of consciousness and the use of synchronisation of sensory perceptions to integrate content into one's sense of self. She works with physical and virtual interactive objects, wearables and immersive environments to access states of consciousness that allow us to communicate with our bodies. Wendy Whaley's work has been exhibited internationally. **bunnypoopi.com** 



# Context: A Theatrical Exploration of Mental Health

Written by Adrian Yearwood

### **ECHO PRODUCTIONS**

TMAC, 32 LISGAR ST

Context is an exploration of mental health and how it can impact everyday social interactions, and break down the many stigma/assumptions that surround the subject. While so many depictions of mental illness give it a well-defined, recognizable face, the vast majority of people who suffer do so in silence, in the privacy of their own minds. Context offers a window into the mind of a young woman who, unbeknownst to the people around her, is in complete mental distress, and allows us to see both the inner and outer perspectives of her reality.

There will be Q&A following the show on Sunday, October 14.

### **ECHO PRODUCTIONS**

Written by Adrian Yearwood; Directed by Victoria Fuller; Performed by Courtney Lamanna, Adrian Yearwood, Stephen Mashalidis, Ethan Saulnier, Michelle Nash, Allison Wall, Robyn Noftall, Jensen Porter; Musical Direction by Kyle Duffin; Choreography by Robyn Noftall

### **COMMUNITY PARTNERS**



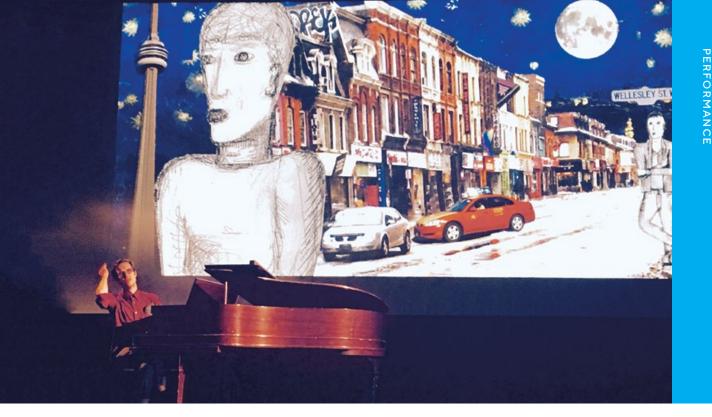


### 60 MINS

THURS, OCT 11 9:00 PM SUN, OCT 14 7:00 PM MON, OCT 15 8:00 PM TUES, OCT 16 8:00 PM SAT, OCT 20 6:00 PM

### **KEYWORD**

PANIC
DEPRESSION
SUGGESTED VIOLENCE
STROBE LIGHT



# Manitoba Music: Art/Story/Album

# Created by Jim LeFrancois & Rob Joy

### J. LEFRANCOIS & R. JOY

WORKMAN ARTS, 651 DUFFERIN ST

While earning the city's top performing arts accolades, Jim LeFrancois' world was secretly closing in. He received a call from rural Manitoba, just above the North Dakota border, letting him know that his last surviving grandparent was ailing. He left within a few days of receiving the call and stayed for six weeks, to help out — in truth, he was running away.

There will be a discussion following the show on Thursday, October 18.

### J. LEFRANCOIS AND R. JOY

Written and Composed by Jim LeFrancois and Rob Joy; Performed by Jim LeFrancois, Rob Joy, Guest Artists and Members of the Bruised Years Choir; Technical Direction and Lighting Design by David Sweeney; Video and Scenography by Lou de Estores; Produced by Jim LeFrancois and Ashley Kate

### **COMMUNITY PARTNER**



### 60 MINS

FRI, OCT 12 6:30 PM SAT, OCT 13 2:00 PM TUES, OCT 16 7:00 PM THURS, OCT 18 9:00 PM SUN, OCT 21 5:00 PM

### **KEYWORD**

MUSIC THEATRE ART CAMH MANITOBA



# Dinner With Madness Created by Oliver Jane, Anna Sapershteyn & Samantha Wymes

### **GOAT HOWL THEATRE**

WORKMAN ARTS (CHAPEL), 651 DUFFERIN ST

Every dinner party includes good food, light conversation, laughter and merrymaking. Goat Howl Theatre invites you to join around a long table for a dinner party with all that and a creative twist. Three 'mad' identified artists take you on a kaleidoscopic journey through the trials, tribulations and celebrations of living with mental health struggles. At any moment you might experience them singing sweet melodies, dancing in fury around the table, confronting inner bullies, and speaking frankly to loved ones about the effect mental health has on relationships. Break bread with the artists, get to know them, and together, you will build bridges of  $understanding\ and\ alter\ negative\ stigma.$ 

### **GOAT HOWL THEATRE**

Created and Performed by Oliver Jane, Anna Sapershteyn and Samantha Wymes; Outside Eye: Maria Wodzinska; Created and Produced by Goat Howl Theatre

### **COMMUNITY PARTNERS**



NightwoodTheatre ● ● ● ■ ■

### 60 MINS

FRI, OCT 12 8:00 PM SAT, OCT 13 8:30 PM TUES, OCT 16 8:00 PM THURS, OCT 18 7:00 PM SUN, OCT 21 3:30 PM

### **KEYWORD**

PSYCHOSIS MANIA DRUG USE DEPRESSION VIOLENCE

There will be a discussion following the show on Sunday, October 21.

# 4½ (ig)noble truths

# Written by Thomas McKechnie

### ZEITPUNKTHEATRE & WHY NOT THEATRE

WORKMAN ARTS, 651 DUFFERIN ST

Let's pretend for a second that we're OK. What does that feel like? A lot of things are not OK with Thomas but he's got a tenpound sledgehammer and is pretty sure that could solve at least one of his problems.

Thomas McKechnie's 41/2 (ig) noble truths is a deeply personal attempt to articulate his experience living with clinical depression. Framed as a matter-of-fact lecture, when this method falls short, Thomas makes use of objects, poetry, sound and violent action to embody and share his perceived reality.

If he howls will you howl back? If we howl together will we be healed?

There will be a panel following the show on Friday, October 12 and Q&A following the show on Tuesday, October 16.

# ZEITPUNKTHEATRE IN ASSOCIATION WITH WHY NOT THEATRE

Written and Performed by Thomas McKechnie; Directed by Michael Reinhart; Scenography by Claire Hill; Stage and Production Managed by Nicole de Angelis

### **COMMUNITY PARTNERS**





# Centre for Drama, Theatre & Performance Studie UNIVERSITY OF TORONTO

### 60 MINS

FRI, OCT 12 9:30 PM SAT, OCT 13 4:00 PM TUES, OCT 16 9:00 PM THURS, OCT 18 7:00 PM SUN, OCT 21 2:00 PM

### **KEYWORD**

DEPRESSION
PERFORMANCE LECTURE
SUICIDE
PUNK



# Stormshelter

# Written by Bradley Necyk

### STONEMARROW THEATRE

CAMH, COMMUNITY CENTRE BUILDING, 1001 QUEEN ST W

A mother with bipolar affective disorder works through trauma, illness, and healing. In the process, and with her psychiatrist's help, she tries to learn how to be a parent with illness for her children. Chronicling her stay at CAMH, this gritty yet magical play shines light on the process of coming to terms with one's mental health.

Note: Access to "The Annex" is via the entrance to the Community Centre located off Stokes Street.

There will be discussions following the shows on Saturday, October 13, Sunday, October 14 and Monday, October 15.

### STONEMARROW THEATRE

Written by Bradley Necyk; Directed by Perry Gratton; Performed by Samantha Jeffery and Michael Peng; Dramaturgy by Louise Casemore

**COMMUNITY PARTNER** 

CROW/S

### 60 MINS

SAT, OCT 13 7:00 PM SUN, OCT 14 2:00 PM MON, OCT 15 6:00 PM WEDS, OCT 17 6:00 PM FRI, OCT 19 8:00 PM

### **KEYWORD**

MENTALILLNESS HOSPITAL EXPERIENCE PARENTING TRAUMA





# The Red Horse is Leaving

# Written by Erika Batdorf

### **MOLEMAN PRODUCTIONS**

ARTSCAPE, 910 QUEEN ST W

Erika Batdorf creates a portrait of her mother, Thaya Whitten, a painter who toured Canada in the 60's doing controversial performance art. Through the use of biosensors, this interactive theatrical two-hander explores the meeting point of madness and creativity.

There will be a panel following the show on Monday, October 15 and Q&A following the show on Wednesday, October 17.

### **COMMUNITY PARTNER**



### **MOLEMAN PRODUCTIONS**

Written by Erika Batdorf; Directed by Kate Digby and Erika Batdorf; Choreographed by Kate Digby; Performed by Erika Batdorf and Kate Gordon; Digital Technology and Sound by Mark-David Hosale; Costume Designed by Mark-David Hosale and Sylvia Defend; Music Composed by J. Rigzin Tute; Biosensors by BIOPAC; Biosensor Technology by Alan Macy; Digital Technology Collaborator: Omar Khan; Digital Technology Assistant: Filiz Eryilmaz; Stage Managed by Anastasiya Popova; Costume Design Assistance by Joyce Padua; Dramaturgy by Iris Turcott; Original Production Directed by Todd Hammond; Acting Coach: Mark Cassidy

### 65 MINS

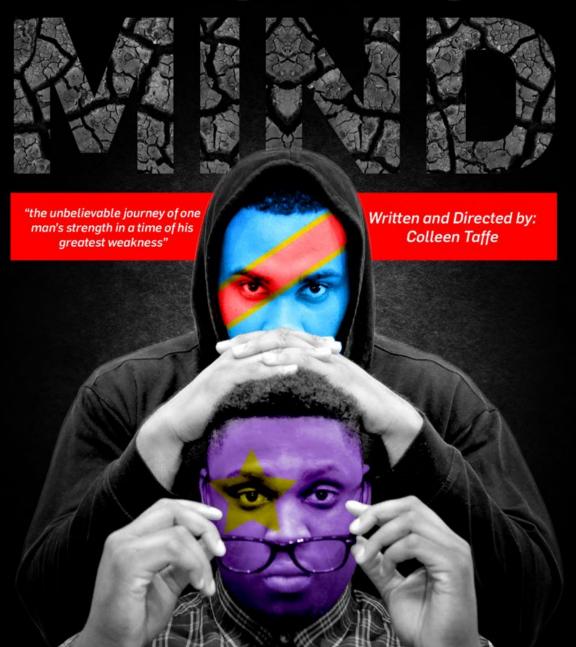
SAT, OCT 13 9:00 PM SUN, OCT 14 4:30 PM MON, OCT 15 8:00 PM WEDS, OCT 17 8:00 PM SAT, OCT 20 8:30 PM

### **KEYWORD**

CREATIVITY SYNESTHESIA PARANOIA MANIA

# Colleen Taffe Productions presents...

# PIECEOF







Sat, Oct 20, 2018, 7:30 PM Jamaican Canadian Association: 995 Arrow Rd, Toronto ON Tickers \$25 | Purchase info colleentaffe@rogers.com or Colleen Taffe / 416-558-3860

# The Song and The Sorrow

### MILLEFIORE CLARKES

### HOT DOCS TED ROGERS CINEMA

"Elvis covered [Gene's] songs. I mean, everybody did his songs... But any time I tried to tell him how great he was he felt like he didn't deserve it." - Anne Murray

Legendary Canadian songwriter, Gene MacLellan is best known for his hits from the 1970s, including "Snowbird," "Put Your Hand in the Hand" and "The Call." Juno-award-winning musician, MacLellan gained national attention as one of the most brilliant songwriters in the Canadian music industry but he was never comfortable with being in the spotlight. After struggling with depression, MacLellan took his own life in 1995.

The songwriter's daughter and musician Catherine MacLellan was only 14 when her father committed suicide. Years after his death, Catherine revisits her father's past trying to understand his life-long battle with depression. The Song and The Sorrow captures Catherine's personal struggle to reconcile her family's tragedy and break the silence surrounding mental illness.

Accompanied by live performances from Catherine MacLellan and Workman Arts' Bruised Years Choir. Q&A with the director following the screening.

Pre-film reception starts at 5:30pm and includes food, beverage, performances and film (See page 4).

\*ASL + OPEN CAPTIONS\* 🎉



**CO-PRESENTED WITH** 









wellness centre

2018 CANADA

**42 MIN TORONTO PREMIERE** 

**GENRE DOCUMENTARY** 

**KEYWORD** DEPRESSION SUICIDE **FAMILY MUSIC** 

**ADDITIONAL SCREENINGS** OCTOBER 18: CAMH (QUEEN ST), 12 NOON OCTOBER 19: CAMH (RUSSELL ST), 12 NOON



### GENRE FICTION

# KEYWORD INDIGENOUS RIGHTS ADDICTION CONFLICT FAMILY

### Land

**Babak Jalali** • 2018 • Italy, France, Netherlands, Mexico, Qatar • 111 mins • North American Premiere

The Indigenous Denetclaw family resides on the isolated Prairie Wolf Indian Reservation. Every morning, the matriarch of the family, Mary Denetclaw, drives her alcoholic son Wesley to the nearest liquor store where he spends his days drinking beer into oblivion. Mary's eldest son Raymond is now clean and works on a cattle ranch. Their routine suddenly changes when they learn that their youngest brother Floyd, a commander of a unit in Afghanistan, was killed while on active duty. The Denetclaw family sets out on a long struggle to repatriate Floyd's body as they endure the unjust treatment from the US government.

There will be a discussion following the screening.



### 26

### **CO-PRESENTED WITH**





# **GENRE** FICTION

### **KEYWORD**

STEROID ADDICTION TOXIC MASCULINITY RELATIONSHIPS OBSESSION

### Goliath

**Dominik Locher** • 2017 • Switzerland • 85 mins • Swiss German with English Subtitles • Canadian Premiere

Jessy and David are two twenty-something lovebirds living carefree in their small apartment. Their harmonious life is shaken when Jessy unexpectedly gets pregnant. Shortly after Jessy shares the news, the couple gets attacked on a train and David feels he "fails" to protect his girlfriend and unborn child. Humiliated and insecure about his manhood, he goes into intensive training and starts injecting highly addictive anabolic steroids. While gaining strength, David starts exhibiting reckless and aggressive behaviour. A modern cautionary tale — Goliath is a lyrical and vehement warning about toxic masculinity.

Screening with BEAST(see page 40).

There will be a discussion following the screening.

# **2, 8:30PM** — AGO, 317 DUNDAS ST V

### Xiao Mei

**Maren Hwang** • 2018 • Taiwan • 95 min • Mandarin with English Subtitles • North American Premiere

"A film about the tormenting presence of absence. A young shop girl named Xiao Mei suddenly vanishes from her usual existence, without explanation or trace. Has she dissolved, or perhaps redeemed herself somehow? Nine people from her immediate surroundings try to fill the empty space left behind by this supposedly insignificant young woman. (...) Film, like no other artistic medium, is able to visualise the effect that subjective perception has on memory. Brilliantly juggling elements of film noir, suspense and whodunnit, director Maren Hwang's sophisticated film explores the riddle of identity and how we interpret the world and our fellow human beings as well as how what are generally believed to be 'objective reality' and 'truth' are constructed." - Berlin International Film Festival, 2018

There will be a discussion following the screening.



### **CO-PRESENTED WITH**





### GENRE

FICTION

### **KEYWORD**

TRAUMA MEMORY IDENTITY ADDICTION

# My Talk with Florence

**Paul Poet** · 2015 · Austria · 129 mins · German with English Subtitles · Canadian Premiere

As challenging a film as you are likely to see this year (or any year for that matter); this two-hour portrait of an abuse survivor at the hands of a lauded contemporary artist is sadly more timely than ever given recent overdue falls from grace throughout the arts and entertainment spheres.

"Shoah meets Sálò, debating about the freedom of 1968. A minimalist interview-film, dealing with one of the most disturbing life-stories of the 20th century. Florence Burnier-Bauer fled from the sexual and psychological abuse by her post-war bourgeois home into a vagabond life of crime and freedom. She ended up in the Austrian counterculture community Friedrichshof, led by the infamous Vienna Actionist artist Otto Mühl, where her own children were subsequently taken away and the cycle of violence and mistreatment continued. This is the narrative of a woman who needed 50 years to learn to say no. An oral history of abuse, resistance and survival." – Austrian Films

Director in attendance thanks to generous support from the Goethe Institut Toronto. Screening to be followed by a panel discussion.



### **CO-PRESENTED WITH**







### GENRE

DOCUMENTARY

### **KEYWORD**

TRAUMA
CULTS
ART
ABUSE
SURVIVAL



### CO-PRESENTED WITH

# aluCine

### GENRE

DOCUMENTARY

### **KEYWORD**

ALTERNATIVE
MEDICINE
HUMAN INTEREST
SOCIAL ISSUES

## El Espanto (The Dread)

Martin Benchimol, Pablo Aparo · 2017 ·

Argentina • 67 mins • Spanish with English Subtitles • Canadian Premiere

The residents of a remote village in Argentina have a unique talent: they can heal almost all diseases. Why would they seek doctors' help when they can cure ailments with incantations, frogs, ropes and even text messages? But there is one affliction that they are not willing to treat: Espanto, the Dread. This rare illness affects mostly women and can only be cured by a mysterious old man named Jorge, whose methods are unknown but deemed to be effective. So why won't the local men allow their wives visit Jorge? This witty documentary digs deep into the secrets of the villagers to unravel some of the unspoken truths behind their mentality.

\*ASL + OPEN CAPTIONS\* 🎉



### CO-PRESENTED WITH





# **GENRE** FICTION

### **KEYWORD**

TRAUMA RELATIONSHIPS GRIEF

## YAVASHAKI (White Chairs)

**Reza Dormishian** • 2017 • Iran, New Zealand • 76 mins • North American Premiere

In his fourth feature, renowned Iranian filmmaker Reza
Dormishian offers a surreal and visually inventive portrayal of
a shared traumatic experience. Dormishian's protagonists are
Mat and Emily — two young people who have both lost their
families to the 2011 Christchurch earthquake in New Zealand.
Although they never speak to each other, they share a strong
bond. They are united by their loss, the tragedy that has never
truly ceased. Using stop-motion technique and voiceover
narration throughout his film, Dormishian chronicles the love
story of two people whose relationship exists only in their minds.
This is a love story that redefines the conventions of intimacy
and captures the permanence of grief.

Screening with One Hundred Attempts to Make a Film About Depression (see page 40).

There will be a discussion following the screening.

29

### **#MeToo: Dystopian Reality**

(Shorts Program) · 90 mins

In this fascinating, surprising and provocative shorts program, we encounter a collection of genuine and dystopic realities, which bring to light the emotional and physical dynamics of sexual assault within today's patriarchal world. What truths unfold when the concept of harmony and safety is weighed against the value of self-assertion? And, where does this conflicting duality end... within the idea of controlling your own destiny (Rape Card)...amongst family (How the Air Feels)... between friends (When We Meet Again)... by a strange encounter (Meeting Between Two Parked Cars) or on a visit to the doctor (Males)? Or perhaps it is through the liberating act of material separation in a place where a woman leaseholder is unheard of? (Counterfeit Kunkoo).



CO-PRESENTED WITH



 $\textbf{Counterfeit Kunkoo} \cdot 2017 \cdot \text{India} \cdot 15 \text{ mins} \cdot \text{Hindi with English Subtitles}$ 

**Rape Card**  $\cdot$  2018  $\cdot$  Canada  $\cdot$  14 mins

Treffen zwischen zwei parkenden Autos

 $\textbf{(Meeting Between Two Parked Cars)} \cdot 2017 \cdot \text{Germany} \cdot 26 \, \text{mins} \cdot \text{German with English Subtitles}$ 

Handjur (Males) • 2016 • Sweden • 6 mins • Swedish with English Subtitles

How The Air Feels / All These F\*cking Spirits  $\cdot$  2016  $\cdot$  USA  $\cdot$  10 mins

Når vi ses igen (When We Meet Again) · 2017 · Denmark · 19 mins · Danish with English Subtitles

CPAMO seeks to open opportunities for Indigenous and racialized professionals and organizations to build capacity through access and working relationships with cultural institutions across Ontario that will result in constructive relationships with Indigenous and ethno-racial professionals and organizations.



How to get involved?

- Attend our workshops
- Express interest as a presenter
- Be on our list-serve

For more information: www.cpamo.org



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# 。 If you ask me



# NATIONAL YOUTH ACTION COUNCIL & WORKMAN ARTS WORKMAN ARTS, 651 DUFFERIN ST

In 2017, Rendezvous with Madness (RWM) and CAMH's National Youth Action Committee (NYAC) partnered to create 'If You Ask Me' (IYAM) – a compilation of short films created by youth from across Canada exploring their own experiences with mental health and/or addiction issues.

This year, NYAC and RWM commissioned 15 of the youth filmmakers to create new IYAM films! Participating in a series of workshops with RWM mentors Nadine Espinoza, Rick Miller and Maria-Saroja Ponnambalam and facilitated by youth mentor Erum Khan, the filmmakers supported each other through the creative process by pushing themselves to share their stories and answer important questions.

Screening will be followed by a discussion with many of the contributing filmmakers.

### **PARTICIPATING FILMMAKERS:**

Saba Akhtar, Nicole Ascaco, Bryan Bravo, Marina Doulis, Anna Fletcher, Amanda Goncalves, Meshach Harvey, James Knott, Clair Mooney, Hernan Munoz, Dorina Simeoniv, Abi Stushnoff, Bisher Abu Thwabeh and Ruby Urlocker

### **CO-PRESENTED BY**



### **COMMUNITY PARTNER**



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### **Dressage**

**Pooya Badkoobeh** • 2018 • Iran • 95 mins • Farsi with English Subtitles • Canadian Premiere

A group of teenagers rob a convenience store in the affluent suburb of Karaj, Iran—not out of need but sheer boredom.

They boast about their perfect crime until one of them realizes that the videotape from the security camera is still at the store.

They decide that Golsa, a girl from a much more modest family compared to her friends, will take the risk and retrieve the tape.

But was she ever given a choice? Or was this predicated by Golsa's background long before the incident even occurred?

Through Golsa's story, Pooya Badkoobeh scrutinizes the rigorous class divisions of Iranian society.

Pre-Film Reception hosted by Iranian Canadian Resource Centre.

To reserve your \$20 ticket (includes dessert, art, socializing & film) please contact I2CRC at 416.388.9314 or I2CRC@I2CRC.org.

Screening to be followed by a panel discussion in English & Farsi.

\*ASL + OPEN CAPTIONS\* 🏽 🕞



### **CO-PRESENTED WITH**

See 12 CRC

### GENRE FICTION

KEYWORD
YOUTH
COMING OF AGE
CLASSISM
CRIME

### The Breadwinner

(Free Outdoor Screening) · Nora Twomey · 2017 · Canada, Ireland, Luxembourg · 94 mins

Nominated for an Academy Award in the category Best Animated Feature Film, *The Breadwinner* follows an 11-year-old girl growing up under the Taliban regime in Afghanistan. When her father is wrongfully arrested, she cuts off her hair and dresses like a boy in order to support her family. Equal parts thrilling and enchanting, *The Breadwinner* is an inspiring and luminously animated tale about the power of stories to sustain hope and carry us through dark times.

Please note: there is no indoor location; in case of rain please check our website for information and possible rescheduling.





GENRE ANIMATED FICTION PTSD TRAUMA FAMILY FEMINISM



31

32



### **CO-PRESENTED WITH**



### GENRE

DOCUMENTARY

### **KEYWORD**

PTSD TRAUMA CIVIL WAR **MIGRATION** 

### **Demons in Paradise**

Jude Ratnam · 2017 · France, Sri Lanka · 94 mins • Sinhalese, Tamil, English with English Subtitles • North American Premiere

Ten years in the making, Demons in Paradise is breaking the silence on Sri Lanka's devastating civil war.

"Director Jude Ratnam was five when civil war broke out in Sri Lanka in 1983. The war would go on for 30 years: Jude and his parents fled by train from Colombo to the north of the country to escape persecution of the Tamils. His uncle, who lived there, joined the Tamil militants. Ratnam once again takes the same train from south to north, this time as a documentary filmmaker. He follows the traces of the war: the violence, the people who helped and the self-destructive terrorism of the militant groups. His uncle, who now lives in Canada, travels with him. We see the country's still painful wounds from Ratnam's point of view. Plants cover the ruins of homes abandoned by Tamils and Ratnam's compatriots wrestle with painful memories. The constant fear of the wartime period has left deep scars in his family, down to the very youngest generation." - IDFA catalogue, Amsterdam, 2018

Director in attendance. Screening to be followed by a panel discussion in English and Tamil.

# Qu'importe la gravité (Regarding Gravity)

Matthieu Brouillard • 2017 • Canada, Switzerland • 79 mins • French with English Subtitles • Toronto Premiere

Regarding Gravity is a touching and poignant portrait of a friendship between two completely different people. Christian, 63, suffers from a rare genetic condition that impairs his vision. Bruce, 71, is hard of hearing and bipolar. While Christian is usually calm and reserved, Bruce is boisterous and loud. Nevertheless, the two men share a big dream: to defy gravity and fly. Despite his disability, Christian has become skilled at paragliding. Now, he wants Bruce to join him in this adventurous sport. Filmmaker Matthieu Brouillard meekly observes the two men as they passionately fight gravity while deconstructing the conventional notions of living with physical and mental disabilities.

Screening with Villa Ventura (See page 40).

There will be a discussion following the screening.

\*ASL & OPEN CAPTIONS\* 69





### **CO-PRESENTED WITH**



### **GENRE**

**DOCUMENTARY** 

### **KEYWORD**

BIPOLAR PHYSICAL DISABILITY **FRIENDSHIP SPORTS** 



### SPK Komplex (SPK Complex)

**Gerd Kroske** • 2018 • Germany • 111 mins • German with English Subtitles • Canadian Premiere

This year's Mad To Be Normal (our 2017 opening night film; a portrait of anti-psychiatrist R.D. Laing) is a fascinating documentary of a radical anti-therapy group. In 1970, Dr. Wolfgang Huber and a group of patients founded the "Socialist Patient's Collective" (SPK) in Heidelberg, Germany. Controversial therapy methods, political demands, and a massive interest in the movement from patients deeply distrustful of conventional "custodial psychiatry," led to run-ins with the University of Heidelberg and local authorities. Their experiment in group therapy ultimately ended in arrests, prison and the revocation of Huber's license to practice medicine. SPK Complex shares the untold story of events before the German Autumn; connecting the dots from Germany's failure to address its Nazism after WW2 to present day inadequacies of the "modern" psychiatric system.

Director in attendance thanks to generous support from the Goethe Institut Toronto. Screening to be followed by a panel discussion.



### **CO-PRESENTED WITH**







### GENRE

**DOCUMENTARY** 

### **KEYWORD**

ANTI-PSYCHIATRY **EMPOWERMENT POLITICAL ACTION** 

# Les mondes de Vincent (The Worlds of Vincent)

Rozenn Potin · 2015 · Canada · 80 mins · French with English Subtitles • Toronto Premiere

Vincent lives in two worlds. One world is his "reality" where he leads a regular life and the other is his "delirium," where he is famous and extraordinary. In this delirious world, there are mystical creatures, danger and fighting where Vincent constantly battles against his greatest friends and enemies along with the numerous voices that live in his head. Vincent's sister and director, Rozenn Potin, returns home from Québec to document her brother's daily life and his struggle with mental illness. Through Vincent's accounts of his delusions and paranoia, Potin tries to deconstruct and understand the mind of a person affected by schizophrenia - the world of her brother.

Screening with Naomi's Secret (See page 40).

There will be a Q&A following the screening.

\*ASL & OPEN CAPTIONS\* 🍎 🕳



**CO-PRESENTED WITH** 





### **GENRE**

DOCUMENTARY

### **KEYWORD**

SCHIZOPHRENIA **FAMILY** PARANOIA INSTITUTIONALIZATION





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34

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#### **CO-PRESENTED WITH**





#### GENRE

DOCUMENTARY

#### **KEYWORD**

**POLITICS ADDICTION OPIOID CRISIS** WOMEN **ACTIVISM** 

### Laila at the Bridge

Elizabeth Mirzaei, Gulistan Mirzaei · 2017 · Canada, Afghanistan • 96 mins • Pashto, Dari with English Subtitles

Drug addiction affects millions of people in Afghanistan and has become one of the country's deadliest problems. Amidst this crisis, Laila Haidari, the "Mother of the Addicts," founded her own trailblazing addiction treatment facility. She finances the centre by running a restaurant, where she employs recovering heroin addicts as waiters. Local authorities chastise Laila and her methods while doing nothing to help the victims of Kabul's opioid crisis. Laila has to stand against the corrupt government, financial hardships and even death threats to keep her center alive.

There will be a discussion following the screening.

\*ASL & OPEN CAPTIONS\* 6





# La prière (The Prayer)

**Cédric Kahn** • 2018 • France • 107 mins • French with English Subtitles • Toronto Premiere

Cédric Kahn's solemn and beautifully shot feature examines the close relationship between spirituality and recovery through the story of 22-year-old Thomas. Thomas is a drug addict who decides to put an end to his habit by checking into a rehab center in a remote rural area at the foot of the French Alps. The rehab consists of a tight-knit community of young men who come from rough backgrounds and struggle with addiction. All of them follow a strict, almost militaristic set of rules that help them stay clean. They also pray - consistently and fervently - as a way to treat their addiction. In his uneasy route to recovery, Thomas discovers faith and love, and learns to make tough choices...



**CO-PRESENTED WITH** 



**GENRE** 

**FICTION** 

**KEYWORD** 

**ADDICTION TREATMENT** RELIGION SPIRITUALITY RELATIONSHIPS

36



# **A Mother Brings** Her Son To Be Shot

#### SINÉAD O'SHEA

ST. ANNE'S CHURCH, 270 GLADSTONE AVE

The War in Northern Ireland, also known as "The Troubles," formally ended in 1998 with the Good Friday Agreement. But in the streets of Cregan, Derry blood is still shed and turmoil unobtrusively prevails. Members of this community reject any outside help and practice violent self-policing under the guise of keeping their community safe. One day, they give Majella O'Donnell, a mother of a teenage boy accused of dealing drugs, a choice: either she brings her son to be shot in the legs or he will experience something much worse. Sinéad O'Shea investigates the story of O'Donnell family to understand how such atrocities could happen within the jurisdiction of the United Kingdom.

There will be a discussion following the screening.

Followed by Nerve Endings closing night event (Pages 38-39).

\*ASL and OPEN CAPTIONS\* ಶ



**COMMUNITY PARTNERS** 





2017 **IRELAND** 

**84 MIN NORTH AMERICAN PREMIERE** 

**GENRE DOCUMENTARY** 

**KEYWORD POLITICS SELF-POLICING FAMILY ADDICTION** CONFLICT





Phrenic, dance troupe SaMe

#### CO PROGRAMMED WITH LONG WINTER

WORKMAN ARTS, 651 DUFFERIN ST

On Saturday, October 20th the entire Workman Arts building comes alive with art and performance! In true Rendezvous fashion, artists of all genres and styles animate the night with real, raw, immersive and interactive pieces about mental health and lived experience. Expect an eclectic, honest, inclusive and courageous program with energy building throughout the night. Music programming by Long Winter — local hip hop artist 3K kicks off at 8:00 pm to make this art party complete.

Featuring performances by Rose the Clown, contemporary dance troupe SaMel Tanz, aerial circus artists Mary-Margaret and Elisa, and don't forget to join the Cult of Think Blank Human!

Take the night home with you for just \$2 at the Magic Gumball Machine of Fate, which puts an artistic twist on a childhood classic. The Magic Gumball Machine of Fate is an artist's multiple project that distributes work by Canadian creators and makes art affordable for everyone.

As well as our regular cash bar, check out our NA (non-alcoholic) bar serving up local sodas from JustCraft and other NA options (this ain't your grandma's soft bar).

#### **FEATURING:**

Kerry Westell, DeAnn deGruijter (as Rose the Clown), Mad Dreams (Genova, PAH, Leslie Anne Smith, Ann Bekooy), SaMel Tanz (Performers: Melissa Hart, Samantha Schleese, Kalliane Brémault, Peter D'Souza and Ming-Bo Lam), Amy Loucareas, Lisa Anita Wegner, Elissa Timothy, Meek, James Buffin, Ethelrida Zabala-Laxa, David McCue, Justice Stacey, Ani Castillo, Mel Bender, Kat Singer, Elisa and Mary-Margaret, 3K

ALL AGES,
PAY-WHAT-YOU-WISH
AT THE DOOR

SATURDAY OCTOBER 20 5 PM - MIDNIGHT WORKMAN ARTS, 651 DUFFERIN STREET

CHECK OUT THE FULL PROGRAM AT: WORKMANARTS.COM

**PARTNERS** 









# **Bestia (Beast)**

**José Permar** • 2017 • Mexico • 15 Mins • Spanish with English Subtitles

#### Screening with Goliath (Page 26)

In Guadalajara, Mexico, a common man who is depressed and stifled by fear wanders through the dangerous corners of the city until he is met by his own demons.



### Naomi's Secret

**Saskia Gubbels** · 2016 · The Netherlands · 15 Mins · Dutch with English Subtitles

#### Screening with The Worlds of Vincent (Page 33)

Naomi, an optimistic teenager who faithfully visits her mother who is living on a mental health unit, decides to take her best friend along for the first time.



# One Hundred Attempts to Make a Film about Depression

aAron Munson · 2016 · Canada · 5 Mins

Screening with Whites Chairs (Page 28)

An experimental and haunting montage of efforts.

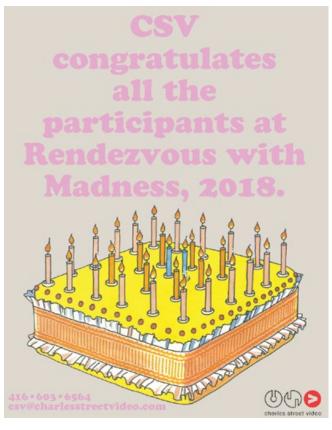


#### Villa Ventura

**Roman Hüben** • 2017 • Switzerland • 26 Mins • French, Italian with English Subtitles

#### Screening with Regarding Gravity (Page 32)

Wealth, oddity, private theatre classes and unknown psychological issues lead two young actors and a boy named Mirko into a triangle of desires.







### BAD BANKS -ARE YOU READY TO PAY?

October 4 + 9 + 11

GOETHE FILMS presents the exclusive Canadian premiere of the first season of acclaimed TV mini series *Bad Banks*, starring Paula Beer (*Transit*; *Frantz*). Set at the heart of Europe's financial capitals, the banking thriller asks how far one is willing to go, personally and professionally, for success and career. Bad Banks premiered at the 68th Berlin International Film Festival 2018 and won the Audience Award at the Kino Festival New York.

Directed by Christian Schwochow (*Paula*; *West*). Starring Paula Beer, Désirée Nosbusch, and others.

GOETHE FILMS are screening at the TIFF Bell Lightbox. Updates & details at www.goethe.de/toronto

Raffles & background on our German Film @ Canada blog www.goethe.de/canada/germanfilm



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We are extremely grateful to the following supporters, who make what we do at Workman Arts possible.\*

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Dr. Barbara Dorian & Dr. Paul Garfinkel

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TAX RECEIPT MAXIMUM ALLOWABLE AMOUNT	0	0	0	0	0	0	0
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# MENTAL HEALTH

# **RESOURCES**

#### 7 Cups of Tea

Free online text support www.7cups.com

#### Al-Anon/Alateen

Addiction www.al-anon.org

#### **Alcoholics Anonymous**

Addiction aatoronto.org | www.aa.org

#### **Artist Health Network of Canada**

Artist health artshealthnetwork.ca

#### Assaulted Women's Helpline

Violence against women www.awhl.org

#### Canadian Centre on Substance Abuse (CCSA)

Addiction

www.ccsa.ca/Pages/default.aspx

# Centre for ADD/ADHD Advocacy Canada

ADD/ADHD www.caddac.ca

# Centre for Addiction & Mental Health (CAMH)

Mental health + addiction www.camh.ca

#### **Distress Centres of Ontario**

Distress support + resource referral www.dcontario.org

#### **Empowerment Council**

CAMH client advocacy www.empowermentcouncil.ca/ Frederick

#### W. Thompson Anxiety Disorders Centre

Anxiety

sunnybrook.ca/content/?page=frederick-thompson-anxiety-disorders-centre

#### **Gerstein Crisis Centre**

Distress support + resource referral gersteincentre.org

#### **Hard Feelings**

Low cost therapy www.hardfeelings.org

#### **Kids Help Phone**

Youth mental health org.kidshelpphone.ca

#### Lesbian Gay Bi Trans Youth Line

Youth LGBTQ+ www.youthline.ca

#### Mind Your Mind

Youth mental health www.mindyourmind.ca

#### **Mood Disorders Association of Ontario**

Mood disorders

www.mooddisorders.ca

#### Mood Disorders Society of Canada

Mood disorders

www.mooddisorderscanada.ca

# National Eating Disorder Information Centre (NEDIC)

Eating disorders www.nedic.ca/

# Ontario Obsessive Compulsive Disorder Network (OCDOntario)

Anxiety/OCD www.ocdontario.org

# Ontario Peer Development Initiative (OPDI)

Peer advocacy www.opdi.org

#### **Ontario Suicide Prevention Network**

suicide prevention ospn.ca

### Parents for Children's Mental Health (PCMH)

Youth mental health www.pcmh.ca/

# Psychiatric Patient Advocate's Office (PPAO)

Client advocacy

www.sse.gov.on.ca/mohltc/ppao/default.aspx

#### Renascent

Addiction renascent.ca

#### Schizophrenia Society of Ontario

**Psychosis** 

www.schizophrenia.on.ca

#### **Self-Help Resource Centre**

Connect to resources www.selfhelp.on.ca

#### Sheena's Place

Eating disorders sheenasplace.org

#### **Survivor Support Program**

Suicide grief

www.torontodistresscentre.com/suicide-loss

# The Family Association for Mental Health Everywhere (FAME)

Support for families and caregivers fameforfamilies.com

#### The Gestalt Institute of Toronto

Low cost therapy gestalt.on.ca/low-cost-therapy-clinic

# Toronto Institute for Relational Psychology

low cost therapy www.tirp.ca/lowcost

#### What's Up Walk In Clinics

Free counselling for youth www.whatsupwalkin.ca

#### Women for Sobriety

Addiction (women)

www.womenforsobriety.org

#### Virtuous Pedophile

Sexual issues www.virped.org

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cara\_spooner@workmanarts.com or 416-583-4339, ext 4.

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For a list of musicians or to learn about our Bruised Years Choir, visit **workmanarts.com**.

To inquire about pricing and artists' availability, please contact Membership Assistant Sachi Dow at sachi dow@workmanarts.com or 416-583-4339, ext 7.



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#### **MINDSET**

#### **CONTACT PHOTOGRAPHY FESTIVAL**

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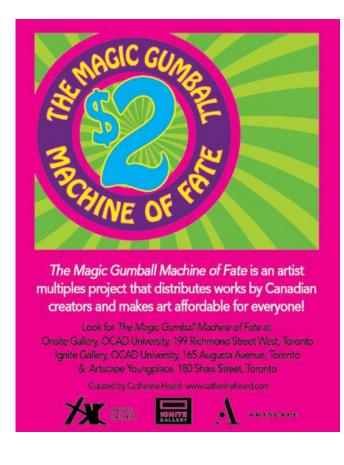
# ART RENTAL PROGRAM

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For information contact Visual Arts Manager Claudette Abrams at claudette\_abrams@workmanarts.com or 416-583-4339, ext 3.







# **Toronto'. Trialogue**

An exhibition by / Une exposition de : Simon M. Benedict, Sonia Robertson

Curator / Commissaire: Guy Sioui-Durand

Exhibition / Exposition:
September 7 to December 12
du 7 septembre au 12 décembre, 2018
#140-401 Richmond St. W. Toronto, ON

This exhibition is a co-presentation between Le Labo, Toronto's Francophone Media Arts Centre and YYZ Artists' Outlet.

Cette exposition est une co-présentation du Labo, Centre des arts médiatiques francophone de Toronto et le centre d'artistes YYZ Artist's Outlet.





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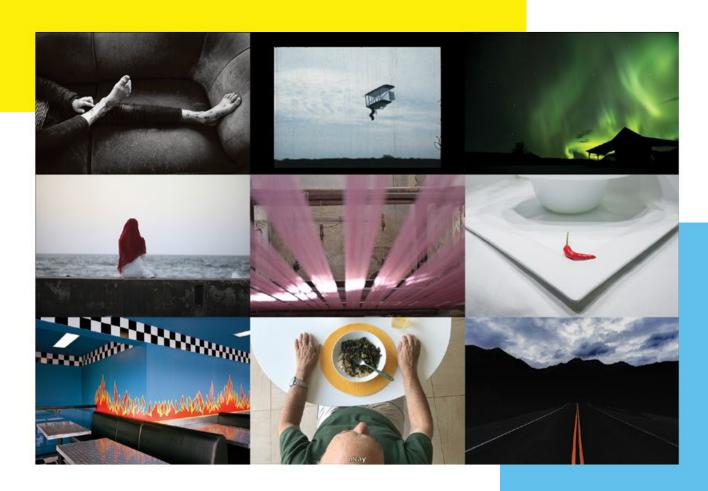


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